



Newquay & the North Coast

Includes ➔

Bude	195
Bosccastle.....	196
Port Isaac	198
Padstow	201
Newquay & Around ...	206
Perranporth to Portreath	213
Perranporth.....	213
St Agnes & Chapel Porth	213
Camborne, Redruth & the Mining World Heritage Site	216

Best Places to Eat

- ➔ Paul Ainsworth at No 6 (p204)
- ➔ Restaurant Nathan Outlaw (p201)
- ➔ Fifteen Cornwall (p212)
- ➔ No 4 Peterville (p215)

Best Places to Stay

- ➔ The Scarlet (p209)
- ➔ Elements Hotel (p195)
- ➔ Bosccastle House (p197)
- ➔ Bedruthan Hotel (p209)

Why Go?

If it's the classic Cornish combination of lofty cliffs, sweeping bays and white-horse surf you're after, then Cornwall's north coast fits the bill. Battered by Atlantic breakers and whipped by sea winds, the shoreline between St Ives and Bude is arguably the county's most dramatic stretch of coast. Unsurprisingly, this was poet John Betjeman's favourite part of Cornwall, but it's far from a well-kept secret; you'll be sharing the scenery with everyone from weekend surfers to coasteers and celebrity chefs.

The heart of the action is Newquay, north Cornwall's longstanding party town and the capital of the county's surf scene. The beaches are spectacular. If you prefer your sands quieter, head west towards the coastal villages of St Agnes and Perranporth, or east towards Padstow and its booming culinary culture. Even quieter are the out-of-the-way beaches east of the Camel Estuary towards Tintagel and Bosccastle.

When to Go

- ➔ **May** Join the throngs for Padstow's raucous oss'-themed May Day celebrations, but remember to book your accommodation early – or better still, stay out of town.
- ➔ **Aug** Watch the pros in action at the Boardmasters surf and music festival, the largest event of its kind in the UK. The action centres around Fistral Beach.
- ➔ **Late Sep** This is a great time of year to enjoy the north coast's beaches in relative peace and quiet – with a bit of luck, you might even get some early autumn sun.



Newquay & the North Coast Highlights

- 1 Taking a bracing dip at **Bude's Sea Pool** (p195)
- 2 Strolling among the rockstacks at **Bedruthan Steps** (p206)
- 3 Seeking out the secret valley pool at **St Nectan's Glen** (p200)
- 4 Pondering the Arthurian legends of **Tintagel Castle** (p198)
- 5 Chowling down in Cornwall's culinary capital, **Padstow** (p201)
- 6 Catching a wave in **Newquay** (p206) or **Polzeath** (p200)
- 7 Exploring sea-caves and minestacks at **Chapel Porth** (p213)
- 8 Delving into Cornwall's mining past around **Camborne** and **Redruth** (p216)