

Southeast Florida

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Best Places to Eat

- ➔ Green Bar & Kitchen (p194)
- ➔ Sea (p199)
- ➔ Paradiso Ristorante (p205)
- ➔ Bùccan (p210)
- ➔ Garage VV (p217)

Best Places to Stay

- ➔ Pillars (p192)
- ➔ Parliament Inn (p202)
- ➔ Brazilian Court (p209)
- ➔ Grandview Gardens (p216)
- ➔ Old Colorado Inn (p223)

Why Go?

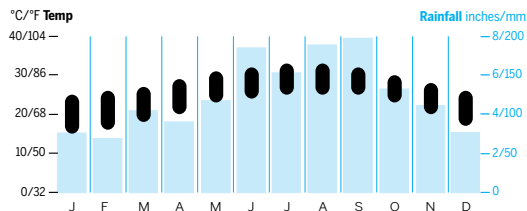
Zooming north from Miami's tanned and diamond-draped clutches, you'll find an endearing collection of beach towns – some classy, others quirky, all unique. From activity-packed, gay- and family-friendly Fort Lauderdale to quiet, exclusive, semireclusive Palm Beach, laid-back Lauderdale-by-the-Sea and the rugged coast of Jupiter, you'll find more adventure and nightlife than you can handle. This chunk of coast also includes some of Florida's wealthiest enclaves – enjoy gawking at the castle-like beachfront mansions, but don't rear-end that \$350,000 Bentley when parallel parking in front of the Gucci store in Palm Beach!

For those looking for a more down-to-earth setting, the region's numerous natural gems – secluded islands, moss-draped mangrove swamps, wild rivers, empty dunes – will surely satisfy your demands for nonmaterial pleasures.

So please, whatever you do, don't skip over this region on your journey from Miami to Disney World.

When to Go

Palm Beach



Mar & Apr Spring break hits, packing beaches with party-happy twenty-somethings.

Jun & Jul Low-season prices and turtle-nesting season.

Dec–Feb Perfect beach weather and Delray's tennis tournament.

Southeast Florida Highlights

1 Glide through mangroves past undisturbed beaches in the **John U Lloyd Beach State Park** (p187).

2 Catch some culture along **Riverwalk** (p189), Fort Lauderdale's most beautiful mile.

3 Sip *matcha* green tea at Delray Beach's serene **Morikami Museum and Japanese Gardens** (p201).

4 Dig Lake Worth's outsized nightlife scene with music at **Bamboo Room** (p205) and community theatre at the **Playhouse** (p205).

5 Enjoy the Palm Beach high-life for free: window-shop **Worth Avenue** (p207), stroll the **Lake Trail** (p207) and catch some rays at the **Municipal Beach** (p207).

6 Learn to fish, paint, sculpt and play croquet in fun-filled **West Palm Beach** (p212).

7 Get up close and personal with loggerheads and leatherback turtles as they recuperate at **Loggerhead Marinelifelife Center** (p221).

8 Kayak Jupiter's 'Wild and Scenic' **Loxahatchee River** (p222), for close-up views of cypress knees, mangrove forests and sunning alligators.

