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**SAN JOSÉ (p66)**

The cosmopolitan capital has world-class eateries, vintage taverns and the country's main cultural scene

**PARQUE NACIONAL TORTUGUERO (p458)**

Stay up late to spy endangered sea turtles nesting on wild black-sand beaches

**VOLCÁN IRAZÚ (p140)**

Allow your jaw to hit volcanic earth after taking in the view from the summit

**TURRIALBA (p146)**

Ride your adrenaline high after rafting some of the world's fiercest rapids

**PUERTO VIEJO DE TALAMANCA (p479)**

Surf one of the country's most challenging waves by day and groove to reggaeton at night in this happening Caribbean beach town

**PARQUE NACIONAL CHIRRIPO (p374)**

Climb to the lofty heights of Costa Rica's tallest peak

**PARQUE NACIONAL MANUEL ANTONIO (p349)**

Get up close and personal with rare squirrel monkeys

**DOMINICAL (p354)**

Surf until sunset at this terminally laid-back Pacific beach town

**PARQUE NACIONAL CORCOVADO (p421)**

Endure the multiday trek across the country's last great wilderness

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