





Jamaica



Jamaica, at first blush, is the Caribbean island many know best thanks to its relentless **exposure**. Is there a person out there who hasn't heard Bob Marley sing or seen Usain Bolt run?

But did you know there are Chinese Jamaicans and Jewish Jamaicans and white Jamaicans who speak patois as fluently as downtown Kingston yardies? Jamaica, perhaps more than any other Caribbean nation, also keeps one foot (and much of its cultural soul) rooted in Africa.

Jamaica packs in extremes. Long white beaches twinned with steep green mountains; relaxed resorts and adrenaline-charged ghettos; sweet reggae and slack dancehall. It's a complicated national soundtrack, but one that is impossible not to groove along to.