
REGIS ST LOUIS

Countless people helped along the way, and I’m grateful to national park guides, lodging hosts, restaurant servers, barkeeps and baristas who shared tips and insight throughout South Florida. Big thanks to Adam Karlin who did such an outstanding job on previous editions. I’d also like to thank Cassandra and our daughters, Magdalena and Genevieve, who made the Miami trip all the more worthwhile.

ACKNOWLEDGEMENTS


Front cover photographs: (top) Bald cypress trees, Apalachicola
| B | Bahia Honda State Park 79-81 |
|   | barbecue 17, 165-71 |
|   | Barber Vintage Motorsports Museum 162 |
|   | Bardstown 289-90, 293 |
|   | baseball 252, 299 |
|   | basketball 299, 301, 302 |
|   | BB King’s 230, 271, 326 |
|   | BBQ 17, 165-71 |
|   | beaches 15, 20, 149 |
|   | Bear Creek 203 |
|   | Bear Creek Mound 202 |
|   | Beaufort 134, 137 |
|   | Benton 236 |
|   | Big Cypress Gallery 53-4 |
|   | Big Cypress Preserve 54 |
|   | Biltmore Estate 99 |
|   | bird-watching 41, 60, 71, 120, 242, 250 |
|   | Birmingham 180, 181 |
|   | Biscayne National Park 45 |
|   | Blowing Rock 94, 100 |
|   | Blue Bottle Trees 134 |
|   | Blue Ridge escarpment 124 |
|   | Blue Ridge Parkway 91-101 |
|   | Blue Ridge Parkway Visitor Center 97-8 |
|   | Bluebird Cafe 311 |
|   | Bluegrass Region 280 |
|   | Blues Trail 316 |
|   | boat travel 334 |
|   | Bodie Island Lighthouse 118 |
|   | books 217, 320 |
|   | A Good Man is Hard to Find 213 |
|   | Cold Mountain 99 |
|   | Gone with the Wind 94 |
|   | Midnight in the Garden of Good and Evil 212-13 |
|   | The Adventures of Huckleberry Finn 320 |

| The Heart is a Lonely Hunter 214 |
| To Kill a Mockingbird 214-15, 217 |
| Boone 93, 100 |
| border crossings 334 |
| bourbon 290, 292 |
| distilleries 287-93 |
| Bradfordville Blues Club 62 |
| Breaux Bridge 240-2, 245 |
| Brock, Sean 138 |
| Brunswick 148 |
| Bryant-Denny Stadium 161, 298 |
| Bryson City 105, 112 |
| budgeting 23 |
| Buffalo River 258-9, 261 |
| bus travel 334 |
| business hours 23, 337 |
| Butcher, Clyde 53-4 |
| Bynum Mounds 205 |

| C | Cades Cove 110, 112 |
|   | Caesars Head State Park 126 |
|   | Cajun culture 244 |
|   | Canaveral National Seashore 41-3, 67 |
|   | Cape Hatteras Lighthouse 120 |
|   | Cape Hatteras National Seashore 121 |
|   | car insurance 329-30 |
|   | car racing 41, 297-8 |
|   | car rental 22, 330 |
|   | car travel, see driving |
|   | Carters Lake 160 |
|   | Carvers Gap 190 |
|   | cell phones 22, 338 |
|   | Chapel Hill 303 |
|   | Charleston 132, 137, 138-9 |
|   | Cherokee 105-6 |
|   | Cherokee Foothills Scenic Highway 123-9 |
Cherry Log 168
Chicasaw Village 205
Chicot State Park 242
Chimney Rock Park 99
Churchill Downs 283
Civil Rights Memorial Center 178
Civil Rights movement 19, 173-81, 224, 226
King Jr, Martin Luther 136, 174-5, 176-8, 179, 180
Little Rock Nine 260
National Civil Rights Museum 307, 326-7
Parks, Rosa 176
Civil War sites 18, 200-1, 203, 225-6, 318-19
Civilian Conservation Corps 126
Clarksdale 223, 227, 232-3, 237, 318, 322
climate 22, see also hurricanes
Clingmans Dome 106-7, 187
Clinton, Bill 256
Coastal NC National Wildlife Refuge Gateway Visitor Center 118
Columbus 162, 214
coral reefs 77, 82
Corolla 116
costs 23, 335, 336
Country Music Hall of Fame 200, 324
Cowpens National Battlefield 125-6
Creole culture 244
crocodiles 51
Crystal River National Wildlife Refuge 62
Cumberland Island 149, 152
Currituck Beach Lighthouse 116
Cypremort Point State Park 249-50

D
Dahlonega 158-60, 163, 186, 191
Dali, Salvador 71
dangers, see hurricanes, safety
Darien 148
Daytona Beach 41, 46
Daytona International Speedway 41
Decatur 158
Delta Blues Museum 223
desegregation 256, 260
Dexter Avenue King Memorial Church 176-8
disabilities, travelers with 338
disasters 252, 318, see also hurricanes
Disney, see Walt Disney World® Resort
Disney’s Animal Kingdom 70
Disney’s Hollywood Studios 69-70
Dollywood 111
Drayton Hall 132-3
driving 13, 329-32, 334

disasters 252, 318, see also hurricanes
Disney, see Walt Disney World® Resort
Disney’s Animal Kingdom 70
Disney’s Hollywood Studios 69-70
Dollywood 111

Dry Tortugas National Park 82
Duck & Southern Shores 121
Duke Energy World of Energy Museum 127
Durham 302

E
Edison & Ford Winter Estates 72
Edison, Thomas 72
Edisto Island Scenic Byway 136, 137
electricity 335
Emerald Mound 207
emergencies 22
Epcot 69
Eunice 243-4
Eureka Springs 259-60, 261
Everglades Adventure Tours 54
Everglades City 54, 55
Everglades, the 18, 49-55

F
Festival International de Louisiane 244
festivals & events
Beale Street Music Festival 311
blues music 236
Elvis Week 274
Festival International de Louisiane 244
Gullah Festival 136
Kentucky Bourbon Festival 290
music 236, 244, 274, 311
films 217
African Queen 78
Big Chill 134
Forrest Gump 134
INDEX G-K

Gainesville 62, 63
gas 22, 332
Gatlinburg 110, 112-13, 187, 191
gay travellers 336
Glendora 223-4
Graceland 17, 274, 275, 308
Grand Isle 250
Grand Ole Opry 311
Grandfather Mountain 95
Great Smoky Mountains 10, 103-13, 111, 186-7
Great Smoky Mountains National Park 107, 186-7
Great Smoky Mountains Railroad 105
Greenville 128, 129, 236
Greenwood 233-5, 237
Grove 226
Gulf Islands National Seashore 59-60, 63, 251-2
Gullah culture 136

H
Hagood Mill Historic Site & Folklore Center 128
Harry Potter, Wizarding World of 68
Hatteras Village 120, 121
Helena 232, 317-18
Hemingway, Ernest 82, 217
High Museum of Art 158
highlights 10-19, 30-1
Highway 1 37-47
Highway A1A 40
history 21, see also Civil Rights movement, Civil War sites
holidays 337
Homestead 51-2, 55
Homosassa Springs Wildlife State Park 62
horse racing 278-9, 282, 283
horse riding 280
Hot Springs 187-9, 191
Hunting Island State Park 136, 137
hurricanes 337, 338
Irma 51, 77, 338
Katrina 252
Husk 138

I
Ichetucknee Springs State Park 61-2
Indian Key 78-9
Indianola 224, 235-6
insurance 329-30
internet access 22, 336
Islamorada 78, 83

J
Jack Daniel’s Distillery 309-10
Jackson 170, 206, 216, 218-19, 224-5, 225-6, 227
Jacksonville 39-40, 46
Jasper 258, 261
Jeff Busby Park 206
Jekyll Island 151-2, 155
Jim Beam 289
JN ‘Ding’ Darling National Wildlife Refuge 72
Jockey’s Ridge State Park 117-18
John & Mabel Museum of Art 72
John Pennekamp Coral Reef State Park 77
Johnson, Robert 223

K
Keeneland 282
Kennedy Space Center 43, 66-7
Kentucky Derby 283
Key Largo 78, 83
Key West 82, 83
INDEX L-N

Lafayette 244, 245
Lafitte’s Blacksmith Shop 217
Lake Guntersville 163
Lake Martin 242
Laurel Falls 236
lesbian travellers 336
Lexington 278-9, 284, 292, 293, 301, 303
LGBT travellers 336
Lignumvitae Key Botanical State Park 79
Linville Falls 95
literature 216, see also books, writers
Little Havana 45
Little Mountain Trail 206
Little Rock 256-7, 261
Little Rock Nine 260
Little St Simons Island 149, 154
Louisiana Universities Marine Consortium (LUMCON) 250-1
Louisville 283, 284-5, 288-9, 293, 299, 303
Lowndes County Interpretive Center 178-9
Lynchburg 312

M

Magic Kingdom 69
Maker’s Mark 290-1
Mamou 242-3
manatees 62
maps 331
Marathon 79, 83
Marietta 170
Marine Corps Recruit Depot 135
Max Patch Mountain 189
Memphis 180, 224, 230, 271-5, 306-10, 316
accommodations 181, 237, 275, 312, 322
food 181, 237, 275, 312, 322
music festivals 311
walks 326-7
Meredith, James 226
Meriwether Lewis Site 202
Merritt Island National Wildlife Refuge 41-3
Miami 24-5, 45, 47, 84-5
Miami Beach 45, 47, 84-5
Miccosukee Indian Museum 52-3
Miccosukee Village 52-3
Middleton Place 134
Midway 282, 284
mile markers 79
Mingo Falls 111
Mingus Mill 106
Mississippi Blues Trail 231
Mississippi River 13, 315-23
Mobile 252, 253
mobile phones 22, 338
money 23, 337
Monroeville 214-15
Montgomery 176, 178, 179, 181
Morgan, Daniel 125-6
Moses H Cone Memorial Park 94-5

motorcycle travel, see driving
Mount Magazine State Park 260
Mountain Crossings at Walasi-Yi 185
Mountain View 258, 261
Mt LeConte 108-9, 112
Mt Mitchell 95-7, 189
Mt Mitchell State Park 95-7
Mt Pisgah Trailhead 99
Museum of the Cherokee Indian 105-6
Museum of the Circus 72
music 19, 20
bluegrass 98
blues 223, 224, 229-36, 316
Country Music Hall of Fame 200, 324
Delta Blues Museum 223
festivals & events 236, 244, 274, 311
folk 258
New Orleans jazz 249
playlists 332
radio stations 332
Stax Museum of American Soul Music 307-8
musicians, see also
Presley, Elvis
Johnson, Robert 223
King, BB 224, 230, 232, 235-6
Parton, Dolly 111
White, Jack 310
Williamson, Sonny Boy 232, 233
Myakka River State Park 71

N

Nags Head 121
Nantahala Outdoor Center 105, 186
NASCAR 41, 297-8
Nashville 200, 208, 310-11, 312-13, 324-5
Natchez 207, 216-17, 226, 319-20
accommodations 209, 219, 322
food 209, 219, 227
Natchez Trace Parkway 199-209
National Civil Rights Museum 307, 326-7
National Museum of Naval Aviation 59
Natural Bridge State Resort Park 281, 284
New Orleans 26, 217, 248-9, 321
accommodations 219, 253, 323
food 219, 253, 323
walks 262-3
Newfound Gap Overlook 107
Norton Museum of Art 44

O
Ocean Drive 84
Ocean Springs 252, 253
Ochopee 54, 55
Oconaluftee Visitor Center 106
Ocracoke 120
Old Slave Mart Museum 138
Old Trace 202
opening hours 23, 337
Orlando 67, 73
outdoor experiences 15, 20
Overseas Highway 75-83
Oxford 203, 215-16, 218, 222-3, 227, 298

P
Palm Beach 43-4
parking 332
Parks, Rosa 176
Parton, Dolly 111
Pea Island National Wildlife Refuge 120
Penn Center 135-6
Pensacola 58-9, 63
petrol 22, 332
Pharr Mounds 203
Pigeon Forge 111
Pleasant Hill 280-1, 284
Ponca 258-9, 261
Ponce de Leon Inlet Lighthouse & Museum 41
Ponce Inlet 41
Presley, Elvis 269-75, 316
birthplace 203, 270-1
dead 274
Graceland 17, 274, 275, 308
public holidays 337
radio 332
Red Mile 279
Ringling Museum Complex 72
road distances 331
road rules 331-2
Roan Mountain State Park 190, 191
Roaring Fork Motor Nature Trail 110-11
Rockefeller Monument 107
Roosevelt, Franklin D 126
Rosa Parks Museum 176
Roswell 166-8
Rowan Oak 215-16
safety 331, 332, 337, 338,
see also hurricanes
Salem 129
Salvador Dalí Museum 71
Sanibel Island 72, 73
Sarasota 71-2, 73
Savannah 146, 169-70, 212-13
accommodations 154, 171, 218
food 154, 171, 218
walks 192-3
Sea Island 151, 155
Seaside 60
Selma 179-80
Selma to Montgomery National Historic Trail 178-9
Seven Mile Bridge 79
Sevierville 111
Shaker Village 280-1, 284
Shark Valley 52
Shiloh National Military Park 308-9
Siesta Key 71
Smallest Post Office in the United States 54
Smith, Dean 302
Space Coast 43, 44, 47
sports, see individual sports & activities
Springer Mountain 185
St Augustine 40, 46
St George Island State Park 60
St Marys 152, 155
St Petersburg 71, 73
St Simons Island 148-9, 149, 154
Stafford Beach 149
Statesboro 169
Stax Museum of American Soul Music 307-8
Sugarlands Visitor Center 109, 112
Sugarloaf Key 81-2
Sun Studio 230, 271-2, 308, 327
Sunbury Crab Company 147
Tabasco sauce 250
Table Rock State Park 126-7, 129
Tail of the Dragon 106
Talladega Superspeedway 297-8
Tallahassee 61, 63
Tampa 70, 73
telephone services 22, 338
theme parks 67-70, 94, 111
Thibodaux 240, 245
Third Man Records 310
Till, Emmett 223-4
tipping 23, 337
Tishomingo State Park 202-3
Tobacco Road 302
train travel 334-5
transport 23, 333-5, see also driving
travel seasons 22
Tunica 231-2, 316
Tupelo 203, 270-1
Tupelo-Baldcypress Swamp 206
Tuscaloosa 160-1, 163, 298, 303
Tuskegee 161-2, 175-6
Tuskegee Airmen 175-6
Tutwiler 233
Tweetsie Railroad 94

Universal Orlando Resort 67-8
Universal Studios 67
University of Alabama 161

vacations 337
Valle Crucis 93, 100
Vanderbilt, George 99
Venice 321
Versailles 282
Vicksburg 227, 318-19, 322
Viernes Culturales 45
visas 338-9

Wakulla Springs 60, 63
Wakulla Springs State Park 60
walks
Charleston 138-9
Memphis 326-7
Miami Beach 84-5
Nashville 324-5
New Orleans 262-3
Walt Disney World® Resort 12, 68-70, 73
Walterboro 134
Walterboro Wildlife Sanctuary 134
Washington, Booker T 176
Water Valley 233
waterfalls
Armicalola Falls State Park 185
Chimney Rock Park 99
Great Smoky Mountains National Park 111
Greenville 128
Grotto Falls 110, 111
Laurel Fork Gorge & Falls 190
Linville Falls 95
Mingo Falls 111
Waterrock Knob Visitor Center 99
weather 22, see also hurricanes
websites 23, 25, 26, 27, 329
Weeki Wachee Springs 62
West Palm Beach 44, 47
whiskey distilleries 128, 287-93, 309-10
Whitaker Point 259
White, Jack 310
wi-fi 22, 336
Wild Turkey 291
Wilderness Waterway 54
Williams, Roy 302
Williamson, Sonny Boy 232, 233
Wizarding World of Harry Potter 68
Wolfsonian-FIU 85
women travelers 339
Woodford Reserve 292
Wormsloe Plantation Historic Site 170
Wright Brothers National Memorial 116-17
writers
Bereidt, John 213
Capote, Truman 214, 217
Faulkner, William 215-16, 217, 223, 225
Frazier, Charles 99
Hemingway, Ernest 82, 217
Lee, Harper 214-15
McCullers, Carson 214
Mitchell, Margaret 94
O’Connor, Flannery 213-14
Rice, Anne 217
Thompson, Hunter S 283
Twain, Mark 217, 319, 320, 322
Welty, Eudora 206, 216, 225
Williams, Tennessee 214, 217
Wolfe, Thomas 98
Wright, Richard 216, 225
Wynwood Walls 45

Ybor City 70-1, 73
Send your 'Lonely Planet in the Wild' photos to social@lonelyplanet.com
We share the best on our Facebook page every week!
ASHLEY HARRELL
After a brief stint selling day spa coupons door-to-door in South Florida, Ashley decided she’d rather be a writer. She went to journalism grad school, convinced a newspaper to hire her, and started covering wildlife, crime and tourism, sometimes all in the same story. Fueling her zest for storytelling and the unknown, she traveled widely and moved often, from a tiny NYC apartment to a vast California ranch to a jungle cabin in Costa Rica, where she started writing for Lonely Planet. From there her travels became more exotic and farther flung, and she still laughs when paychecks arrive.

KEVIN RAUB
Atlanta native Kevin started his career as a music journalist in New York, working for Men’s Journal and Rolling Stone magazines. He ditched the rock ’n’ roll lifestyle for travel writing and has written nearly 50 Lonely Planet guides, focused mainly on Brazil, Chile, Colombia, USA, India, the Caribbean and Portugal. Raub also contributes to a variety of travel magazines in both the USA and UK. Along the way, the self-confessed hop-head is in constant search of wildly high IBUs in local beers.

REGIS ST LOUIS
Regis grew up in a small town in the American Midwest – the kind of place that fuels big dreams of travel – and he developed an early fascination with foreign dialects and world cultures. He spent his formative years learning Russian and a handful of Romance languages, which served him well on journeys across much of the globe. Regis has contributed to more than 50 Lonely Planet titles, covering destinations across six continents. His travels have taken him from the mountains of Kamchatka to remote island villages in Melanesia, and to many grand urban landscapes. When not on the road, he lives in New Orleans. Follow him on www.instagram.com/regisstlouis.
ADAM KARLIN

Adam is a Lonely Planet author based out of wherever he happens to be. Born in Washington, DC and raised in the rural Maryland tidewater, he’s been exploring the world and writing about it since he was 17. For him, it’s a blessedly interesting way to live life. Also, it’s good fun. He just read two good quotes, so with thanks to Italy, ancient and modern: ‘Tutto il mondo e paese’ and ‘Ambulare pro deus’. If you ever meet Adam on the road, be sure to share a drink and a story.

https://auth.lonelyplanet.com/profiles/adamkarlin

KATE ARMSTRONG

Kate has spent much of her adult life traveling and living around the world. A full-time freelance travel journalist, she has contributed to around 40 Lonely Planet guides and trade publications and is regularly published in Australian and worldwide publications. She is the author of several books and children’s educational titles. You can read more about her on www.katearmstrongtravelwriter.com and @nomaditis.

https://auth.lonelyplanet.com/profiles/kate_armstrong

OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that’s all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, Across Asia on the Cheap. Within a week they’d sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Franklin, London, Melbourne, Oakland, Dublin, Beijing, and Delhi, with more than 600 staff and writers. We share Tony’s belief that ‘a great guidebook should do three things: inform, educate and amuse’.

OUR WRITERS

MORE WRITERS