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GOING GREEN

The following listings have been selected for their demonstrated commitment to sustainability. Eating listings may offer organic food, maintain traditional cooking techniques or support local producers. Accommodations may be considered environmentally friendly because of responsible water use, a commitment to recycling or energy conservation. Attractions listed are involved in conservation or environmental education. GreenDex national parks listings indicate unique habitats that present exceptional biodiversity in a pristine state. We also include local, grass-roots organizations and community services worth supporting.

For a small region, Central America boasts excellent cultural and biological diversity. Country chapters include information about responsible travel in culturally or ecologically sensitive areas. For more tips, turn to p4.

If you think we've omitted a listing, or if you disagree with our choices, email us at talk2us@lonelyplanet.com.au and set us straight for next time. For more information about sustainable tourism and Lonely Planet, see www.lonelyplanet.com/responsibletravel.

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THE LONELY PLANET STORY

Fresh from an epic journey across Europe, Asia and Australia in 1972, Tony and Maureen Wheeler sat at their kitchen table stapling together notes. The first Lonely Planet guidebook, *Across Asia on the Cheap*, was born.

Travelers snapped up the guides. Inspired by their success, the Wheelers began publishing books to Southeast Asia, India and beyond. Demand was prodigious, and the Wheelers expanded the business rapidly to keep up. Over the years, Lonely Planet extended its coverage to every country and into the virtual world via lonelyplanet.com and the Thorn Tree message board.

As Lonely Planet became a globally loved brand, Tony and Maureen received several offers for the company. But it wasn't until 2007 that they found a partner whom they trusted to remain true to the company's principles of traveling widely, treading lightly and giving sustainably. In October of that year, BBC Worldwide acquired a 75% share in the company, pledging to uphold Lonely Planet's commitment to independent travel, trustworthy advice and editorial independence.

Today, Lonely Planet has offices in Melbourne, London and Oakland, with over 500 staff members and 300 authors. Tony and Maureen are still actively involved with Lonely Planet. They're traveling more often than ever, and they're devoting their spare time to charitable projects. And the company is still driven by the philosophy of *Across Asia on the Cheap*: 'All you've got to do is decide to go and the hardest part is over. So go!'

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MAP LEGEND

ROUTES

	Tollway		Mall/Steps
	Freeway		Tunnel
	Primary		Pedestrian Overpass
	Secondary		Walking Tour
	Tertiary		Walking Tour Detour
	Lane		Walking Trail
	Under Construction		Walking Path
	Unsealed Road		Track
	One-Way Street		

TRANSPORT

	Ferry		Rail
	Metro		Rail (Underground)
	Metro (Santiago)		Tram
	Bus Route		Rail (Fast Track)

HYDROGRAPHY

	River, Creek		Canal
	Intermittent River		Water
	Swamp		Lake (Dry)
	Mangrove		Lake (Salt)
	Reef		Mudflats
	Glacier		

BOUNDARIES

	International State, Provincial		Regional, Suburb
	Disputed		Ancient Wall
	Marine Park		Cliff

AREA FEATURES

	Airport		Land
	Area of Interest		Mall
	Beach, Desert		Market
	Building		Park
	Campus		Reservation
	Cemetery, Christian		Rocks
	Cemetery, Other		Sports
	Forest		Urban

POPULATION

	CAPITAL (NATIONAL)		CAPITAL (STATE)
	Large City		Medium City
	Small City		Town, Village

SYMBOLS

Sights/Activities	Drinking	Information
	Entertainment	
	Shopping	
	Sleeping	
	Transport	Geographic
Eating		

HOW TO USE THIS BOOK

Sleeping and Eating reviews are listed in budget order.

Hotel prices in this guide are for rooms with private bathroom; hostel prices are for rooms with shared bathroom. Exceptions are noted in reviews.

- telephone
- opening hours
- parking available
- nonsmoking rooms/areas available
- air-con available
- internet available
- wi-fi access
- swimming pool
- good vegetarian selection
- apt** apartments
- d** double rooms
- dm** dorm beds
- q** quad rooms
- r** rooms
- s** single rooms
- ste** suites
- tr** triple rooms
- tw** twin rooms

CONVERSIONS

TEMPERATURE

$$^{\circ}\text{C} = (^{\circ}\text{F} - 32) \div 1.8$$

$$^{\circ}\text{F} = (^{\circ}\text{C} \times 1.8) + 32$$

DISTANCE

$$1\text{in} = 2.54\text{cm}$$

$$1\text{cm} = 0.39\text{in}$$

$$1\text{m} = 3.3\text{ft} = 1.1\text{yd}$$

$$1\text{ft} = 0.3\text{m}$$

$$1\text{km} = 0.62\text{miles}$$

$$1\text{mile} = 1.6\text{km}$$

WEIGHT

$$1\text{kg} = 2.2\text{lb}$$

$$1\text{lb} = 0.45\text{kg}$$

$$1\text{g} = 0.04\text{oz}$$

$$1\text{oz} = 28\text{g}$$

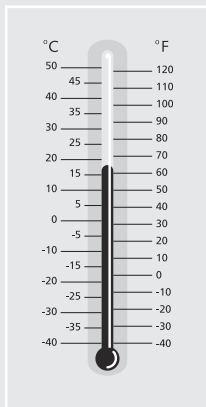
VOLUME

$$1\text{ imperial gallon} = 4.55\text{L}$$

$$1\text{L} = 0.26\text{ US gallons}$$

$$1\text{ US gallon} = 3.8\text{L}$$

$$1\text{L} = 0.22\text{ imperial gallons}$$



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