

## GLOSSARY

**abaya** – woman's full-length black robe

**abra** – small, flat-decked boat; water taxi

**adhan** – call to prayer

**agal** – head ropes used to hold a *gutra* in place

**al-housh** – courtyard

**areesh** – palm fronds used to construct houses

**asr** – mid-afternoon

**attar** – perfume

**ayyalah** – Bedouin dance

**azan** – call to prayer

**barasti** – traditional Gulf method of building palm-leaf houses; house built with palm leaves

**barjeel** – wind tower; architectural feature of *masayf* houses designed to keep the house cool

**bateel** – young shoot of date-palm plant

**Bedouin** (plural Bedu) – a nomadic desert dweller

**burj** – tower

**burka** – a long, enveloping garment worn in public by Muslim women

**corniche** – seaside road

**dosa** – paper-thin lentil-flour pancakes

**dhow** – traditional sailing vessel of the Gulf

**dhuhr** – noon

**dishdasha** – man's long shirt-dress

**eid** – Islamic feast

**fajr** – dawn

**falaj** – traditional irrigation channel

**ghaf** – big hardy tree that looks a little like a weeping willow

**Gulf Cooperative Council** (GCC) – members are Saudi Arabia, Kuwait, Bahrain, Qatar, Oman and the UAE

**gutra** – white headcloth worn by men

**hajj** – Muslim pilgrimage to Mecca

**halal** – meat from animals killed according to Islamic law

**hammam** – bathhouse

**hammour** – common species of fish in Gulf waters

**haram** – forbidden by Islamic law

**Hejira** – meaning 'flight'; the Islamic calendar is called the Hejira calendar

**imam** – prayer leader, Muslim cleric

**insha'alla** – 'if Allah wills it'; 'God willing'

**isha'a** – twilight

**jebel** – hill, mountain

**kandoura** – casual shirt-dress worn by men and women

**khaleeji** – traditional Gulf-style music

**khanjar** – traditional curved dagger

**khorr** – inlet or creek

**maghrib** – sunset

**majlis** – formal meeting room or reception area

**Majlis, the** – parliament

**mandir** – temple

**masayf** – traditional summer house incorporating a *barjeel*

**masgouf** – fish dish

**mashait** – traditional winter house incorporating a courtyard

**masjid** – mosque

**mathaf** – museum

**mihrab** – niche in a mosque indicating the direction of Mecca

**mina** – port

**mullah** – Muslim scholar, teacher or religious leader

**neem** – a botanical cousin of mahogany

**oud** – wooden Arabian lute; also the wood used to burn with frankincense

**Ramadan** – Muslim month of fasting

**sabkha** – salt-crusted coastal plain

**shayla** – headscarf

**sheesha** – tall, glass-bottomed smoking implement; also called a water pipe or hubbly-bubbly

**sheikh** – venerated religious scholar, tribal chief, ruler or elderly man worthy of respect

**sheikha** – daughter of a *sheikh*

**souq** – market

**Trucial States** – former name of the United Arab Emirates; also called Trucial Coast and Trucial sheikhdoms

**umrah** – little pilgrimage

**wasta** – influence gained by connections in high places

**wind tower** – *barjeel*; architectural feature of *masayf* houses designed to keep the house cool

# Behind the Scenes

## SEND US YOUR FEEDBACK

We love to hear from travellers – your comments keep us on our toes and help make our books better. Our well-travelled team reads every word on what you loved or loathed about this book. Although we cannot reply individually to postal submissions, we always guarantee that your feedback goes straight to the appropriate authors, in time for the next edition. Each person who sends us information is thanked in the next edition – and the most useful submissions are rewarded with a selection of digital PDF chapters.

Visit **lonelyplanet.com/contact** to submit your updates and suggestions or to ask for help. Our award-winning website also features inspirational travel stories, news and discussions.

Note: We may edit, reproduce and incorporate your comments in Lonely Planet products such as guidebooks, websites and digital products, so let us know if you don't want your comments reproduced or your name acknowledged. For a copy of our privacy policy visit [lonelyplanet.com/privacy](http://lonelyplanet.com/privacy).

## OUR READERS

**Many thanks to the travellers who used the last edition and wrote to us with helpful hints, useful advice and interesting anecdotes:**

Sergio Boccia, Mary-Clare Buckle, Debra Dorn, Liliane Foederer, Klaus Hindso, John Mitchell and Flavia Romano Rodrigues.

## AUTHOR THANKS

**Josephine Quintero**

Where to start! So many people provided me with invaluable help during my research trip. Top of the list has to be Richard and Angela Carey-Brown in Abu Dhabi, followed closely

by Peter and Jan Casey, who I shared many a meal and bottle of wine with in Dubai. I would also like to thank Brian Hollis, David Quinn, Farah Atoui from Art Dubai, Ilka Becker from Arabian Adventures, Sharmeen Sayed, Yasmine Behnam and Robin Chapman for his cat sitting and support. A mighty *shukran* to you all.

## ACKNOWLEDGMENTS

Cover photograph: Burj al-Arab, Dubai; Merten Snijders/Lonely Planet Images.

Many of the images in this guide are available for licensing from Lonely Planet Images: [www.lonelyplanetimages.com](http://www.lonelyplanetimages.com).

## THIS BOOK

This 7th edition of *Dubai & Abu Dhabi* was written and researched by Josephine Quintero. The 6th edition was written by Andrea Schulte-Peevers and the 5th edition was written by Matthew Lee and John A Vlahides. This guidebook was commissioned in Lonely Planet's Melbourne office and produced by the following:

### **Commissioning**

**Editors** Sam Trafford,  
William Gourlay

### **Coordinating Editors**

Susie Ashworth, Carolyn Bain

### **Coordinating Cartographers**

Valentina Kremenchutsкая, Jolyon Philcox

### **Coordinating Layout Designer**

Wendy Wright

### **Managing Editors**

Brigitte Ellemor, Martine Power,  
Angela Tinson

### **Senior Editors**

Andi Jones,  
Susan Paterson

### **Managing Cartographers**

Adrian Persoglia, Amanda Sierp

### **Managing Layout**

**Designer** Jane Hart

### **Assisting Editors**

Kate Mathews, Joanne Newell

### **Assisting Cartographers**

Corey Hutchison, Eve Kelly,  
Peter Shields

### **Assisting Layout Designer**

Yvonne Bischofberger

### **Cover Research**

Naomi Parker

### **Internal Image Research**

Jane Hart

### **Language Content**

Branislava Vladislavljevic

### **Thanks to**

Shahara Ahmed,  
Anita Banh, Janine Eberle,

Ryan Evans, Larissa Frost,

Laura Jane, Trent Paton,

Suzannah Shwer, Laura

Stansfeld, John Taufa,

Gerard Walker

# Index

## 1x1 Contemporary Art 81

### A

Abbasid dynasty 150  
 abras 52, 64, 175  
 Abu Dhabi 13, 117-23, **120-1**  
   accommodation 123  
   airport 172  
   beaches 118  
   drinking & nightlife 118, 122-3  
   entertainment 123  
   food 118, 120-2  
   highlights 12, 117, **12**  
   information 118  
   shopping 118, 123  
   sights 119-20  
   tours 119  
   travel to/from 118, 172  
   travel within 119  
 Abu Dhabi Falcon Hospital (Abu Dhabi) 120  
 Abu Dhabi Grand Prix 22, **22**  
 Abu Dhabi Heritage Village (Abu Dhabi) 119  
 accommodation 15, 134-46,  
   see also Sleeping  
   subindex  
 Abu Dhabi 123  
 Bur Dubai 138-40  
 costs 134, 135  
 Deira 137-8  
 desert resorts 144  
 Dubai airport 140  
 Jumeirah 142-3  
 language 187  
 New Dubai 143-6  
 Sheikh Zayed Road &  
   Around 140-2  
 websites 15, 134

Sights 000

Map Pages **000**

Photo Pages **000**

activities 20-2, 42-5, see  
   also individual  
   activities, individual  
   neighbourhoods, Sports  
   & Activities subindex

air travel 158, 172  
 airports 158, 172  
 Al Majaz (Sharjah) 13, 126  
 Al Mateena 54  
 Al-Ahmadiya School 53  
 Al-Ain 128-30  
   festivals 20-1  
 Al-Ain National Museum  
   (Al-Ain) 129  
 Al-Ain Oasis (Al-Ain) 129  
 Al-Ain Wildlife Park  
   (Al-Ain) 129  
 alcohol, see drinking  
 Al-Jahili Fort (Al-Ain)  
   129-30  
 Al-Maktoum dynasty  
   151-4  
 Al-Mamzar Beach Park 94  
 Al-Qasba (Sharjah) 126  
 Al-Quoz 10, 80-2, 169  
 Al-Safa Park 93  
 Al-Serkal Cultural  
   Foundation 65  
 ambulance 178  
 animals 163-4, see also  
   individual animals  
 Arab Spring 149  
 Arabic 187-92  
   alphabet 191  
   courses 177  
 architecture 9, 166-8  
   museums 66  
 area codes 183  
 Art Dubai 10, 20, 168, **10**  
 art galleries 10, 26, 78, 80-3,  
   168-9  
 Art Sawa 82  
 arts 36, 166-70, see also  
   art galleries, music  
 ATMs 181  
 attars 39-40  
 ayyalah 169  
 Ayyam Gallery 83

### B

Badiyah Mosque (UAE East  
 Coast) 132  
 Bait al-Naboodah  
   (Sharjah) 125  
 barasti 166-7  
 bargains 19, 38, 73  
   flea markets 100-1  
 bars, see drinking  
 Bastakia Quarter 9, 65, **8**  
 bathrooms 183  
 beaches 19, 26, 92, 94  
   Abu Dhabi 118  
 Bedouin 126  
 Behnam, Yasmine 99  
 bicycle travel 119  
 birds 163-4  
 birdwatching 80  
 boat trips 43, 69, 76, 106,  
   see also abras  
 books 148  
   carpet buying 60  
   history 150  
 bridges 52  
 brunch 110  
 buildings, see  
   architecture  
 bull-butting 131  
 Bur Dubai 63-76, 152, **63**,  
   **210-11**, **214-15**  
   accommodation 138-40  
   drinking & nightlife  
     64, 72  
   food 64, 67-71  
   highlights 7, 9, 63  
   shopping 72-5  
   sights 64, 65-7  
   sports & activities 75-6  
   transport 64  
   walks 68, **68**  
 Bur Dubai Souq 66  
 Burj al-Arab 9, 92, 94-5,  
   167, **3**, **8**  
 Burj Khalifa 13, 79, 167  
 bus travel 173, 175, see  
   also water buses

business hours 177  
 drinking & nightlife 32  
 entertainment 36  
 food 28  
 shopping 38

### C

Café Ceramique 23  
 call to prayer 138  
 Camel Market (Al-Ain) 129  
 camel racing 44  
 camels 102, **3**  
 camping 44  
 car travel 174-5, 176  
 Carbon 12 82  
 carpets 39, 101  
   books on purchasing 60  
 Cartoon Art Gallery 82  
 cell phones 14, 183  
 censorship 149, 156, 178  
 chemists 180  
 children, travel with 23-4  
 Children's City 67  
 Chill Out Festival 21  
 cinemas 35, see also  
   film  
 climate 15, 20-2  
 clubs, see nightlife  
 concert venues 114  
 consulates 178  
 costs 14  
   accommodation 134, 135  
   food 28  
   drinking & nightlife 32  
   entertainment 36  
   sports & activities 43  
 courses 177  
 Courtyard 82  
 courtyard houses 166  
 credit cards 181  
 Creek, the, see Dubai Creek  
 Creekside Park 67  
 cricket 75  
 Cuadro 82  
 culture 19, 148-9, 159-61  
 currency 14, 179

See also separate subindexes for:



**EATING P199**



**DRINKING & NIGHTLIFE P200**



**ENTERTAINMENT P201**



**SHOPPING P201**



**SPORTS & ACTIVITIES P202**



**SLEEPING P202**

customs regulations 177  
cycling 119

## D

dance 169  
dancing, *see* nightlife  
dangers 182-3  
dates 40  
day spas 42, *see*  
    *also* Sports & Activities  
    *subindex*  
day trips, *see also* desert  
    trips  
    Abu Dhabi 13, 117-23,  
    **120-1**  
    Al-Ain 128-30  
    Fujairah 131  
    Sharjah 13, 125-7  
    UAE East Coast 130-3

Deira 50-62, **50, 206-7, 208**

    accommodation 137-8  
    drinking & nightlife  
    51, 57-8  
    entertainment 58  
    food 51, 54-7  
    highlights 7, 9, 50  
    shopping 51, 58, 60-1  
    sights 52-4  
    sports & activities 61-2  
    transport 51  
    walks 59, **59**

Deira Covered Souq 53

Deira Gold Souq 7, 52, **7**

Deira Spice Souq 7, 52

desalination 165

desert trips 12, 44, 126,  
    131, **12**  
    resorts 144

development 164

Dhow Wharfage 53

Dibba 132

disabilities, travellers with  
    183-4

diving 42-3, 102-3, 132, 133

Diving Village 66-7

Diwali 21

DJs 32

dolphins 67, 115

Downtown Dubai

    food 83-4

    sights 79-80

drinking 27, 31-4, **33**, *see*  
    *also* nightlife, *individual*  
    *neighbourhoods*,  
    Drinking & Nightlife  
    *subindex*

buying alcohol 32-3  
costs 32

language 188-9  
opening hours 32  
ordering drinks 31  
Ramadan 31-2

driving, *see* car travel  
driving licences 174  
drugs 180  
drum circles 131

Dubai Aquarium &  
Underwater Zoo  
79-80, **3**

Dubai Creek 9, 52, 69, **9**

    walks 68, **68**

Dubai Creek Golf & Yacht  
Club 62, 167

Dubai Desert Conservation  
Reserve 128

Dubai Dolphinarium 67

Dubai Fashion Week 21

Dubai Ferry 106

Dubai Fountain 79

Dubai International Boat  
Show 21

Dubai International Film  
Festival 22, **22**

Dubai International  
Financial Centre 167

Dubai International Jazz  
Festival 20

Dubai Mall 79, 88, **89**

Dubai Marathon 20, 45

Dubai Marina 105, 106  
food 107-9

Dubai Museum 7, 65, **6-7**

Dubai Rugby Sevens 45

Dubai Shopping Festival  
20, 73

Dubai Sports Complex 13  
Dubai Tennis  
    Championships 20, 45

Dubai World Championship

    Golf Tournament 45

Dubai World Cup 21, 45

Dusit Thani Dubai  
142, 167

## E

East Coast of UAE 130-3  
economy 148, 149, 155-8  
websites 158

Eid al-Adha 181-2

Eid al-Fitr 181-2

electricity 177

electronics 40

embassies 178

emergencies 178  
language 189

Emirates Palace (Abu  
Dhabi) 119

Empty Quarter 82

entertainment 35-6, *see*  
    *also individual*  
    *neighbourhoods*,  
    Entertainment *subindex*  
costs 36  
opening hours 36  
environmental issues 107,  
    127, 162-5  
environmental  
    organisations 163  
environmental projects  
    128, 165  
etiquette 148  
events 20-2, 35, 45, 73  
expats 57, 148, 155, 161, 182

## F

fashion 21, 99, *see also*  
shopping

Ferrari World Abu Dhabi  
(Abu Dhabi) 119-20

festivals 20-2, 35, 45, 73  
film 148

    festivals 21, 22, 35

Financial District

    food 84-6

    sights 82-3

fire 178

fish 142, 164

Fish Market 53

flamingos 80

flea markets 100-1

food 13, 27-30, **29**, *see also*

*individual*  
    *neighbourhoods*,  
    Eating *subindex*

    brunch 110

    budget eats 26

    children 23

    costs 28

    ethnic food 56

    Farsi food 27

    fast food 28

    fine dining 28

    gourmet products 39, 40

    language 188-9

    opening hours 28

    pork 70

    restaurant

        reservations 28

    self-catering 29

    vegetarian 27, 64

football 45

foreign labour 57, 149, 155,  
    161, 182

free attractions 25-6

free zones 158

Friday Market (UAE East  
Coast) 132

Fujairah 131

## G

Gallery Isabelle van den  
Eynde 80-1

gay travellers 178

gems 40

geography 162

GITEX 21

Global Village 73

gold 40

Gold Souq, *see* Deira Gold  
Souq

golf 44, 62, 116

Dubai Desert Classic  
45

Dubai World  
Championship Golf  
Tournament 45

Jumeirah Golf Estates  
13, 44, 116

Grand Mosque (Abu Dhabi)  
12, 118, 119, **12**

Grand Mosque (Dubai)  
66

Green Art Gallery 81

Guggenheim Abu Dhabi  
(Abu Dhabi) 119

gyms 43-4, *see also* Sports  
& Activities *subindex*

## H

Hamdan bin Mohammed  
bin Rashid al-Maktoum  
154

hammams 115

handicrafts 40

health 180-1

Hejira 181, 182

henna tattoos 60

Heritage House 52-3

Heritage Village 66-7

Hili Archaeological Park  
(Al-Ain) 130

Hindi Lane 7, 65-6

history 150-4

holidays 22, 181-2

horse racing 44, 89

    Dubai World Cup 21, 45

hotels, *see* accommodation  
human rights 148-9

## I

Ibn Battuta Mall 106, 113

ice skating 76, 90

immigration 57, 149,  
    161, 182

insurance

    car 174

    health 181

internet access 178-9

Islam 160, 161  
 call to prayer 138  
 holidays 181-2  
 museums 125  
 Ramadan 15, 31-2, 96,  
 160, 182  
 itineraries 16-17

## J

JamJar 81  
 Jebel Hafeet (Al-Ain) 129  
 jewellery 38-9  
 Jumana – Secret of the  
 Desert 81  
 Jumeirah 91-103, **91**,  
**218-19, 5**  
 accommodation 142-3  
 drinking & nightlife 10,  
 92, 97-8  
 entertainment 98-9  
 food 92, 95-7  
 highlights 9, 91  
 shopping 99-102  
 sights 93-5  
 sports & activities 102-3  
 transport 92  
 Jumeirah Beach Hotel  
 142, 167  
 Jumeirah Beach Park  
 92, 94  
 Jumeirah Beach Residence  
 Open Beach 94  
 Jumeirah Emirates  
 Towers 140, 167  
 Jumeirah Golf Estates 13,  
 44, 116  
 Jumeirah Mosque 93  
 Jumeirah Open Beach  
 43, 94

## K

khaleeji 170  
 khanjars 103  
 Khor Fakkan Corniche  
 (UAE East Coast) 132  
 Khor Kalba (Fujairah)  
 131  
 Kidzania 80  
 Kite Beach 43, 94  
 kitesurfing 43

## L

language 187-92  
 courses 177

Sights 000

Map Pages **000**

Photo Pages **000**

Le Meridien Mina Seyahi  
 Beach Resort & Marina  
 94, 145  
 legal matters 179-80  
 lesbian travellers 178  
 local life, see *individual  
 neighbourhoods*  
 lifestyle 159-61  
 literature, see books  
 Lost Chambers 106  
 Louvre Abu Dhabi (Abu  
 Dhabi) 119  
 luxury 18-19

## M

Madinat Jumeirah 93  
 magazines 179  
 Majlis Gallery 65  
 Majlis Ghorfat  
 Um-al-Sheef 93  
 Maktoum, Hamdan bin  
 Mohammed bin Rashid  
 al- 154  
 Maktoum, Sheikh Maktoum  
 bin Hasher al- 151-2  
 Maktoum, Sheikh Maktoum  
 bin Rashid al- 153  
 Maktoum, Sheikh  
 Mohammed bin Rashid  
 al- 154, 156, **153**  
 Maktoum, Sheikh Rashid  
 bin Saeed al- 153  
 Mall of the Emirates 106,  
 112-13  
 malls, see shopping  
 maps 106  
 marathons 20, 45  
 Maraya Art Centre (Abu  
 Dhabi) 126  
 markets, see shopping  
 marriage 159  
 Masdar City 165  
 massages 42  
 Mawaheb from Beautiful  
 People 65  
 medical services 180-1  
 Meem Gallery 81-2  
 metro 175, 176  
 Meydan Racecourse 44,  
 89, 114  
 Middle East International  
 Film Festival 21  
 Mina A'Salam & Al-Qsar  
 94  
 mobile phones 14, 183  
 money 179, 181, see also  
 costs  
 monorail 175  
 mosques  
 Badiyah Mosque (UAE  
 East Coast) 132

Grand Mosque (Dubai)  
 66  
 Jumeirah Mosque 93  
 Sheikh Zayed bin Sultan  
 al-Nahyan Mosque  
 (Abu Dhabi) 12, 118,  
 119, **12**

motor racing 44-5  
 Abu Dhabi Grand Prix  
 22, **22**

Mubadala World Tennis  
 Championship 22  
 Musandam Peninsula  
 43, 132

museums 25-6  
 Al-Ain National Museum  
 (Al-Ain) 129  
 Dubai Museum  
 7, 65, **6-7**  
 Sharjah Art Museum  
 (Sharjah) 125-6  
 Sharjah Maritime  
 Museum (Sharjah)  
 126-7  
 Sharjah Museum of  
 Islamic Civilisation  
 (Sharjah) 125  
 Sheikh Zayed Palace  
 Museum (Al-Ain) 129  
 Traditional Architecture  
 Museum 66

music 169, 170, see also  
 Drinking & Nightlife,  
 Entertainment  
*subindexes*  
 festivals 20-1  
 live music 35-6

## N

Nahyan, Sheikh Khalifa bin  
 Zayed al- 155, 157  
 Nahyan, Sheikh Zayed bin  
 Sultan al- 151, 152, 153  
 Naif 54  
 National Bank of Dubai  
 167  
 New Dubai 104-16, **104**,  
**220-1**  
 accommodation 143-6  
 drinking & nightlife 105,  
 109-12  
 entertainment 112  
 food 105, 107-9, 110  
 highlights 104  
 shopping 112-14  
 sights 106  
 sports & activities  
 115-16  
 transport 105  
 New Naif Market 53-4  
 newspapers 179

nightlife 10, 18, 31-4, 111,  
**33**, see also *individual  
 neighbourhoods*,  
 Drinking & Nightlife  
*subindex*  
 costs 32  
 opening hours 32  
 websites 32  
 Nol Cards 176

## O

off-road driving 44, see  
 also desert trips  
 oil 152, 156  
 opening hours 177  
 food 28  
 drinking & nightlife 32  
 entertainment 36  
 shopping 38  
 Opera Gallery 82

## P

Palm Jumeirah 107  
 palm-leaf houses  
 166-7  
 pashminas 100  
 pearl diving 151  
 perfumes 39-40  
 pharmacies 180  
 planning  
 accommodation  
 15, 135  
 budgeting 14, 25-6  
 children 23-4  
 Dubai basics 14-15  
 Dubai's neighbourhoods  
 48-9  
 festivals & events  
 20-2  
 itineraries 16-17  
 repeat visitors 13  
 restaurant  
 reservations 28  
 travel seasons 15, 20  
 websites 14-15  
 plants 162-3  
 plastic surgery 76  
 playgrounds 24  
 Playnation 58  
 police 178  
 politics 148-9, 155-8  
 population 148-9,  
 159-61  
 pork products 70  
 postal services 181  
 Pro Art Gallery 93  
 public holidays  
 22, 181-2  
 pubs, see drinking

**R**

radio 179  
 Ramadan 15, 31-2, 96, 160, 182  
 Ras al-Khor Wildlife Sanctuary 80  
 red tide 164  
 religion 149, 159, 160, 161  
 relocating 182  
 reservations  
   accommodation 135  
   restaurants 28  
 resorts, *see*  
   accommodation  
 restaurants, *see* food  
 Rhodes, Gary 107  
 rugby 45  
 rugs, *see* carpets  
 running 20, 42, 45, 90, 103

**S**

Saadiyat Island (Abu Dhabi) 10, 13, 119, 169  
 sabkha 162  
 safety 182-3  
 sandboarding 12, 44, **12**  
 Sandoval, Richard 108  
 Satwa 95, 96  
 self-catering 29  
 Sharjah 13, 125-7  
   airport 172  
 Sharjah Aquarium (Sharjah) 126  
 Sharjah Art Museum (Sharjah) 125-6  
 Sharjah Desert Park (Sharjah) 126  
 Sharjah Maritime Museum (Sharjah) 126-7  
 Sharjah Museum of Islamic Civilisation (Sharjah) 125  
 Sharjah World Book Fair 22  
 sheesha 31  
 Sheikh Mohammed Centre for Cultural Understanding 67  
 Sheikh Saeed al-Maktoum House 66, 152  
 Sheikh Zayed bin Sultan al-Nahyan Mosque (Abu Dhabi) 12, 118, 119, **12**  
 Sheikh Zayed Palace Museum (Al-Ain) 129  
 Sheikh Zayed Road & Around 77-90, **77**, **216-17**  
   accommodation 140-2  
   drinking & nightlife 78, 86-7  
 entertainment 87  
 food 78, 83-6  
 highlights 10, 77  
 shopping 88-9  
 sights 78, 79-83  
 sports & activities 89-90  
 transport 78  
 Shindagha Heritage Area 25, 66, **25**  
   shopping 7, 19, 37-41, 99, **39**, *see also individual neighbourhoods*, Shopping *subindex*  
   bargains 19, 38, 73  
   carpets 101  
   festivals 20, 21, 73  
   flea markets 100-1  
   gold 52  
   language 189  
   malls 11, 38  
   opening hours 38  
   pashminas 100  
   souqs 7, 25, 38, 59, **16**  
   souvenirs 39, 40, 102  
   websites 38  
 Shri Nathje Jayate Temple 65-6  
 Sikh Gurudaba 66  
 Ski Dubai 42, 113, **11**  
 smoking 179, *see also sheesha*  
 soccer 45  
 Souq al-Bahar 79, 88  
 souqs 7, 25, 38, **16**  
   Bur Dubai Souq 66  
   Deira Covered Souq 53  
   Deira Gold Souq 7, 52, **7**  
   Deira Spice Souq 7, 52  
   Textile Souq 7, 66  
   walks 59, **59**  
 souvenirs 39, 40, 102  
 Spice Souq, *see* Deira Spice Souq  
 sports 42-5, *see also individual neighbourhoods*, individual sports, Sports & Activities *subindex*  
   events 20-22, 45  
   ticket websites 43  
   venues 114  
 surfing 43  
 sustainability 127, 164-5  
 swimming 21, 94

**T**

tailors 74  
 taxis 143, 173-4

tea 58  
 telephone services 14, 183  
 tennis 20, 22, 45  
 Textile Souq 7, 66  
 textiles 40  
 theatre 36  
 theme parks 23, 76, 80, 90, 119-20  
 Third Line 81  
 time 14, 183  
 tipping 27, 181  
 toilets 183  
 tourism 148-9, 157  
 tourist information 14, 183  
 tours 65, 119, 176, *see also* boat trips, desert trips  
 trade 157, 158  
 Traditional Architecture Museum 66  
 traditions 19, 148-9, 159-61  
 travel to Dubai 15, 172-3  
   language 190  
 travel within Dubai 15, 32, 52, 143, 173-6  
   language 190  
 trees 162-3  
 Trucial Coast 151-2  
 Trucial States Council 152  
 turtles 164

**U**

UAE East Coast 130-3  
 Umayyad dynasty 150  
 Umm Suqeim 93-5  
 Umm Suqeim Beach 94  
 United Arab Emirates 153

**V**

vacations 22, 181-2  
 vegetarian travellers 27, 64  
 VIP areas 111  
 visas 14, 184  
 visual arts 168-9, *see also* art galleries

**W**

Walk at JBR, The 106  
 walks  
   Bur Dubai 68, **68**  
   Deira 59, **59**  
 wasta 161  
 water buses 175-6  
 water consumption 165  
 water sports 116  
 waterparks 24, 102, 115  
 waterskiing 43  
 weather 15, 20-2

websites  
   accommodation 15, 134  
   economy 158  
   nightlife 32  
   planning 14-15  
   shopping 38  
   sports tickets 43  
 Wild Wadi Waterpark 102  
 wildlife 163-4  
 wind towers 166  
 wine, *see* drinking  
 women in Dubai 159  
 women travellers 184-5  
 work 185-6  
 World, The 164

**X**

XVA 82-3

**Y**

Yas Island (Abu Dhabi) 123  
 yoga 90

**Z**

Za'abeel Park 67

**EATING****A**

Abesinian Restaurant 56  
 Afghan Khorasan Kebab House 56  
 Al Mansour Dhow 55  
 Al-Baghdati Home 56  
 Al-Dawaar 55  
 Al-Diwan Restaurant (Al-Ain) 130  
 Al-Khaima 109  
 Al-Mahara 95  
 Al-Meshwar (UAE East Coast) 133  
 Al-Nafoorah 85  
 Al-Qasr 110  
 Antique Bazaar 70-1  
 Aquara 108-9, 110  
 Aroos Damascus 56  
 Asado 83  
 Asha's 69  
 Ashiana 55  
 Ashwaq Cafeteria 56  
 Awtar 69  
**B**  
 Bait Al Wakeel 69  
 Baker & Spice 83

Basta Art Cafe 71  
 Bastakiah Nights 71  
 Bella Donna 97  
 BiCE 108  
 Blue Barjeel 69  
 Buddha Bar 108

**C**

Cafe Arabesque 56  
 Café du Roi (Abu Dhabi)  
 122  
 China Club 55  
 Chutneys 70  
 Cold Stone Creamery 88  
 Curry Leaf 71

**E**

Eauzone 107  
 Emporio Armani Caffè 84  
 Exchange Grill 85

**F**

Fazaris 84  
 Finz (Abu Dhabi) 121  
 Fire & Ice 70  
 Frankie's Italian Bar &  
 Grill 109  
 Frozen Yoghurt Factory 88

**G**

Glasshouse Mediterranean  
 Brasserie 55  
 Gourmet Burger Kitchen  
 86

**H**

Hoi An 83  
 Hukama 83-4

**I**

Indego 107-8  
 Iranian Club 110  
 Iranian Pars Restaurant  
 (UAE East Coast) 133  
 Ivy 84

**J**

Jamie's Italian 61  
 Japengo Cafe 96  
 Jones the Grocer  
 (Abu Dhabi) 120-1

**K**

Kan Zaman 70  
 Karma Kafe 84  
 Khazana 70

**L**

La Petite Maison 85  
 Lebanese Village  
 Restaurant 71  
 Lemongrass 69  
 Lime Tree Cafe 95

**M**

Makani (Al-Ain) 130  
 Marco Pierre White  
 Steakhouse & Grill  
 (Abu Dhabi) 122  
 Marrakech 84  
 Maya 108  
 Mazina 109  
 Milano 88  
 Miyako 55  
 More 84  
 Morelli's Gelato 88

**N**

Na3na3 84  
 Nina 108  
 Noble House 71  
 Noodle Bowl 97  
 Noodle House 85-6

**O**

Olive Gourmet 70

**P**

Pai Thai 96  
 Pars Iranian Kitchen 96  
 Paul 71  
 Pepper Crab 67-9  
 Pierchic 95  
 Pinoy Grill 56

**R**

Ravi 96  
 Rhodes Mezzanine 107  
 Rhodes Twenty 10 107  
 Rib Room 85  
 Rivington Grill 83

**S**

Sadaf (Sharjah) 127  
 Saravanaa Bhavan 71  
 Sayad (Abu Dhabi) 122  
 Sezzam 109, 110

Shababeek (Sharjah) 127  
 Shabestan 54  
 Shahryar (Al-Ain) 130  
 Shakespeare & Co  
 (Abu Dhabi) 122  
 Shiv Ganya 69-70  
 Sho Cho (Abu Dhabi)  
 121  
 Smiling BKK 95-6  
 Special Ostadi 69  
 Spectrum on One  
 85, 110  
 Spice Island 55, 110  
 Splendido 108, 110  
 Stefano's (Sharjah) 127  
 Sumibiya 55

**T**

Table 9 57  
 Tagine 109  
 Thai Kitchen 56, 110  
 The Ivy 13  
 The Meat Company 96  
 THE One 96  
 Thiptara 83  
 Tiffinbites 108  
 Toro Toro 108  
 Traiteur 54  
 Tribes 109

**V**

Vu's 85

**X**

Xiao Wei Yang 54  
 XVA Cafe 71

**Y**

Yalumba 110  
 Yum! 57

**Z**

Zaatar W Zeit 86  
 Zheng He's 95  
 Zuma 85

 **DRINKING & NIGHTLIFE**

1897 111  
 360° 98

**A**

Agency (Jumeirah) 97  
 Agency (Sheikh Zayed  
 Road & Around) 86

**B**

Bahri Bar 97  
 Bar 44 111  
 Bar Zar 98  
 Barasti 111-12  
 Belgian Café (Abu Dhabi)  
 122-3  
 BiCE Sky Bar 110  
 Blends 111  
 Boudoir 98  
 Buddha Bar 111, 11

**C**

Calabar 86  
 Catwalk Club 112  
 Cavalli Club 87  
 Chi 72  
 Cin Cin 86  
 Cooz 72  
 Cristal (Abu Dhabi)  
 122

**D**

Double Decker 87

**E**

Eight Restaurant & Bar  
 (Abu Dhabi) 123  
 Etoiles (Abu Dhabi) 123

**F**

Fibber Magee's 87

**H**

Harry Ghatto's 86  
 Hive 87

**I**

Ikandy 86  
 Irish Village 57  
 Issimo 57

**K**

Koubba 98  
 Ku-Bu 57-8

**L**

Left Bank 97  
 Legends 97  
 Library Bar 111

**M**

Malecon 97-8  
 Maya 111

Sights 000

Map Pages 000

Photo Pages 000

**N**

Nasimi Beach 112  
N'Dulge 112  
Neos 86  
Nezesaussi 87

**O**

Old Vic 72

**P**

People by Crystal 72

**Q**

QD's 57

**R**

Red Lounge 72  
Rock Bottom Café 72  
Rooftop Bar 109-10

**S**

Samuvar 111  
Sheesha Courtyard 112  
Sho Cho 98  
Skyview Bar 92, 97  
Submarine 72

**T**

Terrace 57  
Trader Vic's (Al-Ain) 130  
Trilogy 98

**U**

Uptown Bar 97

**V**

Vu's Bar 86

**Z**

Zinc 87  
Zyara 87

**ENTERTAINMENT**

Al Sahra Desert Resort 81  
Blue Bar 87  
Dubai Community Theatre  
& Arts Centre 112  
Festival Concert Arena 61  
First Group Theatre at  
Madinat 99  
Fridge 98  
Jambase 98  
Jazz Bar (Abu Dhabi) 123

Jules Bar 58  
Jumana – Secret of the  
Desert 81  
Meydan Racecourse  
44, 89, 114  
Palladium 112  
Reel Cinemas 87  
The Sevens 114  
Vox Mall of the  
Emirates 112  
Yas Arena (Abu Dhabi)  
114  
Yas Island (Abu Dhabi)  
123

**SHOPPING****A**

A Boutique Society 99  
Abu Dhabi Mall  
(Abu Dhabi) 123  
Ahmed Eisa Kamali 73  
Aizone 113-14  
Ajmal (Bur Dubai) 74  
Ajmal (Mirdif City  
Centre) 58  
Al Washia 60  
Al-Ain Centre 74  
Al-Ghurair City 58-60  
Al-Orooba Oriental 73  
Aminian Persian Carpets  
114  
Apple Bottoms 58  
Armani Junior 89  
Arts & Crafts 100

**B**

Balmain 58  
Bang & Olufsen 75  
Bateel 74  
Bauhaus 114  
Blue Cactus 100  
Boulevard at Jumeirah  
Emirates Towers 89  
Boutique 1 114  
BurJuman Centre  
72-3

**C**

Camel Company 102  
Candylicious 88  
Carrefour 60  
Central Market  
(Abu Dhabi) 123  
Central Souq (Sharjah)  
127  
Covent Garden Market 113

**D**

Damas 61  
Deira City Centre 58  
Dubai Festival Centre 61  
Dubai Flea Market 100-1  
Dubai Mall 79, 88, 89

**E**

Early Learning Centre 61

**F**

Faces 74  
Five Green 73  
Fleurt 100  
Fono 114  
Forever 21 114

**G**

G-1 114  
Galaxy Piano 73  
Garderobe 100  
Gift Village 61  
Ginger & Lace 113  
Gold & Diamond Park 89

**H**

Hamdan Centre  
(Abu Dhabi) 123  
House of Prose 100

**I**

Ibn Battuta Mall 106, 113  
If 99

**J**

Jumbo Electronics 114

**K**

Kalifa Centre Shopping  
Mall (Abu Dhabi)  
123  
Karama Shopping Centre  
74-5  
Kinokuniya 88

**L**

Lata's 102  
Lush 60  
Luxecouture 100

**M**

Mall of the Emirates  
106, 112-13  
Mango Touch 60  
Marami 88

Marina Mall (Abu Dhabi)  
123  
Marina Mall (New Dubai)  
113  
Mercato Mall 102  
Mikyajy 61  
Mirdif City Centre 58

**O**

O' de Rose 99  
Ohm Records 74  
Organic Foods & Cafe 88

**P**

Pottery Barn 58

**R**

Rectangle Jaune 114  
Royal Saffron 75

**S**

S\*uce 99  
S\*uce Light 99  
See by Chloe 58  
Shoppers Department  
Store 74  
Showcase Antiques, Art &  
Frames 100  
Silk Wonders 75  
Souq al-Arsa (Sharjah) 127  
Souq al-Bahar 79, 88  
Souq Madinat Jumeirah  
102

**T**

Taharan Persian Carpets &  
Antiques 89  
Tape à l'Oeil 114  
The Toy Store 114  
Topshop 101-2

**U**

United Designers 58

**V**

Virgin Megastore 61

**W**

Wafi Mall 72, **37**  
Women's Secret 61

**Y**

Yasmine 99

**Z**

Zara 61

**SPORTS & ACTIVITIES**

1847 90  
 Absolute Adventure Centre (UAE East Coast) 133  
 Al Boom Diving (Dubai) 102-3  
 Al Boom Diving (UAE East Coast) 133  
 Al-Marsa (UAE East Coast) 133  
 Al-Nasr Leisureland 76  
 Amara 61-2  
 Aquaventure 115  
 Arthur Murray Dance School 115  
 Aviation Club 62  
 Bateaux Dubai 69  
 Bliss Relaxology 62  
 Dolphin Bay 115  
 Dubai Creek Golf & Yacht Club 62, 167  
 Dubai Creek Striders 90  
 Dubai Ice Rink 90  
 Dubai International Art Centre 103  
 Dubai Road Runners 103  
 Emirates Golf Club 116  
 Favourite Things 116  
 Fitness First 75  
 Freestyle Divers (UAE East Coast) 133  
 Funride (Abu Dhabi) 119  
 Gems of Yoga 90  
 Grand Hyatt Gym 76  
 Jumeirah Golf Estates 13, 44, 116  
 Meydan Racecourse 44, 89, 114  
 Montgomerie Dubai 116  
 One&Only Spa 115  
 Pavilion Dive Centre 103  
 Pharaohs' Club 75  
 Sega Republic 90  
 Sensasia Urban Spa 103  
 Ski Dubai 42, 113, **11**  
 SkillZ 103  
 Softtouch Spa 115-16  
 Spa at the Palace – The Old Town 90  
 Stargate 76  
 Talise 90, 103  
 The Palace Water Sports 116  
 The Sevens 114

Wild Wadi Waterpark 102  
 Wonder Bus Tours 76  
 Yas Arena (Abu Dhabi) 114  
 Yas Island (Abu Dhabi) 123

**SLEEPING****A**

Address Downtown Dubai 141  
 Address Dubai Mall 141  
 Address Dubai Marina 145  
 Airport sleep pods 13  
 Al Maha Desert Resort & Spa 144  
 Al-Ain Rotana Hotel (Al-Ain) 130  
 Al-Bustan Rotana 137-8  
 Al-Manzil Hotel 142  
 Al-Qasr, Madinat Jumeirah 142  
 Arabian Courtyard Hotel & Spa 140  
 Armani Hotel 13, 140-1

**B**

Bab al-Shams Desert Resort & Spa 144  
 Burj al-Arab 9, 92, 94-5, 167, **3, 8**

**C**

Centro Barsha 146  
 Coral Beach Boutique Hotel Apartments 145

**D**

Danat Al-Ain Resort (Al-Ain) 130  
 Dar Al Sondos Hotel Apartments by Le Meridien 139  
 Desert Palm 144  
 Dubai Marine Beach Resort & Spa 143  
 Dubai Nova 140  
 Dubai Youth Hostel 140  
 Dusit Thani Dubai 142, 167

**E**

Emirates Palace (Abu Dhabi) 123

**F**

Fairmont 141  
 Four Points by Sheraton Bur Dubai 139-40  
 Four Points by Sheraton Downtown Dubai 140

**G**

Golden Sands Hotel Apartments 139  
 Grand Hyatt Dubai 139  
 Grosvenor House 145

**H**

Hilton Dubai Creek 137  
 Holiday Inn Express 143  
 Hotel JAL Fujairah Resort & Spa (UAE East Coast) 132

**I**

Ibis Mall of the Emirates 146  
 Ibis World Trade Centre 141

**J**

Jumeirah Beach Hotel 142, 167  
 Jumeirah Emirates Towers 140, 167

**K**

Kempinski 145

**L**

Landmark Hotel 137  
 Le Meridien al-Aqah Beach Resort (UAE East Coast) 132  
 Le Meridien Mina Seyahi Beach Resort & Marina 94, 145  
 Le Royal Meridien Beach Resort & Spa 143-4

**M**

Marbella Resort (Sharjah) 127  
 Mina A' Salam, Madinat Jumeirah 142-3  
 Mövenpick Hotel Bur Dubai 139

**N**

Najd Hotel Apartments 145

**O**

One&Only Royal Mirage 143  
 One&Only The Palm 13  
 Orient Guest House 139

**P**

Palace – The Old Town 141  
 Park Hyatt Dubai 137  
 Premier Inn 140

**Q**

Qamardeen Hotel 141

**R**

Radisson Blu Hotel 137  
 Raffles Dubai 138  
 Ramada Hotel 139  
 Ritz-Carlton Dubai 144-5  
 Riviera Hotel 137  
 Rydges Plaza 143

**S**

Sandy Beach Hotel & Resort (UAE East Coast) 132  
 Shangri-La 141  
 Sheraton Deira 138  
 Sheraton Dubai Creek Hotel & Towers 137

**T**

Traders Hotel (Abu Dhabi) 123

**V**

Villa 47 137

**W**

Westin Dubai Mina Seyahi 145

**X**

XVA Hotel 139

Sights 000

Map Pages 000

Photo Pages 000