

Experience the best of Maui



Discover Maui



Throughout this book, we use these icons to highlight special recommendations:



The Best...

Lists for everything from beaches to wildlife – to make sure you don't miss out



Local experts reveal their top picks and secret highlights



Detour

Special places a little off the beaten track

These icons help you quickly identify reviews in the text and on the maps:













This edition written and researched by

Glenda Bendure, Ned Friary, Amy C Balfour

Contents

Plan Your Trip On the Road

This Is Maui	4
Maui Map	6
Maui's Top 15 Experiences	8
Maui's Top Itineraries	. 20
Get Inspired	. 25
Maui Month by Month	.26
Need to Know	.28

Lahaina Itineraries Highlights	
West Maui	57
Itineraries	58
Highlights	59
Lahaina to Maʻalaea	. 60
Lahaina to	
Kaʻanapali	
Kaʻanapali	
Honokowai	
Kahana	75
Napili	76
Kapalua & Northern	
Beaches	
Kahekili Highway	. 85
'Iao Valley &	
Central Maui	91
	-
Itineraries	
Highlights	
Kahului Halekiʻi-Pihana Heiau	
Daleki i-Pinana Helali	

State Monument103 Wailuku.....104 Wailuku to 'lao Valley State Park108

State Park109

Pu'unene 110

Kealia Pond National Wildlife Refuge......110 Ma'alaea111

'lao Valley

01
Kihe Mau Itinera Highli Kihei. Wailea Maker Beyor
Nort Upc Itiner Highli Pa'ia Hali'ir Makaw Ha'iku Pukal Kula Polipo Recre Keoke 'Ulupa
Hale Nati

Kipahulu Area

('Ohe'o Gulch).....194

Kihei & South	
Maui	115
Itineraries	116
Highlights	
Kihei	. 118
Wailea	.132
Makena	.138
Beyond Makena	.142
North Shore &	
Upcountry	145
Itineraries	
Highlights	
Pa'ia	
Hali'imaile	.157
Makawao	.158
Ha'iku	
Pukalani & Around	.164
Kula	.165
Polipoli Spring State	
Recreation Area	
Keokea	
'Ulupalakua Ranch	. 172
Haleakalā	
National Park	175
Itineraries	
Highlights	
Summit Area	

In Focus

Survival Guide

Road to Hana	199
Itineraries	200
Highlights	201
Twin Falls	202
Huelo	202
Koʻolau Forest Reserve	203
Waikamoi Nature Trail & Waterfalls	203
Kaumahina State Wayside Park	205
Honomanu Bay	206
Ke'anae	206
Wailua	209
Nahiku	211
'Ula'ino Road	212
Waiʻanapanapa State Park	213

Maui Today	264
History	266
The People of Maui	274
Hawaii's Cuisine	278
Hawaiian Arts & Crafts	286
Family Travel	290
Green Maui	293
Outdoor Adventures	302
Lei	313

Directory	318
Transport	327
Glossary	. 333
Behind the Scenes	. 338
ndex	. 345
How to Use	
How to Use this Book	. 359
Our Writers	360



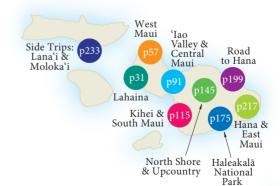




Hana &	
East Maui	217
Itineraries	218
Highlights	219
Hana	220
Hana to Kipahulu	228
Kipahulu	229
Pi'ilani Highway	230



& Molokaʻi	233
Itineraries	. 234
Highlights	235
Lana'i	236
Moloka'i	246





This Is Maui

Admit it – you're grinning already, even before you step on the plane. It starts with the idea of Maui...the anticipation. Maybe you can hear the twang of a steel guitar and feel the balmy breezes. But it's once you arrive that the real thrill begins.

The beaches themselves would be reason enough for all this excitement. Maui's entire west coast is fringed with golden sands, some backed by resorts, some full of beach towels and boogie boards, others as naked as the day they were born.

Maui boasts world-class conditions for anything that involves a wave. Yet each of its shores has a different temperament. You can ride monster breaks if you're a pro or learn to surf in gentle waves if you're not. Snorkel with sea turtles. Kayak with dolphins. Pin a sail to your board and fly with the wind.

Exploring on land is equally awesome. Strap on a pair of boots and hike the crunchy moonscape surface of the world's largest dormant volcano. Twist your way along the jungly cliff-hugging Hana Hwy, soaking up waterfalls and swimming holes. Or take it airborne on an adrenaline-charged swoop down Hawaii's longest zipline.

Diversity is a big part of the allure. Maui's resorts are world-renowned. Out of the limelight but equally worthy are the cozy B&Bs, offering the opportunity to experience island life up close. As for the food scene, it's proudly locavore from the fresh catch reeled in by Hana fishers to the grass-fed beef raised in Upcountry pastures. Foodies could spend their whole vacation touring farms and dining at chef-driven restaurants.

A harborful of sailboats offers more splashy fun. Take a sunset cruise, sail to a sunken volcano, see humpback whales eye to eye. And just in case your thirst for adventure or quietude is so great that not even Maui can slake it, a quick leap across the channel delivers you into the arms of Maui's smaller siblings, Lana'i and Moloka'i.

You can ride monster breaks or learn to surf in gentle waves

