

PAGE  
**2**

# PLAN YOUR TRIP

YOUR PLANNING TOOL KIT

Photos, itineraries, lists and suggestions to help you put together your perfect trip

Welcome to

Goa & Mumbai.....	2
Map.....	4
10 Top Experiences.....	6
Need to Know.....	12
If You Like.....	14
Month by Month.....	16
Itineraries.....	20
Beach Planner.....	24
Yoga & Activities.....	27
Travel with Children.....	32
Regions at a Glance.....	34



**Goa & Mumbai**

**Need to Know**

**Goa & Mumbai**

**Goa & Mumbai**

**Goa & Mumbai**



**Goa & Mumbai**

**Goa & Mumbai**

**Goa & Mumbai**

**Goa & Mumbai**

**Goa & Mumbai**

PAGE  
**187**

# UNDERSTAND GOA & MUMBAI

GET MORE FROM YOUR TRIP  
 Learn about the big picture, so you can make sense of what you see

Goa Today.....	188
History.....	190
The Way of Life.....	197
Arts & Architecture.....	203
Food, Glorious Food.....	206
Markets & Shopping.....	212
Wildlife & the Environment.....	215

**The March to Independence**

These centuries by the sea and independence... The March to Independence... The March to Independence...

**Goa Today**

**Paradise Found**

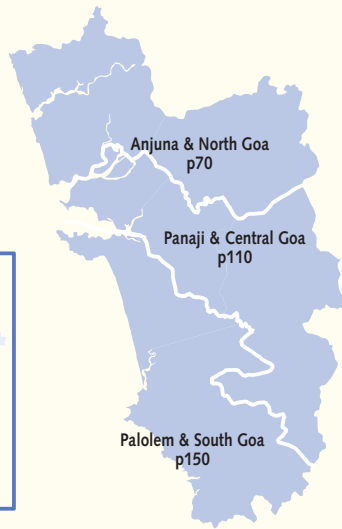
A history of... Paradise Found... Paradise Found...



ISBN 978-1-74179-778-7



9 178174 179778 7

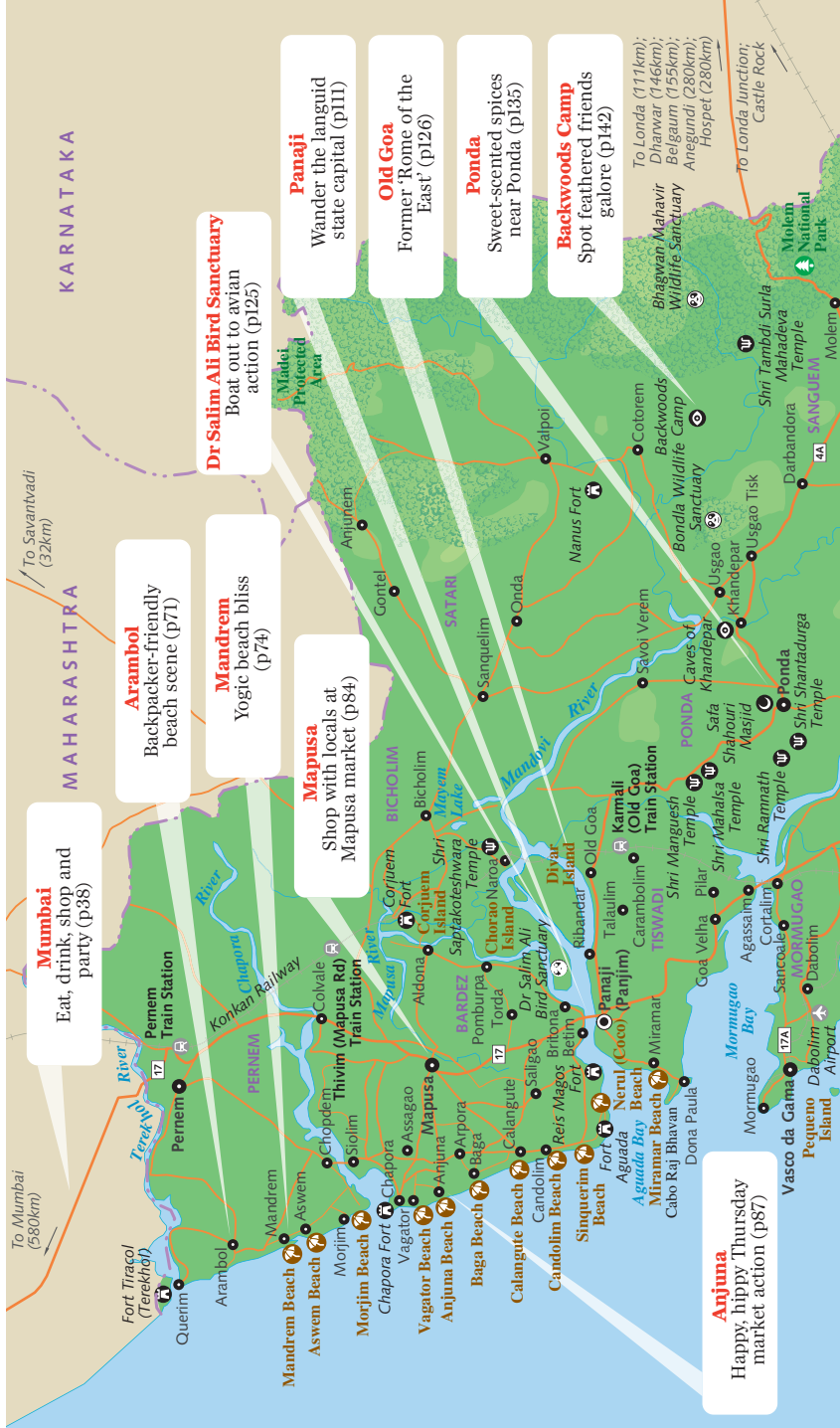


Directory A-Z .....	220
Transport .....	232
Language .....	238
Glossary .....	243
Index .....	250
Map Legend .....	255



THIS EDITION WRITTEN AND RESEARCHED BY

**Amelia Thomas**



KARNATAKA

MAHARASHTRA

To Savantvadi (32km)

To Mumbai (580km)

**Mumbai**  
Eat, drink, shop and party (p38)

**Arambol**  
Backpacker-friendly beach scene (p71)

**Mandrem**  
Yogic beach bliss (p74)

**Mapusa**  
Shop with locals at Mapusa market (p84)

**Dr Salim Ali Bird Sanctuary**  
Boat out to avian action (p125)

**Panaji**  
Wander the languid state capital (p111)

**Old Goa**  
Former 'Rome of the East' (p126)

**Ponda**  
Sweet-scented spices near Ponda (p135)

**Backwoods Camp**  
Spot feathered friends galore (p142)

**Anjuna**  
Happy, hippy Thursday market action (p87)

To Londa (111km);  
Dhanwar (145km);  
Belgaum (155km);  
Anegundi (280km);  
Hospet (280km)

To Londa Junction;  
Castle Rock

Molem National Park

Fort Tiracol (Terekhol)

Quetim

Arambol

Mandrem Beach

Aswem Beach

Morjim Beach

Chapora Fort

Vagator Beach

Anjuna Beach

Baga Beach

Calangute Beach

Candolim Beach

Sinquerim Beach

Miramar Beach

Mormugao

Mormugao Bay

Vasco da Gama

Pequeno Dabolim Island

Dabolim

Airport

Mandel Protected Area

Anjunem

Contel

Sangnelim

Onda

Nanus Fort

Valpol

Cotorem

Backwoods

Bonda Wildlife Camp

Savo Verem

Usgao Tisk

Usgao

Khandepar

Caves of Ponda

Sata

Khandepar

Shahouri Masjid

Old Goa

Shri Mahalsa Temple

Shri Ramnath Temple

Ponda Shri Shantadurga Temple

Molem

Shri Tambaji Surla Mahadeva Temple

Darbandora

TEREKHOL RIVER

CHAPORA RIVER

MARPUSA RIVER

MANGALGI RIVER

MORMUGAO BAY

TEMBADI RIVER

PERNEM RIVER

MAYEM LAKE

SATTARI RIVER

BICHOLIM RIVER

BARDEZ RIVER

TEMBADI RIVER

MANGALGI RIVER

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

MORMUGAO BAY

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

17

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

4A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

17A

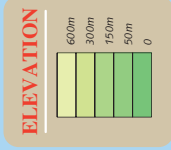
17A

17A

17A

17A

17A



**Loutolim**  
Glimpse lovely leafy village life (p158)

**Chandor**  
A taste of colonial Goa (p159)

**Cotigao Wildlife Sanctuary**  
Wander dense forest trails (p183)

**Palolem**  
Laze on legendary golden sands (p177)

**Galgibag**  
Silent sands where turtles hatch (p183)

KARNATAKA

# itineraries

*Whether you've got six days or 60, these itineraries provide a starting point for the trip of a lifetime. Want more inspiration? Head online to [lonelyplanet.com/thorntree](http://lonelyplanet.com/thorntree) to chat with other travellers.*



## Two Weeks Northern Nonpareil

The north encompasses a little of everything that's great about Goa. Start with a soothing stay at historic Portuguese **Tiracol (Terekhol) Fort**, and from here hop on a ferry for solitary sunbathing in **Querim**, then hit **Arambol** for beach huts and a permanent festival vibe. Continue south to mellow **Mandrem** for yogic serenity, **Aswem**, to dine at its renowned French-inspired beach shack, and **Morjim**, where rare turtles hatch and Russians rule, for a stroll along the estuary.

Next head inland via pretty **Siolim**, to **Chapora** and **Vagator** for the last dregs of the Goa trance scene. Kick back in **Anjuna**, visiting its legendary flea market to sniff out a bargain, then shop some more at workaday **Mapusa** with its immense local market.

Backtrack to **Baga** and **Calangute** to pick up the pace, hit the clubs, water-sport the days away and dine on fine foodstuffs, then finally head south to **Candolim** for a riverine wildlife-watching trip and a jaunt up to impressive **Fort Aguada**, ending your journey, as it began, in the shadow of Portugal's once-mighty colonial conquests.



## One Month The Best of Goa

With a month to spare, you can truly get to the heart of the state. Start in the north, winding down for a few days in backpacker-central **Arambol**, and following up with some more quiet in **Mandrem**, with a yoga retreat or some solitude on its sands. Next head down through the pretty inland village of **Siolim**, to explore what's left of the trance scene at **Chapora** and **Vagator**, before moving on to hippyish **Anjuna** to hit the flea markets. Press on then to hard-partying and fine-dining in **Calangute** and **Baga** and then visit the hulking *River Princess* tanker at **Candolim**.

Meandering slowly south, stop off to explore the string of villages along the Mandovi River: drop in on **Corjuem Island** and **Naroa**, then hop a ferry to **Divar Island**, worth exploring for its slow, sleepy pace of life and crumbling old homes. Travel on, via **Old Goa**, once the fabled 'Rome of the East', to **Panaji** to eat well and soak up the easy city vibe. Once comfortably installed here, take a trip out to the lovely little riverine **Dr Salim Ali Bird Sanctuary** on **Choroa Island**. Striking out still further into the hinterland, now's the time to take a **spice plantation** tour near **Ponda**, and, if birdwatching is even faintly your thing, head out even further east to the **Bondla Wildlife Sanctuary** for a stay at the idyllic **Backwoods Camp**.

Backtracking to Ponda, head down south to **Margao**, the workaday gateway to the southern beaches, to install yourself in your beach hut or boutique hotel for at least a week, if not a fortnight, of seaside bliss. Go for **Agonda** if you're not one for crowds, or **Palolem**, if you're looking for a happy backpackery vibe. From here, rent a car or scooter to explore the stretch of coast between Agonda and **Velsao**, and delve into the hinterland to **Chandor**, **Cotigao Wildlife Sanctuary**, **Quepem**, and the **Usgalimal Rock Carvings**.

When you're finally ready to break your beach sojourn, consider a couple of nights away in glorious **Hampi** or pilgrim-heavy **Gokarna**, before returning to wash away the travails of the road with a last few days in your hammock beside the Arabian Sea.



- » (above) Carved platform, Hampi (p143)
- » (left) Querim beach (p75).



## Two Weeks Southern Sun

Arriving at workaday **Margao**, hub of the south, cool down at old-fashioned Longhuino's, before heading northwest to begin a stay on the sands of **Velsao**. From Velsao, wind slowly down the coast, stopping off at the beaches of **Arossim**, **Utorda**, **Majorda** and **Betalbatim**, perhaps with a swanky night at the Park Hyatt or Vivenda dos Palhacos thrown in.

Continue on down along the lazy sands of **Varca** and stop for lunch in **Cavellossim**. Next detour to **Mobor** to get a feel for pristine estuarine life, then double back to Cavelllossim to jump on a ferry to **Assolna**, and begin your exploration of Goa's southernmost stretch.

Follow the coastal road through bucolic **Betul** all the way to **Agonda** where you can relax in barefoot splendour, and get stuck into those books you've brought along for the ride. Next, hunker down in **Palolem** where the pace is less lazy, and track down one of its 'silent parties'. Base yourself here, or in nearby **Patnem**, to explore the south's beautiful beaches, or to take a day trip to **Galgibag** or **Polem**, two of the state's quietest beaches gracing the coast on the slow road down to Karnataka.

## Ten Days An Inland Adventure

Even in tiny Goa, it's possible to shrug off the crowds for a taste of the road less travelled. Begin in **Panaji**, the lovely, languid state capital, before heading to **Old Goa**, where the ghosts of Goan history await. Backtrack to pretty **Ribandar** to catch a ferry to **Chorao Island**, home of the **Dr Salim Ali Bird Sanctuary**, then ferry-hop to **Divar Island** for sleepy island life, and take a third ferry to **Narao**, to the tiny, ancient Shri Saptakoteshwara Temple and quiet **Mayem Lake**.

Head west across to **Corjuem Island**, stopping in at **Aldona**, **Pomburpa**, and **Britona** on the Mandovi River. Turn south, skirting Panaji, via **Goa Velha** and **Agassim**, to historic **Loutolim**, before going east to the temples and spice farms of **Ponda**. Head further east to one of two wildlife sanctuaries: bird-filled **Bondla** or **Bhagwan Mahavir**, with its giddy waterfall. Detour to the ancient **Tambdi Surla Mahadeva temple**, then head south to **Chandor**. Here, explore one of Goa's grandest mansions, then visit busy little **Quepem** en route to the **Rivona Buddhist caves**, **Usgalimal rock carvings** and **Netravali Bubble Lake**. Stroll a trail in **Cotigao Wildlife Sanctuary** before ending on the picture-perfect sands of **Palolem**.



# On the Road

<b>MUMBAI (BOMBAY) ..38</b>	Molem & Around . . . . . 141
GREATER MUMBAI . . . . . 68	Tambdi Surla . . . . . 142
Elephanta Island . . . . . 68	Further Afield . . . . . 143
	Hampi . . . . . 143
	Around Hampi . . . . . 148
	Hospet . . . . . 149
<b>ANJUNA &amp; NORTH GOA . . . . . 70</b>	<b>PALOLEM &amp; SOUTH GOA . . . . . 150</b>
Arambol (Harmal) . . . . . 71	Margao . . . . . 151
Mandrem . . . . . 74	Around Margao . . . . . 158
Aswem . . . . . 76	Vasco da Gama . . . . . 161
Morjim . . . . . 78	Around Vasco da Gama . . . . . 162
Siolim . . . . . 78	Bogmalto to Betalbatim . . . . . 162
Vagator & Chapora . . . . . 79	Colva . . . . . 166
Mapusa . . . . . 84	Benaulim . . . . . 169
Anjuna . . . . . 87	Varca, Cavelossim & Mobor . . . . . 171
Calangute & Baga . . . . . 92	Assolna to Agonda . . . . . 174
Candolim, Sinquerim & Fort Aguada . . . . . 99	Chaudi . . . . . 177
Nerul (Coco) Beach . . . . . 106	Palolem . . . . . 177
Along the Mandovi River . . . . . 106	Colomb . . . . . 181
	Patnem . . . . . 182
<b>PANAJI &amp; CENTRAL GOA . . . . . 110</b>	Rajbag . . . . . 183
Panaji . . . . . 111	Cotigao Wildlife Sanctuary . . . . . 183
West of Panaji . . . . . 124	Galgibag . . . . . 183
Panaji to Old Goa . . . . . 125	Polem . . . . . 184
Old Goa . . . . . 126	Further Afield . . . . . 184
Divar Island . . . . . 133	Gokarna . . . . . 184
Goa Velha . . . . . 134	Jog Falls . . . . . 186
Talaulim . . . . . 135	
Pilar . . . . . 135	
Ponda . . . . . 135	
Around Ponda . . . . . 137	
Bondla Wildlife Sanctuary . . . . . 140	

➤ **Every listing is recommended by our authors, and their favourite places are listed first**

➤ **Look out for these icons:**



Our author's top recommendation



A green or sustainable option



No payment required

© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'