

TENNESSEE & KENTUCKY TRIPS



Tennessee and Kentucky, part of the geographic region known as the Upland South, reward road trippers with an accessible mix of pastoral countryside and quirky midsize cities.

Tennessee has three distinct regions, represented by the three stars on the state flag. In the east you'll hike through the heather-colored Great Smokies exalted in Dolly Parton ballads. In the middle of the state you'll check out the glittering honky-tonks of Nashville and ride horses through the lush farmland outside Shelbyville. In the Delta lowlands of the west, you'll dig barbecue and blues in soulful Memphis.

Kentucky's exquisite countryside makes it a prime road trip state. If there's an afterlife, it might well look like the emerald hills of Horse Country, with poplar-shaded lanes and tall grasses swaying calmly in the wind. In Kentucky you'll follow the Bourbon Trail, check out the million dollar thoroughbreds of Lexington and spelunk in the cool gloom of Mammoth Cave. The state has more than its fair share of American icons: Buy a Slugger in Louisville, eat some finger lickin' chicken in Corbin and watch a Corvette coming off the line in Bowling Green.

PLAYLIST

Tennessee and Kentucky provided the fertile soil for the country's richest homegrown musical genres. Check out these all-American country, blues and bluegrass classics:

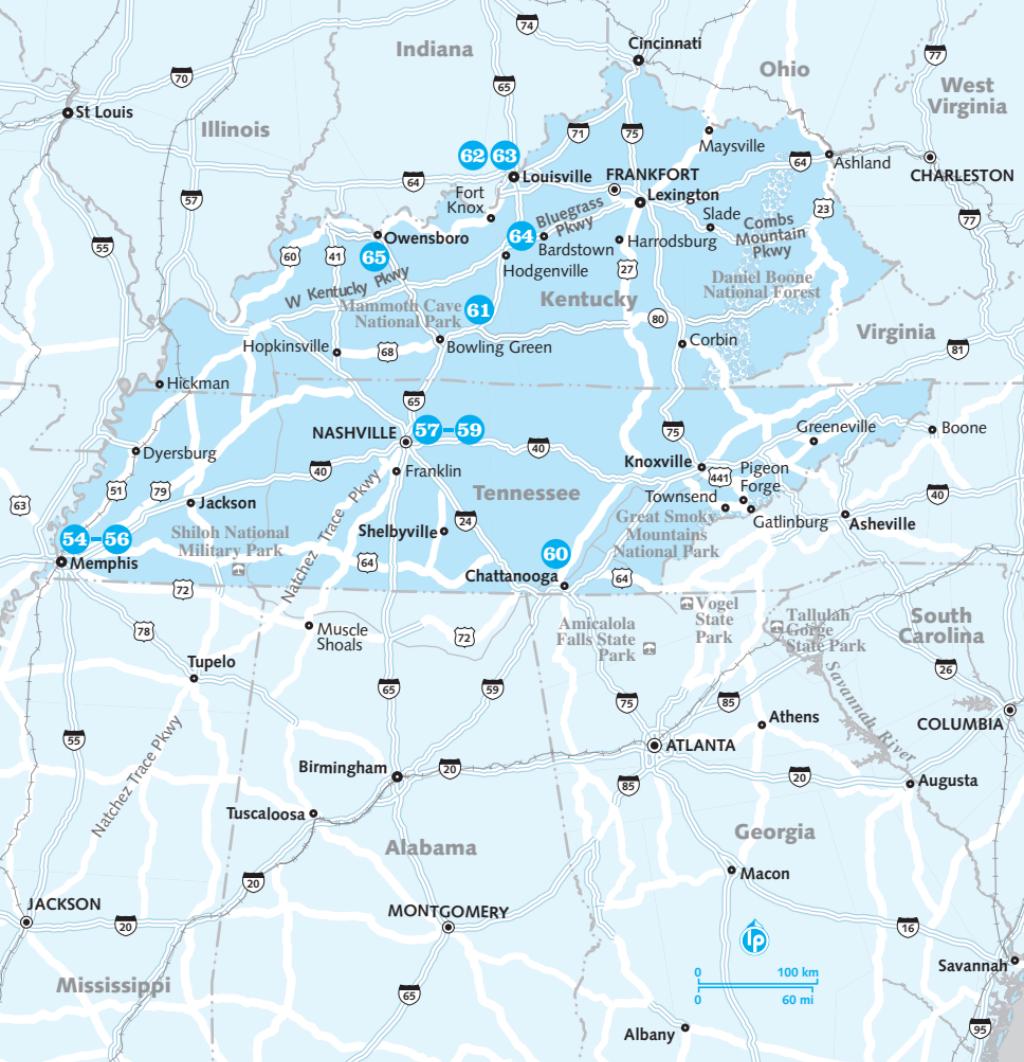
- “Blue Moon of Kentucky,” Bill Monroe
- “Coal Miner’s Daughter,” Loretta Lynn
- “Foggy Mountain Breakdown,” Flatt and Scruggs
- “Kentucky Rain,” Elvis Presley
- “Mountain Dew,” Grandpa Jones
- “My Tennessee Mountain Home,” Dolly Parton
- “Rocky Top,” Osbourne Brothers
- “Tennessee Blues,” Steve Earle



TENNESSEE & KENTUCKY'S BEST TRIPS

57 Country Music Capital: Nashville p363

64 The Bourbon Trail p391



TENNESSEE & KENTUCKY TRIPS

-  **63** Kentucky Bluegrass & Horse Country p387
-  **60** Outdoor Chattanooga p373
-  **56** Memphis Music Tour p351
-  **57** 48 Hours in Nashville p357
-  **58** Country Music Capital: Nashville p363
-  **62** 48 Hours in Louisville p381
-  **65** My Old Kentucky Home p397
-  **55** Going to Graceland: Touring the Shrine of Elvis p347
-  **54** Pulled Pork & Butt Rubs: Eating in Memphis **opposite**
-  **59** Tennessee Oddities p369
-  **61** Mammoth Cave p377
-  **64** The Bourbon Trail p391