



# London

: 020 / POP: 7.82 MILLION / AREA: 609 SQ MILES

## Includes »

Sights .....	62
Tours .....	109
Festivals & Events .....	110
Sleeping .....	111
Eating .....	121
Drinking .....	130
Entertainment .....	133
Shopping .....	138

## Best Places to Eat

- » Bistrot Bruno Loubet (p127)
- » Gordon Ramsay (p124)
- » Hakkasan (p126)
- » Laughing Gravy (p123)
- » Poppies (p129)

## Best Places to Stay

- » Haymarket Hotel (p114)
- » Hazlitt's (p114)
- » Hoxton (p120)
- » Zetter Hotel (p120)
- » St Pancras Renaissance London Hotel (p117)

## Why Go?

Everyone comes to London with a preconception shaped by a multitude of books, movies, TV shows and songs. Whatever yours is, prepare to have it exploded by this endlessly fascinating, amorphous city. You could spend a lifetime exploring it and find that the slippery thing's gone and changed on you. One thing is constant: that great serpent of a river enfolding the city in its sinuous loops, linking London both to the green heart of England and the world.

From Roman times the world has come to London, put down roots and whinged about the weather. There is no place on earth that is more multicultural; any given street yields a rich harvest of languages, and those narrow streets are also steeped in fascinating history, magnificent art, imposing architecture and popular culture. When you add an endless reserve of cool to this mix, it's hard not to conclude that London is one of the world's great cities, if not the greatest.

## When to Go

Spring in the city sees daffodils in bloom, costumed marathon runners and London's edgiest music event, the Camden Crawl. In June you'll find the parks filled with people, Trooping the Colour, summer arts festivals, gay pride and Wimbledon.

London in December is all about Christmas lights on Oxford and Regent Sts, and perhaps a whisper of snow.

That said, London is a place that you can visit any time of the year.

## History

London first came into being as a Celtic village near a ford across the River Thames, but the city only really took off after the Roman invasion in AD 43. The Romans enclosed their Londinium in walls that still find refrain in the shape of the City (with a capital 'C') of London today.

By the end of the 3rd century AD, Londinium was almost as multicultural as it is now, with 30,000 people of various ethnic groups and temples dedicated to a host of cults. Internal strife and relentless barbarian attacks took their toll on the Romans, who abandoned Britain in the 5th century, reducing the conurbation to a sparsely populated backwater.

The Saxons then moved in to the area, establishing farmsteads and villages. Their 'Lundenwic' prospered, becoming a large, well-organised town divided into 20 different wards. As the city grew in importance, it caught the eye of Danish Vikings, who launched many invasions and razed the city in the 9th century. The Saxons held on until, finally beaten down in 1016, they were forced to accept the Danish leader Knut (Canute) as King of England, after which London replaced Winchester as its capital. In 1042 the throne reverted to the Saxon Edward the Confessor, whose main contribution to the city was the building of Westminster Abbey.

The Norman Conquest saw William the Conqueror marching into London, where he was crowned king. He built the White Tower (the core of the Tower of London), negotiated taxes with the merchants, and affirmed the city's independence and right to self-government. From then until the late 15th century, London politics were largely taken up by a three-way power struggle between the monarchy, the church and city guilds.

The greatest threat to the burgeoning city was that of disease caused by unsanitary living conditions and impure drinking water. In 1348 rats on ships from continental Europe brought the bubonic plague, which wiped out a third of London's population of 100,000 over the following year.

London was consolidated as the seat of law and government in the kingdom during the 14th century. An uneasy political compromise was reached between the factions, and the city expanded rapidly in the 16th century under the House of Tudor.

The Great Plague struck in 1665 and by the time the winter cold arrested the

epidemic, 100,000 Londoners had perished. Just as the population considered a sigh of relief, another disaster struck. The mother of all blazes, the Great Fire of 1666, virtually razed the place. One consequence was that it created a blank canvas upon which master architect Sir Christopher Wren could build his magnificent churches.

London's growth continued unabated, and by 1700 it was Europe's largest city, with 600,000 people. An influx of foreign workers brought expansion to the east and south, while those who could afford it headed to the more salubrious environs of the north and west, divisions that still largely shape London today.

Georgian London saw a surge in artistic creativity, with the likes of Dr Johnson, Handel, Gainsborough and Reynolds enriching the city's culture while its architects fashioned an elegant new metropolis. At the same time the gap between rich and poor grew ever wider, and lawlessness was rife.

In 1837, 18-year-old Victoria ascended the throne. During her long reign (1837–1901), London became the fulcrum of the expanding British Empire, which covered a quarter of the earth's surface. The Industrial Revolution saw the building of new docks and railways (including the first underground line in 1863), while the Great Exhibition of 1851 showcased London to the world. The city's population mushroomed from just over two million to 6.6 million during Victoria's reign.

Although London suffered relatively minor damage during WWI, it was devastated by the Luftwaffe in WWII, when huge swathes of the centre and East End were flattened and 32,000 people were killed. Ugly housing and low-cost developments were hastily erected in postwar London, and immigrants from around the world flocked to the city and once again changed its character. On 6 December 1952 the Great Smog descended, a lethal combination of fog, smoke and pollution caused by residential coal fires, vehicle exhausts and industry, killing some 4000 people.

Prosperity gradually returned, and the creative energy that had been bottled up in the postwar years was suddenly unleashed. London became the capital of cool in fashion and music in the 'Swinging Sixties', a party followed by the hangover of the harsh economic climate of the 1970s. Since then