

The Carolinas, Georgia & the South

TRIPS

65 THEMED ITINERARIES **1192** LOCAL PLACES TO SEE

Alex Leviton
Kevin Raub, Adam Skolnick, Emily Matchar

How to Use this Book

Theme Icons

All trips are themed using the following icons.



Great, must-do trips that represent the region



Trips that follow a well-known route, with extra insider detail



Trips to BBQ joints, po'boy haunts, Cajun restaurants and more



Trips through the mountains, along backroads, to national parks and the coast



Trips back in time, to historic towns and trips with a musical twist



Trips to haunted pubs, Gothic sites, roadside curios and other oddball attractions



Trips for urbanites



Trips no more than a few hours from a hub city

Best Trips



Trips starred with the Best Trip icon are our hands-down favorites. We highly recommend these trips.

Expert-Recommended Trips

We teamed up with local experts, including a top chef, a Civil War historian and a former mayor of Bardstown (the “Bourbon Capital of the World”), who shared with us their favorite trips. These are listed on p31.

Ecofriendly & Sustainable Options

Listings that have a green mission and have an ecofriendly or sustainable mantra are listed in our GreenDex, p422.

Trip Information

Practical details for points of interest within trips can be found at the end of every trip under Trip Information. Prices in this book are listed as a range to account for seasonal variations. Under Eat, “mains” means main courses or entrées. Under Sleep, “r” means rooms.

 Telephone

 Opening hours

 Family-friendly
Listings accompanied by this icon are great for families with young children.

 Pet-friendly
Listings accompanied by this icon allow dogs (and sometimes other pets).

Link Your Trip

Extend your trip with this handy feature that lists nearby trips worth combining.

Maps & Route Shields

Regional maps show the trip number at the starting point of the trip.

 Interstate freeway

 US highway

 State highway

 Country road

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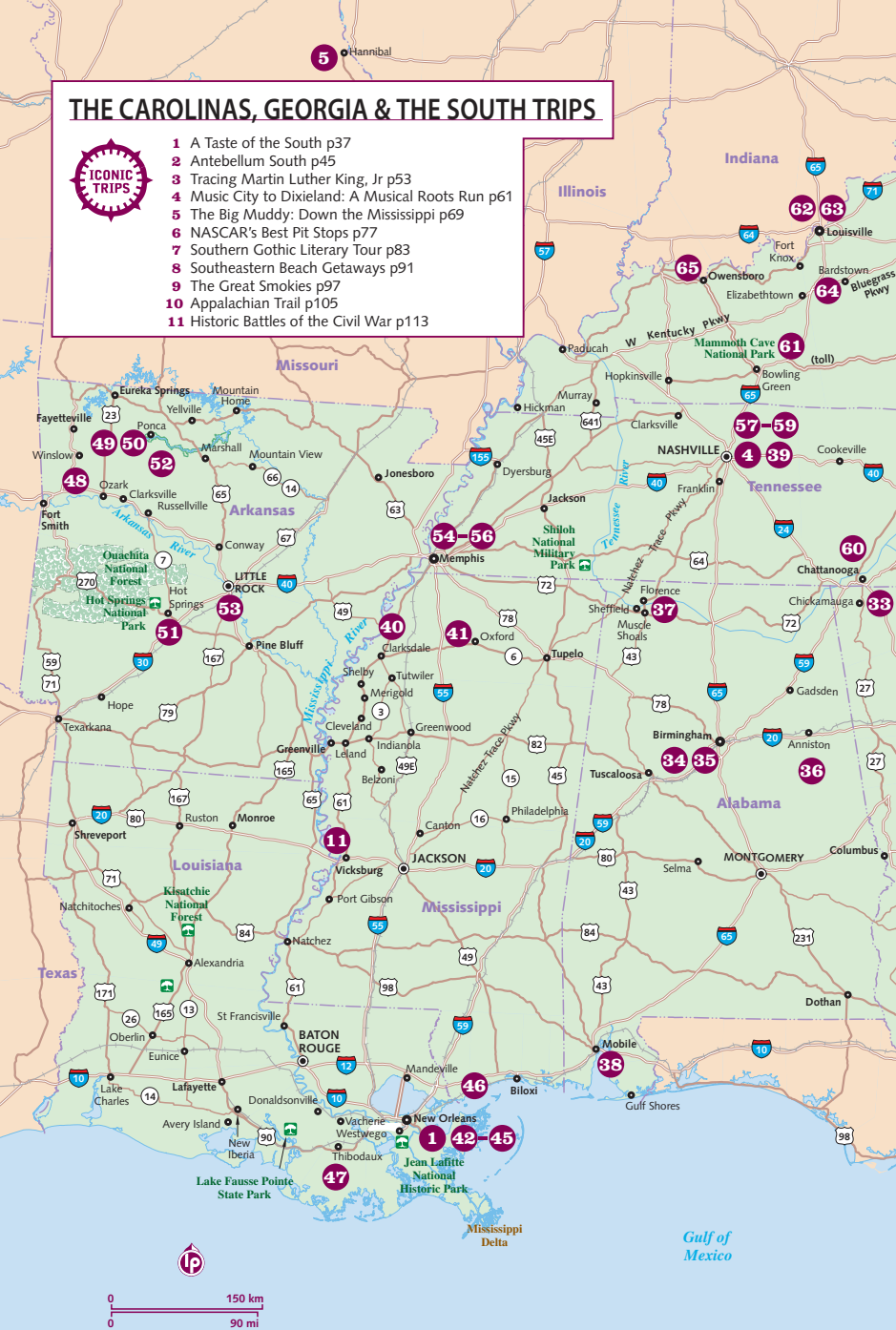
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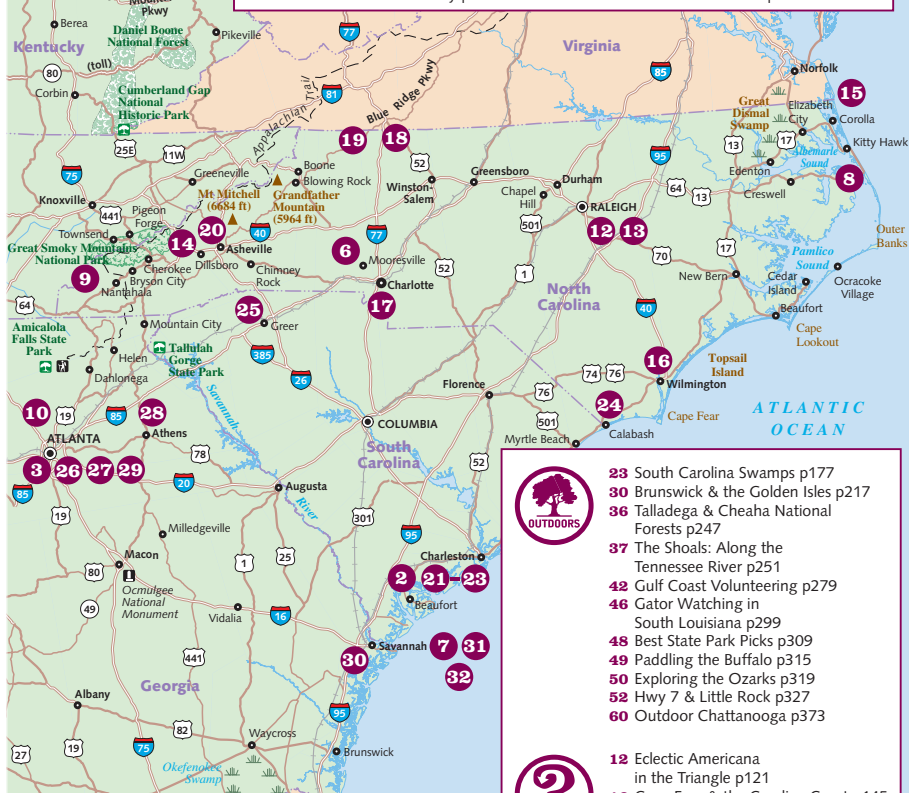
0 150 km
0 90 mi



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THE CAROLINAS, GEORGIA & THE SOUTH

Whether you have lived in the heart of Dixie your entire life, have recently relocated or are just visiting, you might think you know the South. Forget, for a moment, the stereotypes and infamous history, as we want to show you just why we love the South.

You're not imagining it; people here really are friendlier, and tradition takes on a new meaning below the Mason Dixon line. History permeates the South like one of Scarlett O'Hara's lingering sighs in an empty ballroom. Almost every American-born music style originated here, from bluegrass to funk, and rock and roll to soul.

And yes, so did slavery. And the Civil War. And the Civil Rights movement. And the work of Dr Martin Luther King, Jr. We'll show you all of it as we weave through 65 trips in nine states.

It's the natural beauty – the off-the-beaten-track treks – that provides some of the best road trip destinations. Rock out to zydeco after a day canoeing past swamp gators. Sip ice tea on a breezy veranda in Kentucky's Bluegrass Country. Kayak along Georgia's relatively undiscovered Golden Isles. There's an experience here for every mood.

And if you're not yet convinced a Southern road trip is for you, we have one word for you: barbecue.

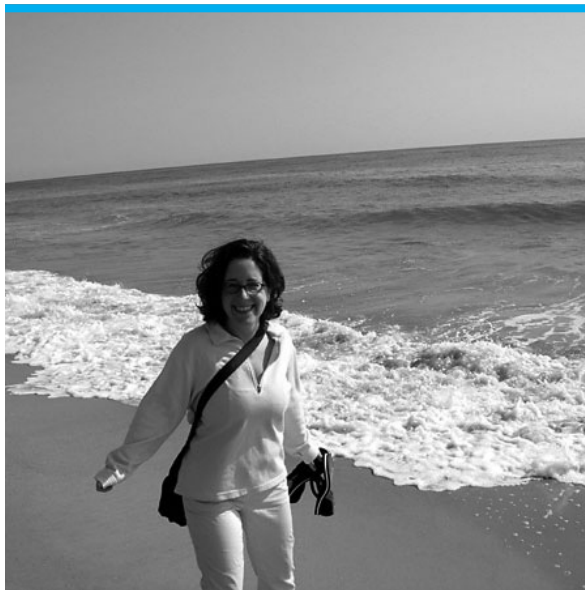


THE GREAT SMOKIES p97

Mountain Farm Museum, Great Smoky Mountains National Park, Tennessee



The Authors



ALEX LEVITON

After getting a master's degree in journalism from UC Berkeley in 2002, Alex bought a tobacco warehouse loft in downtown Durham and has split her time between North Carolina and San Francisco ever since. She loves both places, but has a special fondness in her heart for the porches, fireflies and pace of life in North Carolina.

EMILY MATCHAR

Emily was raised in the Tar Heel State and can still sometimes be found around Chapel Hill. She coauthored Lonely Planet's *USA* guide, and writes on food and travel for magazines and newspapers. Her favorite trip was *Pulled Pork & Butt Rubs: Eating in Memphis*. She can be seen here at Sun Studio in Memphis, where Elvis, Johnny Cash and Roy Orbison were discovered.



**KEVIN RAUB**

Kevin grew up in Atlanta and attended the University of Georgia in Athens. He has previously worked on Lonely Planet guides to Mexico, Brazil and Chile. For this book, Kevin drove through Georgia and Alabama, stopping off here for a picture at Little St Simons Island, the jewel of the Golden Isles.

ADAM SKOLNICK

Adam covers travel, culture and health for Lonely Planet and several magazines. His Mississippi, Louisiana and Arkansas odyssey was one extended overdose of live music, lush landscapes and insanely good regional food. He has authored and coauthored six Lonely Planet guidebooks. Read more of his work at www.adamskolnick.com.

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CONTRIBUTING EXPERTS

John T Edge is the author of a number of books, including a four-book series on iconic American eats. He most recently released a revised edition of *Southern Belly: The Ultimate Food Lover's Companion to the South*. John contributes to the Hogs & Heifers: A Georgia BBQ Odyssey trip.

Philip Grymes is the director of Outdoor Chattanooga, a city agency dedicated to promoting the outdoor lifestyle. He is a Wilderness First Responder and an avid hiker, kayaker and rock climber. Philip shares some of his favorite spots in the Outdoor Chattanooga trip.

Dixie Hibbs is the former mayor of Bardstown, Kentucky, the "Bourbon Capital of the World." She has written several books on local history and culture, including *Bardstown: Hospitality, History and Bourbon*. She shares her insider knowledge in The Bourbon Trail trip.

Robert Lee Hodge has been engaging in Civil War reenactments for three decades as a self-proclaimed "hardcore" reenactor, and was the subject of Tony Horwitz's *Confederates in the Attic*. Robert lends his expertise to the Historic Battles of the Civil War trip.

Jordan Johnson, JD, spokesman for the Clinton Foundation and director of public policy at Cranford Johnson Robinson Woods, was born and raised in Arkansas. He spends his downtime with his family hiking, paddling and fly-fishing. Jordan contributed to The Billgrimage trip.

Victoria Logue first hiked the Appalachian Trail in 1988 and has since written several books on

hiking the trail. Victoria assisted on the Appalachian Trail trip.

Mike Mills is a world-class paddler and the long-est tenured outfitter on the Buffalo. In the 1980s he served as Arkansas' Minister of Tourism under then Governor Clinton. In the off-season you'll find him flying his Cessna or hot-air balloon. Mike contributed to the Paddling the Buffalo trip.

Connie Nelson is the coauthor of *The Film Junkie's Guide to North Carolina*. She lives in Wilmington, North Carolina. Connie offers an insider's insight in the From Dirty Dancing to Dawson's Creek trip.

Scott Peacock, chef and Southern food expert, is the executive chef at Watershed in Atlanta. In 2007 he won a James Beard Award, and is coauthor of *The Gift of Southern Cooking: Recipes and Revelations from Two Southern Chefs*, with the late Edna Lewis. Scott shares his foodie insights in the Atlanta for Food Lovers trip.

Simona Rabinovitch writes about pop culture, travel and entertainment for Canada's national newspaper the *Globe and Mail* and international magazines including *Zink*, *Nylon* and *SPIN.com*. Simona's interview with Terrance Simien appears in the Cajun Country Road Trip.

Jack Thomson runs a Civil War walking tour of Charleston and has published a photography book entitled *Charleston at War*. To take one of his tours, go to www.civilwarwalk.com. We joined Jack for a walk in A Charleston Walk Back in Time.

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