

London

2020 / POP 8.3 MILLION / AREA 609 SQ MILES

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Best Places to Eat

- → Dinner by Heston Blumenthal (p128)
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Best Places to Stay

- Haymarket Hotel (p118)
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Why Go?

Everyone comes to London with preconceptions shaped by a multitude of books, movies, TV shows and songs. Whatever yours are, prepare to have them exploded by this endlessly fascinating, amorphous city. You could spend a lifetime exploring it and still find that the slippery thing's gone and changed on you. One thing though is constant: that great serpent of a river enfolding the city in its sinuous loops, linking London both to the green heart of England and the world.

From Roman times people from around the globe have come to London, put down roots and complained about the weather. This is one of the world's most multicultural cities – any given street yields a rich harvest of languages, and those narrow streets are also steeped in fascinating history, magnificent art, imposing architecture and popular culture. When you add an endless reserve of cool to this mix, it's hard not to conclude that London is one of the world's great cities, if not the greatest.

When to Go

- → London is a place that you can visit any time of the year. That said, different months and seasons boast different charms
- → Spring in the city sees daffodils in bloom and blossom in the trees.
- → In June the parks are filled with people, there's Trooping the Colour, summer arts festivals, Field Day in Victoria Park, other music events, gay pride and Wimbledon.
- Although the days are getting shorter, autumn in London is alive with festivals celebrating literature, the arts and culture.
- → London in December is all about Christmas lights on Oxford and Regent Sts, and perhaps a whisper of snow.

History

London first came into being as a Celtic village near a ford across the River Thames, but the city only really took off after the Roman conquest in AD 43. The invaders enclosed their 'Londinium' in walls that still find refrain in the shape of the City (with a capital 'C') of London today.

By the end of the 3rd century AD, Londinium was home to some 30,000 people. Internal strife and relentless barbarian attacks wore the Romans down, however, and they abandoned Britain in the 5th century, reducing the settlement to a sparsely populated backwater.

The Saxons moved in next, their 'Lundenwic' prospering and becoming a large, well-organised town. As the city grew in importance, it caught the eye of Danish Vikings, who launched numerous invasions. In 1016 the Saxons, finally beaten down, were forced to accept the Danish leader Knut (Canute) as King of England, after which London replaced Winchester as capital. In 1042, the throne reverted to the Saxon Edward the Confessor, who built Westminster Abbey.

The Norman Conquest of 1066 saw William the Conqueror march into London, where he was crowned king. He built the White Tower (the core of the Tower of London), negotiated taxes with the merchants, and affirmed the city's right to self-government. From then until the late 15th century, London politics were largely taken up by a three-way power struggle between the monarchy, the church and city guilds. An uneasy political compromise was reached between the factions, and the city expanded rapidly in the 16th century under the House of Tudor.

In a rerun of the disease that wiped out half of London's population between 1348 and 1350, the Great Plague struck in 1665, and by the time the winter cold arrested the epidemic, 100,000 Londoners had perished. The cataclysm was followed by further devastation when the Great Fire of 1666 sent the city skywards. One upshot of the conflagration was a blank canvas for master architect Sir Christopher Wren to build his magnificent churches.

Despite these setbacks, London continued to grow, and by 1700 it was Europe's largest city, with 600,000 people. An influx of foreign workers brought expansion to the east and south, while those who could afford it headed to the more salubrious environs of the north and west. Georgian London saw a surge in artistic creativity, with the likes of Dr Johnson,

Handel, Gainsborough and Reynolds enriching the city's culture, while architects fashioned an elegant new metropolis.

In 1837, 18-year-old Victoria began her epic reign, as London became the fulcrum of the British Empire. The Industrial Revolution saw the building of new docks and railways (including the first underground line in 1863), while the Great Exhibition of 1851 showcased London to the world. During the Victorian era, the city's population mushroomed from just over two million to 6.6 million.

Although London suffered a relatively minor bruising during WWI, it was devastated by the Luftwaffe in WWII, when huge swaths of the centre and East End were flattened and 32,000 people were killed. Ugly housing and low-cost developments followed, and pollutants – both residential and industrial – rose steadily into the air. On 6 December 1952, the Great Smog (a lethal combination of fog, smoke and pollution) descended, killing some 4000 people.

Prosperity gradually returned to the city, and creative energy bottled up in the postwar years was suddenly unleashed. In the 'Swinging Sixties', London became the capital of cool in fashion and music – a party followed morosely by the austere 1970s. Since then the city has surfed up and down the waves of global fortunes, hanging on to its position as the world's leading financial centre.

In 2000, the modern metropolis won its first mayor of London, an elected role covering the City and all 32 urban boroughs. Bicycle-riding Boris Johnson, a Tory (Conservative) with a shock of blond hair and an affable persona, was elected in 2008, and retained his post in the 2012 mayoral election.

Triggered by the shooting of a man by police in Tottenham in August 2011, numerous London boroughs were rocked by riots characterised by looting and arson. Analysts still debate the causes of the disorder, ascribing any number of factors from single-parent families to gang culture, unemployment and criminal opportunism.

Both the Olympics and the Queen's Diamond Jubilee concocted a splendid display of pageantry for London in 2012. New overground train lines opened, a cable car was flung across the Thames and a once rundown and polluted area of East London was regenerated for the Olympic Park. The games themselves were a universally applauded success, kicked off by a stupendous Opening Ceremony orchestrated by Danny Boyle.