



Central Jutland

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Best Places to Eat

- ➔ Kähler Villa Dining (p216)
- ➔ Restaurant Gastronomisk Institut (p228)
- ➔ St Pauls Apothek (p216)
- ➔ Molskroen (p222)
- ➔ Hotel Julsø (p229)
- ➔ Henne Kirkeby Kro (p238)

Best Places to Stay

- ➔ Niels Bugges Hotel (p237)
- ➔ Hotel Guldsmeden (p215)
- ➔ Hotel Legoland (p233)
- ➔ Legoland Holiday Village (p232)
- ➔ Villa Zeltner (p227)

Why Go?

Easily the largest and most varied of all Danish regions, central Jutland encompasses dramatically different features, from the calm beaches of the sheltered east coast to the wild and woolly west coast, battered by North Sea winds. Lying in between, offering visual stimulation among the flatness, are the rolling hills and forests of the Lake District.

The real beauty of this region is that you can skip between themes depending on your mood. Fancy world-class art and top-notch restaurants? Aarhus, Jutland's main city and Denmark's second-largest metropolis, can provide. How about Viking history? Set sail for Hobro. Religious history? Off to Jelling. Want to explore the great outdoors? Head for Rold Skov or Silkeborg. Care to tackle nature's forces? Let loose on the waters of Hvide Sande. And OK, you've suppressed that inner child long enough – make a beeline for plastic-fantastic Legoland, and beware the accompanying pangs of childhood nostalgia.

When to Go

Warm weather is the key to enjoying much of this region (the beaches, theme parks, music festivals, activities), but Aarhus holds year-round appeal. Its museums, cafes and boutiques entertain in all weather, but the city's bars are in fact quieter in summer, when Aarhus University has its break.

If you're visiting in the shoulder season (May, June, September), it's worth checking when the various safari and amusement parks are open. Legoland, central Jutland's star attraction, is open daily May to August and most days in April, September and October (it's closed November to March).

Winter sees the big-ticket family attractions close, but cultural life steps up, with plenty of live theatre and music. December is rich with Christmas markets and good cheer.

Central Jutland Highlights

- 1 View Aarhus rooftops through rose-coloured glass atop **ARoS Aarhus Kunstmuseum** (p218)
- 2 Explore the sights of **Aarhus** (p208), then eat superbly and drink plentifully while sampling the nightlife
- 3 Revel in the great outdoors on a canoe trip in the **Lake District** (p225)
- 4 Marvel at microcosmic Miniland at **Legoland** (p231) before jumping on a few rides
- 5 Enjoy the wind in your hair – and sails – while learning to windsurf at **Hvide Sande** (p238)
- 6 Feel the weight of history at **Jelling** (p230), the spiritual home of the Danish royal family
- 7 Hop between beaches, theme parks and animal parks in the prime family-holiday territory of **Djursland** (p221)

