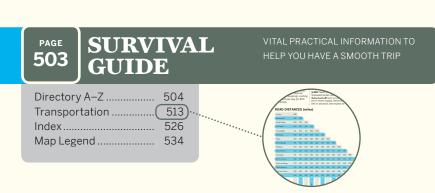
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YOUR COMPLETE DESTINATION GUIDE In-depth reviews, detailed listings and insider tips





THIS EDITION WRITTEN AND RESEARCHED BY

Sara Benson Andrew Bender, Alison Bing, Nate Cavalieri, Bridget Gleeson, Beth Kohn, John A Vlahides



"All you've got to do is decide to go and the hardest part is over. So go!"

TONY WHEELER, COFOUNDER - LONELY PLANET

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PLAN YOUR TRIP

YOUR PLANNING TOOL KIT

Photos, itineraries, lists and suggestions to help you put together your perfect trip

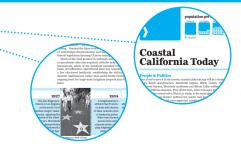


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UNDERSTAND COASTAL CALIFORNIA

Learn about the big picture, so you









Every listing is recommended by our authors, and their favourite places are listed first

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OUR STORY

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born. Today, Lonely Planet has offices in Melbourne, London and

Oakland, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

OUR WRITERS



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Coordinating Author, Central Coast After graduating from college in Chicago, Sara jumped on a plane to California with just one suitcase and \$100 in her pocket. She has bounced around the Golden State ever since, including just about everywhere between San Francisco and LA. She paddled, hiked, cycled and drove all along the Central Coast while researching this guide. The author of 50 travel and nonfiction books, Sara has contributed to Lonely Planet's USA,

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Andrew Bender

Los Angeles Andy is a true Angeleno, not because he was born in Los Angeles but because he's made it his own. Two decades ago, this native New Englander packed up the car and drove cross-country to work in film production, and eventually realized the joy was in the journey (and writing about it). His work has since appeared in the Los Angeles Times, Forbes, more than two dozen LP titles and on his blog, www.wheres-andy-now.com. Current obsessions: discovering

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Alison Bing

San Francisco Author, arts commentator and adventurous eater Alison was adopted by California 16 years ago. By now she has done everything you're supposed to do here and a few things you're definitely not, including talking up LA bands in San Francisco bars and falling in love on the 7 Haight bus. Alison holds a graduate degree in international diplomacy, which she regularly undermines with opinionated commentary in magazines, newspapers, on public radio and in

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itineraries

Whether you've got six days or 60, these itineraries provide a starting point for the trip of a lifetime. Want more inspiration? Head online to lonelyplanet.com/thorntree to connect with other travelers.



Three Days **San Diego & North County**

The best part about San Diego? It's usually at least 68°F (20°C) and sunny. Add insanely good Mexican food, beaches of all stripes, historic sites and one of the best zoos in the world (plus a separate safari park). Are you sold yet?

Pearl-like beaches stretch all the way up San Diego's **North County Coast**. Before you head northward, drive out to **Point Loma** for sweeping views, or take a ferry over to old-fashioned **Coronado**, with its famous 'Hotel Del.' Ride the Giant Dipper roller coaster at family-friendly **Mission Beach**, join the funky surfers at **Pacific Beach**, dive or snorkel in **La Jolla**, bet on horse races or soar in a hot-air balloon at **Del Mar**, and get new-agey in **Encinitas**.

If you have kids, make a beeline to suburban **San Diego Zoo Safari Park**, where giraffes, lions and zebras roam. Otherwise, head back to the city to explore the zoo- and muse-um-loaded **Balboa Park** and atmospheric Spanish-Mexican **Old Town**. End your trip with a wild night out in **San Diego**'s Gaslamp Quarter or the trendy Hillcrest neighborhood.



Five Days San Francisco, Marin County & Wine Country

In the hilly 7-sq-mile peninsula that is dashing, innovative and ever-evolving **San Francisco**, you can spend a day uncovering the alleyways of **Chinatown**, wandering the mural-adorned **Mission District** and climbing **Coit Tower** above beatnik **North Beach**. Then brave the fog on a cruise over to **Alcatraz** from **Fisherman's Wharf**, or lose yourself on a sunny day in **Golden Gate Park**, stopping to smell the flowers where hippies danced during 1967's 'Summer of Love.' Wherever you roam, eat everything in sight – especially anything being hawked by organic farmers or artisanal cheese and olive-oil makers at the waterfront **Ferry Building Marketplace**.

Escape the city via the landmark **Golden Gate Bridge**, which you can trek, cycle or drive across. Safely on the far side of the bay, detour down to the waterfront to photograph the floating houseboats of picturesque **Sausalito**, or go hiking and mountain-biking across the **Marin Headlands**, stopping to check in on the 'patient' seals and sea lions at the Marine Mammal Center's wildlife hospital. To really get away from it all, hop aboard the ferry from **Tiburon** over to **Angel Island**, where you can pitch a tent within view of San Francisco's city lights.

Meander north along the Marin County coast, passing the tall redwood trees of **Muir Woods National Monument**, crescent-shaped **Stinson Beach** and the turnoff to quirky small-town **Bolinas**, or veer inland to conquer **Mt Tamalpais**. Make your way to wildly beautiful **Point Reyes National Seashore**, where end-of-the-world beaches lead to long rambles, and you can spy whales in winter from the historic lighthouse. Save time for sea kayaking and oyster shucking at nearby **Tomales Bay**.

From Bodega Bay, country roads wind inland to charming **Occidental** and the vineyards of the **Russian River Valley**. Paddle a canoe downriver to **Guerneville**, with its rustic redwood cottages and vibrant summertime festivals by the beach. Truck east across Hwy 101, then turn south to tipple in the heart of Northern California's wine country, orbiting stylish **Napa** and its countrified but still-chic cousin **Sonoma**, or head north to equally posh **Healdsburg**. Soak your road-weary bones in a volcanic mud bath at a hot-springs spa in **Calistoga** before looping back to San Francisco.





(above) Huntington Beach (p409), Orange County
 (left) Hollywood Walk of Fame (p353), Los Angeles



One Week

Los Angeles, Disneyland & Orange County

Kick things off in **Los Angeles**, where top-notch attractions, miles of beaches and tasty food form an irresistible trifecta. Traipse along the star-studded sidewalks of clubby **Hollywood**, dive into the arts and cultural scenes of **Downtown**, and browse the many museums of **Mid-City** and West LA's hilltop **Getty Center**. Out at the Pacific's edge, sophisticated **Santa Monica** beckons with a carnival seaside pier and creative restaurants, while artsy, alternative **Venice Beach** lives and breathes boho-chic style.

Forty miles inland, make a date with Mickey at perfectly 'imagineered' **Disneyland** and next-door **Disney's California Adventure**, celebrating the Golden State. Both parks are in Anaheim, not far from **Knott's Berry Farm**, America's oldest theme park, which pairs Old Western cowboy themes with futuristic roller coasters. If it's too darn hot, cool off at Knott's **Soak City USA**.

Just so you don't think Orange County is all about theme-park thrills, head to **Santa Ana** and drop by the interactive Discovery Science Center, where the whole family can virtually experience a 6.9-magnitude earthquake, or peruse the art galleries of the Bowers Museum. Catch your breath in time-warped **Old Town Orange**, clustered with vintage and antiques stores, before cruising west toward the Pacific. **Little Saigon** is not far away, where you can trade theme-park hot dogs and funnel cakes for a steaming bowl of pho.

In **Huntington Beach**, aka 'Surf City USA,' rent a board, play beach volleyball, build a bonfire after sunset – whatever, just kick back and chill, dude. Hit **Newport Beach** for soap opera–worthy people-watching by the piers and lazily pedaling a beach cruiser along the oceanfront bike path. Make a quick stop for power shopping and eclectic eats in **Costa Mesa**, then roll south to **Laguna Beach**, a former artists' colony with more than two dozen public beaches to spoil you, plus a fashionable downtown boutique shopping, gallery and cafe scene.

Slingshot back toward the I-5, stopping off at **Mission San Juan Capistrano** for a taste of Spanish colonial and Mexican rancho history. Or keep up the beach-bum attitude by slacking south to **Dana Point**, with its yacht-filled harbor and kid-friendly beach, and retro **San Clemente**, near Trestles, a year-round surf break.