



Fraser Island & the Fraser Coast

Includes ➔

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Best Places to Eat

- ➔ Coast (p153)
- ➔ Paolo's Pizza Bar (p153)
- ➔ Waterview Bistro (p155)
- ➔ Pop In (p157)
- ➔ Oodies Cafe (p161)
- ➔ Alowishus Delicious (p160)

Best Places to Sleep

- ➔ Eliza Fraser Lodge (p165)
- ➔ Debbie's Place (p155)
- ➔ Torquay Beachfront
Tourist Park (p152)
- ➔ Colonial Lodge (p151)
- ➔ Standy's B&B (p157)
- ➔ Inglebrae (p160)

Why Go?

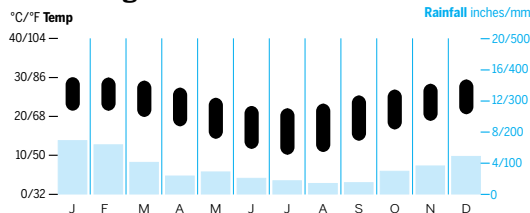
North of the much vaunted Sunshine Coast is this little pocket of quintessential Queensland which takes in World Heritage-listed Fraser Island and some mellow coastal communities, such as Hervey Bay and Rainbow Beach, the agricultural centre of Bundaberg, and numerous old-fashioned country towns never too far from the ocean.

Fraser is the world's largest sand island, home to ancient rainforests and luminous lakes, moody ocean swells and a beach shipwreck – few leave here unimpressed. Across the waters of the Great Sandy Strait, Hervey Bay appeals to retirees and young travellers alike, and from July to October, migrating humpback whales stream into the bay. Further south, tiny Rainbow Beach is a backpacker hot spot with decent surfing.

Bundaberg, the largest city in the region, is a friendly, sunny urban centre overlooking the sea of cane fields that fuels its eponymous rum, a fiery spirit guaranteed to scramble a few brain cells.

When to Go

Bundaberg



Aug Scoot your boots at the Gympie Music Muster.

Jul–Nov Watch humpback whales – optimal sighting time is August to October.

Nov–Mar Spy on turtles laying eggs in the sand at Mon Repos.



Fraser Island & the Fraser Coast Highlights

1 Fraser Island (p161)

Cruising up the beach 'highway', swimming in Lake McKenzie and camping under the stars.

2 Hervey Bay (p149)

Watching the whales play.

3 Mon Repos (p159)

Witnessing turtles take their first flipper-stumble down the beach.

4 Rainbow Beach (p154)

Gazing over the rainbow cliffs from atop the Carlo Sandblow

and diving with sharks at Wolf Rock.

5 Bundaberg Rum Distillery (p159) Sampling 'liquid gold' at this distillery in Bundaberg.