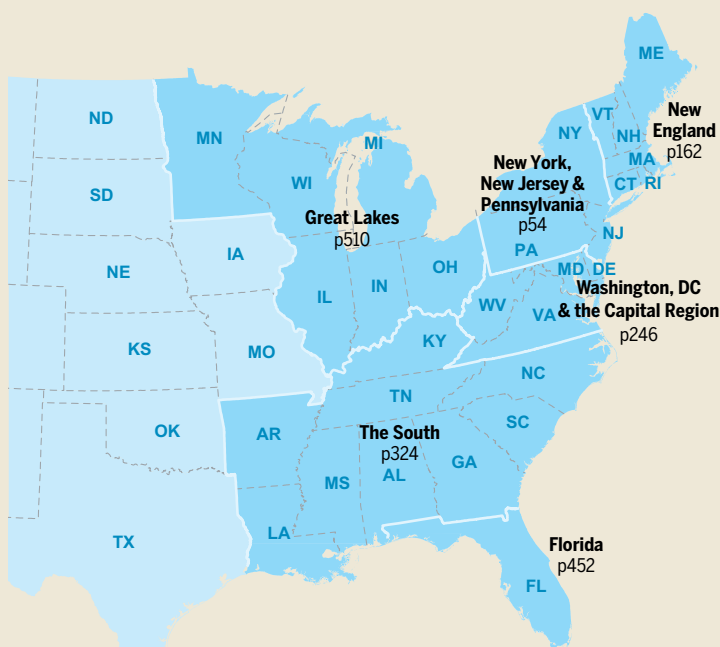




Eastern USA



THIS EDITION WRITTEN AND RESEARCHED BY

Karla Zimmerman,

Amy C Balfour, Adam Karlin, Zora O'Neill,

Kevin Raub, Regis St Louis, Mara Vorhees

PLAN YOUR TRIP

Welcome to Eastern USA	4
Eastern USA Map	6
Eastern USA's Top 25	8
Need to Know	20
If You Like.....	22
Month by Month.....	26
Itineraries	30
Road Trips & Scenic Drives	35
Outdoors	42
Travel with Children....	46
Regions at a Glance.....	50

ON THE ROAD

NEW YORK, NEW JERSEY & PENNSYLVANIA 54

New York City	55
New York State	112
Long Island	113
Hudson Valley	116
Catskills	119
Finger Lakes	120
The Adirondacks	123
Thousand Islands.....	125
New Jersey	130
Princeton & the Delaware River	132
Jersey Shore.....	133
Pennsylvania.....	137
Philadelphia	138
Pennsylvania Dutch Country	152
Pittsburgh	155

NEW ENGLAND ... 162

Massachusetts	166
Boston	166
Cape Cod	187
Nantucket	195
Martha's Vineyard	196
Rhode Island.....	203
Providence.....	204
Newport.....	205
Connecticut.....	207
Hartford	208
Litchfield Hills.....	210
Vermont	213
New Hampshire.....	224
Portsmouth.....	225
White Mountains	227
Hanover	231
Maine	232
Portland.....	236
Acadia National Park....	241

WASHINGTON, DC & THE CAPITAL REGION 246

Washington, DC	247
Maryland	277
Baltimore.....	277
Annapolis.....	284
Ocean City.....	287
Delaware	289
Virginia.....	293
Richmond	298
Petersburg.....	301
Hampton Roads.....	304
Virginia Beach.....	305
Shenandoah Valley.....	309
Blue Ridge Highlands & Southwest Virginia.....	314
West Virginia.....	317
Eastern Panhandle.....	317
Monongahela National Forest.....	320

THE SOUTH..... 324

North Carolina	325
The Triangle.....	334
Charlotte	337
South Carolina	345
Charleston.....	346
Mt Pleasant.....	351
Lowcountry.....	352
North Coast.....	354
Greenville & the Upcountry.....	356
Tennessee	356
Memphis	357
Shiloh National Military Park	365
Nashville	366
Kentucky	380
Louisville	380
Bluegrass Country.....	384



NEW YORK CITY P55



BAXTER STATE PARK P245,
MAINE

Contents

UNDERSTAND

Georgia.....388

Atlanta.....388

Brunswick &
the Golden Isles.....406

Alabama.....408

Birmingham.....408

Montgomery.....411

Mississippi.....413

Oxford.....413

Mississippi Delta.....415

Jackson.....418

Gulf Coast.....420

Arkansas.....421

Little Rock.....421

Hot Springs.....423

Arkansas River Valley...425

Louisiana.....428

New Orleans.....429

FLORIDA.....452

South Florida.....453

Miami.....453

Fort Lauderdale.....470

Palm Beach & Around...472

The Everglades.....473

Florida Keys.....477

Atlantic Coast.....483

Daytona Beach.....485

Jacksonville.....488

West Coast.....490

Tampa.....490

St Petersburg.....493

Sarasota.....494

Naples.....496

Central Florida.....497

Orlando.....497

Walt Disney

World Resort.....502

Florida Panhandle.....505

Panama City Beach.....507

Pensacola &

Pensacola Beach.....508

GREAT LAKES.....510

Illinois.....511

Chicago.....514

Indiana.....542

Indianapolis.....542

Ohio.....549

Cleveland.....549

Amish Country.....555

Columbus.....556

Cincinnati.....558

Michigan.....562

Detroit.....563

Lake Michigan Shore...573

Straits of Mackinac.....576

Upper Peninsula.....578

Wisconsin.....580

Milwaukee.....581

Madison.....584

Along the

Mississippi River.....589

Door County &

Eastern Wisconsin.....589

Apostle Islands & Northern

Wisconsin.....590

Minnesota.....592

Minneapolis.....592

St Paul.....600

Eastern USA

Today.....610

History.....612

The Way of Life.....622

Regional

Cuisine.....626

Arts &

Architecture.....630

Music.....633

Landscapes &

Wildlife.....636

SURVIVAL GUIDE

Directory A–Z.....642

Transportation.....651

Index.....661

Map Legend.....670

SPECIAL FEATURES

Road Trips &
Scenic Drives.....35

Central Park 3D
Illustration.....76

National Mall 3D
Illustration.....256

Eastern & Southern
USA Cuisine.....322

Itineraries



2
WEEKS

Best of the Northeast

Get your big-city fill in the biggest city of all, then mosey into New England for small-town pleasures.

The great dynamo of art, fashion and culture, **New York City** is America at her most urbane. Spend three days blending touristy must-dos – Top of the Rock viewpoint, Upper East Side art museums, Central Park rambling – with vibrant nightlife and dining adventures, perhaps in the East Village. After big-city culture, catch your breath at the pretty beaches and enticing charms of **Greenport** and **Montauk** on Long Island. Back in NYC, catch the train to Boston, for two days visiting historic sights, dining in the North End and pub-hopping in Cambridge. Rent a car and drive to **Cape Cod**, with its idyllic dunes, forests and pretty shores. Leave time for **Provincetown**, the Cape's liveliest settlement. Then set off for a three-day jaunt taking in New England's back roads, covered bridges, picturesque towns and beautiful scenery, staying at heritage B&Bs en route. Highlights include **Salem** and **Concord** in Massachusetts; **Bennington**, Vermont; and **Portsmouth**, New Hampshire. If time allows, head onward to Maine for lobster feasts amid beautifully rugged coastlines – **Portland** is a fine place to start.

4
WEEKS

Eastern Grand Tour

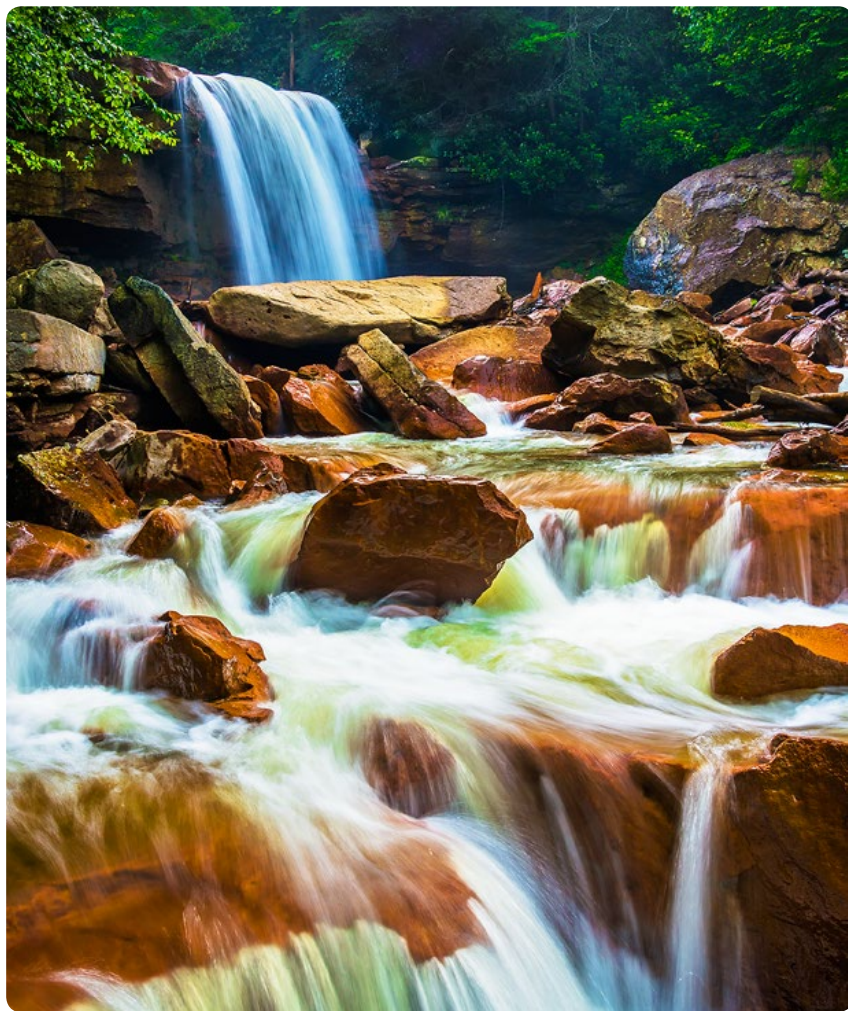
This road trip loops around the East through towns large and small, as blues joints, pie shops and civil rights sights flash by.

Start in **New York City** (but hire a car cheaper in New Jersey) and hit the road for week one. Head west toward **Lancaster** to explore the idyllic back roads of Pennsylvania Dutch Country. Next is **Pittsburgh**, a surprising town of picturesque bridges and cutting-edge museums. Enter Ohio by interstate, but quickly step back in time amid the horses, buggies and byways of **Amish Country**. See the skyscrapers rising on the horizon? That's big-shouldered **Chicago**. Hang out for a few days to marvel at famous artworks and steely architecture, and chow through the city's celebrated restaurant scene.

For week two, motor south from Chicago on old Route 66, at least for a few time-warped, pie-filled miles. **Memphis** is the next destination, a mecca for Elvis fans, barbecue connoisseurs, civil rights students and blues-music buffs alike. Follow the Great River Road south from here through juke-jointed **Clarksdale**, the Civil War battlegrounds of **Vicksburg** and the antebellum mansions of **Natchez**. It's not far now to **New Orleans**, where you can hear live jazz and spoon into thick, spicy-rich gumbo.

Begin journeying back east for week three. Wheel along the Gulf Coast to the azalea-lined boulevards of **Mobile**, then inland to **Montgomery**, where museums honor civil rights pioneers like Rosa Parks, who refused to give up her seat to a white man on a city bus. Fall under the spell of live oaks in **Savannah** and pastel architecture and decadent food in **Charleston**. Take your pick of **Durham** or **Chapel Hill**, side-by-side university towns offering groovy nightlife.

Begin week four brushing up on your history in Virginia. Visit **Jamestown**, where Pocahontas helped the New World's first English settlement survive, then wander through the 18th century at nearby **Williamsburg**. A pair of big cities completes the route: **Washington, DC** is a museum free-for-all, while **Philadelphia** fires up the Liberty Bell, Ben Franklin and the mighty, meaty cheesesteak. Finally, it's back to the neon lights of NYC.



APPALACHIANWIS/GETTY IMAGES ©



MAREMANNUM/GETTY IMAGES ©

Top: Douglas Falls,
Monongahela National
Forest (p320)

Bottom: Faneuil Hall
(p167), Boston



Bright Lights, Big Cities

For big, brawny, bold metropolises, the East is your place. These are the cities that never sleep.

Begin with a few days in history-rich **Boston**. Walk the Freedom Trail past Paul Revere's house. Hang out in Harvard Sq's cafes and bookstores, and chow down in North End trattorias and oyster houses. Then catch the train to **New York City**. With four days, you can indulge in iconic Manhattan and beyond. Stroll Central Park, walk the canyons of Wall St, go bohemian in Greenwich Village and catch a ferry to the Statue of Liberty. For a more local scene, join residents on the High Line, in NoLita's stylish shops and in Queens' creative microbreweries and galleries.

Next hop a train to **Philadelphia**, which is practically down the block from NYC. Philly was the birthplace of American independence, and has the Liberty Bell and Declaration of Independence artifacts to prove it. Spend a few days touring the historic sites and indulging in foodie neighborhoods like East Passyunk. Don't leave the northeast without spending a few days in **Washington, DC**, a quick trip by bus or train. Beyond the staggering number of free museums and monuments – the Air and Space Museum and Lincoln Memorial among them – the US capital has rich dining and drinking scenes in Logan Circle, Shaw and along U St. Who knows what politico might be swirling a Scotch next to you?

It's a long haul to **Miami** (flying is the easy way to go), so allocate four days to get your money's worth exploring the exotic museums and galleries, the art-deco district, Little Havana and sexy, sultry South Beach. For a change of pace, day-trip to the **Everglades** and commune with alligators. Keep the Southern thing going in jazz-loving **New Orleans**, with a soundtrack of smokin'-hot funk/brass bands and the sizzle of Cajun and Creole food. Three days of heavy eating with locals in Uptown, the Central Business District, Marigny and the Bywater should do it.

Last, but not least, **Chicago** leaps up; the *City of New Orleans* train is a scenic way to arrive. Bike to the beach, see mod art in Millennium Park and plug into the blues. Chicago rocks, like the rest of the East's big cities.



The Great Outdoors

This trip is for those who like their nature ancient and wild. Timbered mountains, raging rivers and sheltered islands are all on tap.

Shenandoah National Park rolls out the welcome mat: this sliver of gorgeousness straddles the Blue Ridge Mountains, so-named for their color when glimpsed in the hazy cerulean distance. Besides scenic drives, hiking is the big to-do here. Five hundred miles of paths – including 100 miles of the Appalachian Trail – wind by spring wildflowers, summer waterfalls and fiery autumn leaves. More activities await a few hours west at **Monongahela National Forest**, where you can strap on ropes for Seneca Rocks or a bicycle helmet for the Greenbrier River Trail. Adventure-sports enthusiasts will find their wet-and-wild bliss nearby at **New River Gorge National River**. Outfitters provide white-water rafting gear for the infamous class V rapids.

Next up: **Great Smoky Mountains National Park**. Though it's the USA's most popular patch of parkland, you can leave most of the crowds behind if you're willing to hike or paddle (studies have shown that 95% of tourists here never venture more than 100yds from their cars!). After a day spent in the wilderness surrounded by lush, heather-colored peaks, there's nothing quite like arriving in **Gatlinburg**, the park's kitschy base.

So goes the first week. Now it's time to fuel up for the twisty drive through the mountains and across to the coast, where the **Outer Banks** pay off big. Laid-back beach towns full of locally owned ice-cream shops and mom-and-pop motels dot the windswept barrier islands. Check out **Cape Hatteras**, with its unspoiled dunes, marshes and woodlands, or catch the ferry to remote **Ocracoke Island**, where the wild ponies run. Speaking of which: more wild horses roam **Assateague Island**, which floats to the north between Virginia and Maryland. It too offers brilliant, secluded beaches and a landscape ripe for birding, kayaking, crabbing and fishing.

Still craving surf and sand? Family-friendly, gay-friendly **Rehoboth Beach** bestows traditional gingerbread houses, kiddie amusements and a big ol' boardwalk along the oceanfront.

Map Legend

Sights

- Beach
- Bird Sanctuary
- Buddhist
- Castle/Palace
- Christian
- Confucian
- Hindu
- Islamic
- Jain
- Jewish
- Monument
- Museum/Gallery/Historic Building
- Ruin
- Shinto
- Sikh
- Taoist
- Winery/Vineyard
- Zoo/Wildlife Sanctuary
- Other Sight

Activities, Courses & Tours

- Body surfing
- Diving
- Canoeing/Kayaking
- Course/Tour
- Sento Hot Baths/Onsen
- Skiing
- Snorkeling
- Surfing
- Swimming/Pool
- Walking
- Windsurfing
- Other Activity

Sleeping

- Sleeping
- Camping

Eating

- Eating

Drinking & Nightlife

- Drinking & Nightlife
- Cafe

Entertainment

- Entertainment

Shopping

- Shopping

Information

- Bank
- Embassy/Consulate
- Hospital/Medical
- Internet
- Police
- Post Office
- Telephone
- Toilet
- Tourist Information
- Other Information

Geographic

- Beach
- Gate
- Hut/Shelter
- Lighthouse
- Lookout
- Mountain/Volcano
- Oasis
- Park
- Pass
- Picnic Area
- Waterfall

Population

- Capital (National)
- Capital (State/Province)
- City/Large Town
- Town/Village

Transport

- Airport
- BART station
- Border crossing
- Boston T station
- Bus
- Cable car/Funicular
- Cycling
- Ferry
- Metro/Muni station
- Monorail
- Parking
- Petrol station
- Subway/SkyTrain station
- Taxi
- Train station/Railway
- Tram
- Underground station
- Other Transport

Routes

- Tollway
- Freeway
- Primary
- Secondary
- Tertiary
- Lane
- Unsealed road
- Road under construction
- Plaza/Mall
- Steps
- Tunnel
- Pedestrian overpass
- Walking Tour
- Walking Tour detour
- Path/Walking Trail

Boundaries

- International
- State/Province
- Disputed
- Regional/Suburb
- Marine Park
- Cliff
- Wall

Hydrography

- River, Creek
- Intermittent River
- Canal
- Water
- Dry/Salt/Intermittent Lake
- Reef

Areas

- Airport/Runway
- Beach/Desert
- Cemetery (Christian)
- Cemetery (Other)
- Glacier
- Mudflat
- Park/Forest
- Sight (Building)
- Sportsground
- Swamp/Mangrove

Note: Not all symbols displayed above appear on the maps in this book



Zora O'Neill

New York, New Jersey & Pennsylvania Zora O'Neill has lived in New York City since 1998 – far from her home state of New Mexico, but very close to where, as a kid and the daughter of a New Jersey native, she spent a week nearly every summer 'down the shore,' eating pizza and fried scallops. Zora has written guide-books since 2002; for Lonely Planet, she has covered Amsterdam, southern Spain and Egypt. She is online at www.rovinggastronome.com.

Read more about Zora at:

http://auth.lonelyplanet.com/profiles/zora_oneill



Kevin Raub

The South, Florida Kevin Raub grew up in Atlanta and started his career as a music journalist in New York, working for *Men's Journal* and *Rolling Stone* magazines. He ditched the rock 'n' roll lifestyle for travel writing and moved to Brazil. Now he lives outside the country, it's fair to say he immensely enjoyed gorging on Nashville hot chicken, Memphis BBQ, craft beer out the wazoo and various other unmentionables on his voyage through the Southern US. This is Kevin's 35th Lonely Planet guide. Follow him on Twitter (@RaubOnTheRoad).

Read more about Kevin at:

<http://auth.lonelyplanet.com/profiles/kraub>



Regis St Louis

New York, New Jersey & Pennsylvania; Washington, DC & the Capital Region

A Hoosier by birth, Regis grew up in a sleepy riverside town where he dreamed of big-city intrigue. He's lived all over the US (including New York City, San Francisco, Los Angeles and New Orleans), and has crossed the country by train, bus and car while visiting remote corners of America. Favorite memories from his most recent trip include crab feasting on Maryland's eastern shore, hiking through striking state parks in west Texas, catching music jams in the Blue Ridge Mountains of Virginia and going eye-to-eye with wild horses on Assateague Island. Regis has contributed to more than 50 Lonely Planet titles, including *New York City* and *Washington, DC*.

Read more about Regis at:

<http://auth.lonelyplanet.com/profiles/regisstlouis>



Mara Vorhees

New England Born and raised in St Clair Shores, Michigan, Mara traveled the world (if not the universe) before finally settling in the Hub. She spent several years pushing papers and tapping keys at Harvard University, but she has since embraced the life of a full-time travel writer, covering destinations as diverse as Russia and Belize. She lives in a pink house in Somerville, Massachusetts with her husband, two kiddies and two kitties. She is often seen eating doughnuts in Union Square and pedaling her bike along the Charles River. Mara is the coordinating author of Lonely Planet's *New England* and *New England's Best Trips*, among other titles. Follow her adventures online at www.havetwinswilltravel.com.

Read more about Mara at:

<http://auth.lonelyplanet.com/profiles/mvorhees>



OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Franklin, London, Melbourne, Oakland, Beijing and Delhi, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

OUR WRITERS



Karla Zimmerman

Coordinating Author: Great Lakes, Washington, DC, Plan Your Trip, Understand, Survival Guide As a life-long Midwesterner, Karla is well versed in the region's beaches, ballparks, breweries and pie shops. When she's not home in Chicago watching the Cubs, er, writing for magazines, websites and books, she's out exploring. For this gig, she curled in Minnesota, caught a wave in Michigan, heard the curds squeak in Wisconsin and drank an embarrassing number of milk-

shakes in Ohio. She also covers DC, where she never fails to shake hands with Racing Abe Lincoln at Nationals Park. Karla has written for several Lonely Planet guides to the USA, Canada, Caribbean and Europe.

Read more about Karla at:

<http://auth.lonelyplanet.com/profiles/karlazimmerman>



Amy C Balfour

New England, The South Amy has hiked, biked and paddled her way across the US. Raised in the South, she's been visiting the Outer Banks since childhood and for this trip she backpacked along the Appalachian Trail in the Great Smokies. In New Hampshire she explored the White Mountains and tackled Mt Monadnock for the first time. She has authored

27 guidebooks for Lonely Planet and has written for *Backpacker*, *Redbook*, *Southern Living* and the *Washington Post*.

Read more about Amy at:

<http://auth.lonelyplanet.com/profiles/amycbalfour>



Adam Karlin

The South, Florida Adam has written around 50 guidebooks for Lonely Planet and he always enjoys exploring his native stomping grounds: the US. On this trip, he stumbled into Key West secret gardens, discovered Miami speakeasies, took

shots with Birmingham bartenders, weathered tornado watches in Mississippi cotton shacks, found pizza on Arkansas mountain tops, listened to music in dozens of Louisiana bars, paddled through clear Florida mangrove channels and ate a lot of barbecue. He wants you to know that there is a lot of good light in the world, but the way it attaches to a late spring day in the South is something else.

Read more about Adam at:

<http://auth.lonelyplanet.com/profiles/adamkarlin>

OVER MORE PAGE WRITERS

Published by Lonely Planet Publications Pty Ltd

ABN 36 005 607 983

3rd edition – Apr 2016

ISBN 978 1 74321 863 1

© Lonely Planet 2016 Photographs © as indicated 2016

10 9 8 7 6 5 4 3 2 1

Printed in China

All rights reserved. No part of this publication may be copied, stored in a retrieval system, or transmitted in any form by any means, electronic, mechanical, recording or otherwise, except brief extracts for the purpose of review, and no part of this publication may be sold or hired, without the written permission of the publisher. Lonely Planet and the Lonely Planet logo are trademarks of Lonely Planet and are registered in the US Patent and Trademark Office and in other countries. Lonely Planet does not allow its name or logo to be appropriated by commercial establishments, such as retailers, restaurants or hotels. Please let us know of any misuses: lonelyplanet.com/ip.

Although the authors and Lonely Planet have taken all reasonable care in preparing this book, we make no warranty about the accuracy or completeness of its content and, to the maximum extent permitted, disclaim all liability arising from its use.

© Lonely Planet Publications Pty Ltd. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'