



Isla de la Juventud (Special Municipality)

POP 86,420

Includes ➔

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Best Beaches

- ➔ Playa Sirena (p169)
- ➔ Cayo Rico (p170)
- ➔ Playa Larga (p169)
- ➔ Punta Francés (p165)

Best Places to Stay

- ➔ Sol Cayo Largo (p171)
- ➔ Villa Choli – Ramberto Pena Silva (p164)
- ➔ Hotel Colony (p167)
- ➔ Villa Marinera (p171)

Why Go?

Historic refuge from the law for everyone from 16th-century pirates to 20th-century gangsters, La Isla is perhaps the quirkiest castaway destination you ever will see. Dumped like a crumpled apostrophe 100km off mainland Cuba, this pine-tree-clad island is the Caribbean's sixth largest. But the Cayman Islands this isn't. Other tourists? Uh-uh. And if you thought other Cuban towns were time-warped, try blowing the dust off island capital Nueva Gerona, where the main street doubles as a baseball diamond and the food 'scene' is stuck in the Special Period. Yet, if you make it here, you're in for a true adventure. The main lure is diving some of the Caribbean's most pristine reefs but otherwise, get used to being becalmed – as locals have – with the coral, the odd crocodile and a colorful history that reads like an excerpt from *Treasure Island*.

Further east, Cayo Largo del Sur is La Isla's polar opposite, a manufactured tourist enclave renowned for its wide, white-sand beaches.

When to Go

- ➔ The beach life, diving and snorkeling are highlights of La Isla, Cayo Largo or any of the other mini-paradieses in the Archipiélago de los Canarreos. The hottest times are the best: July to August along with the cooler-but-balmy high season in December to April.
- ➔ Always-spirited Nueva Gerona ups the ante for its biggest party, Carnaval, in March.

Isla de la Juventud Highlights

① Getting the lowdown on local life in petite, sleepy **Nueva Gerona** (p161).

② Lolling away the scorching afternoons at the tranquil reservoir of **Presa El Abra** (p163).

③ Exploring the ominous prison where Fidel Castro was once incarcerated at **Presidio Modelo** (p167).

④ Gawking at ancient cave paintings at **Cueva de Punta del Este** (p169).

⑤ Diving amid wrecks, walls, coral gardens and caves at **Punta Francés** (p165), the best place to dive in Cuba.

⑥ Watching turtles nesting on the moonlit beaches of **Cayo Largo del Sur** (p169).

⑦ Trekking along the wide, white (sometimes nudist) beaches to **Cayo Largo del Sur's Playa Sirena** (p169).

