



Cape Town & the Garden Route

**“All you’ve got to do is decide to go
and the hardest part is over.**

So go!”

TONY WHEELER, COFOUNDER – LONELY PLANET

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Simon Richmond

Lucy Corne

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ARADNE VAN ZANDBERGEN / LONELY PLANET IMAGES ©



ARADNE VAN ZANDBERGEN / LONELY PLANET IMAGES ©

Left: District Six
Museum (p77)

Above: V&A Waterfront
(p99)

Right: Absellers on
Table Mountain (p28
& p88)



EMILY RIDGELL / LONELY PLANET IMAGES ©



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Cape Town Maps

Map Legend

Sights

- Beach
- Buddhist
- Castle
- Christian
- Hindu
- Islamic
- Jewish
- Monument
- Museum/Gallery
- Ruin
- Winery/Vineyard
- Zoo
- Other Sight

Eating

- Eating

Drinking & Nightlife

- Drinking & Nightlife
- Cafe

Entertainment

- Entertainment

Shopping

- Shopping

Sleeping

- Sleeping
- Camping

Sports & Activities

- Diving/Snorkelling
- Canoeing/Kayaking
- Skiing
- Surfing
- Swimming/Pool
- Walking
- Windsurfing
- Other Sports & Activities

Information

- Post Office
- Tourist Information

Transport

- Airport
- Border Crossing
- Bus
- Cable Car/Funicular
- Cycling
- Ferry
- Metro
- Monorail
- Parking
- S-Bahn
- Taxi
- Train/Railway
- Tram
- Tube Station
- U-Bahn
- Other Transport

Routes

- Tollway
- Freeway
- Primary
- Secondary
- Tertiary
- Lane
- Unsealed Road
- Plaza/Mall
- Steps
- Tunnel
- Pedestrian Overpass
- Walking Tour
- Walking Tour Detour
- Path

Boundaries

- International
- State/Province
- Disputed
- Regional/Suburb
- Marine Park
- Cliff
- Wall

Geographic

- Hut/Shelter
- Lighthouse
- Lookout
- Mountain/Volcano
- Oasis
- Park
- Pass
- Picnic Area
- Waterfall

Hydrography

- River/Creek
- Intermittent River
- Swamp/Mangrove
- Reef
- Canal
- Water
- Dry/Salt/Intermittent Lake
- Glacier

Areas

- Beach/Desert
- Cemetery (Christian)
- Cemetery (Other)
- Park/Forest
- Sportsground
- Sight (Building)
- Top Sight (Building)



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CITY BOWL & BO-KAAP





CITY BOWL & BO-KAAP *Map on p264*

Top Sights

(p54)

Bo-Kaap	B3
Castle of Good Hope	H5
Company's Gardens	C6

Sights

(p58)

6 Spin St	(see 33)
1 Auwal Mosque	B3
2 Bo-Kaap Museum	B3
3 Cape Town City Hall	F5
4 Castle Military Museum	H5
5 Cecil Rhodes Statue	C6
6 Central Library	F5
7 Centre for the Book	B6
8 Church Square	E5
9 De Tuynhuis	D6
10 Delville Wood Memorial	B7
11 Gold of Africa Barbier-Mueller Museum	D1
12 Grand Parade	F5
13 Greenmarket Square	D3
14 Groote Kerk	E5
15 Heritage Square	C2
16 Houses of Parliament	D5
17 Jan Hendrik Statue	E5
18 Jan Smuts Statue	D5
19 Koopmans-de Wet House	E2
20 Lutheran Church	D1
21 Michaelis Collection at the Old Town House	D4
22 Monument to Cissie Gool	F6
23 Mutual Heights	E4
24 National Library of South Africa	C5
Old Town House	(see 21)
25 Palm Tree Mosque	C5
26 Public Garden	C6
27 SA Mission Museum	D3
28 Secunde's House	H5

29 Slave Lodge	D5
30 Slave Tree	E5
Slavery Memorial	(see 17)
31 St George's Cathedral	D5
32 William Fehr Collection	H5

Eating

(p62)

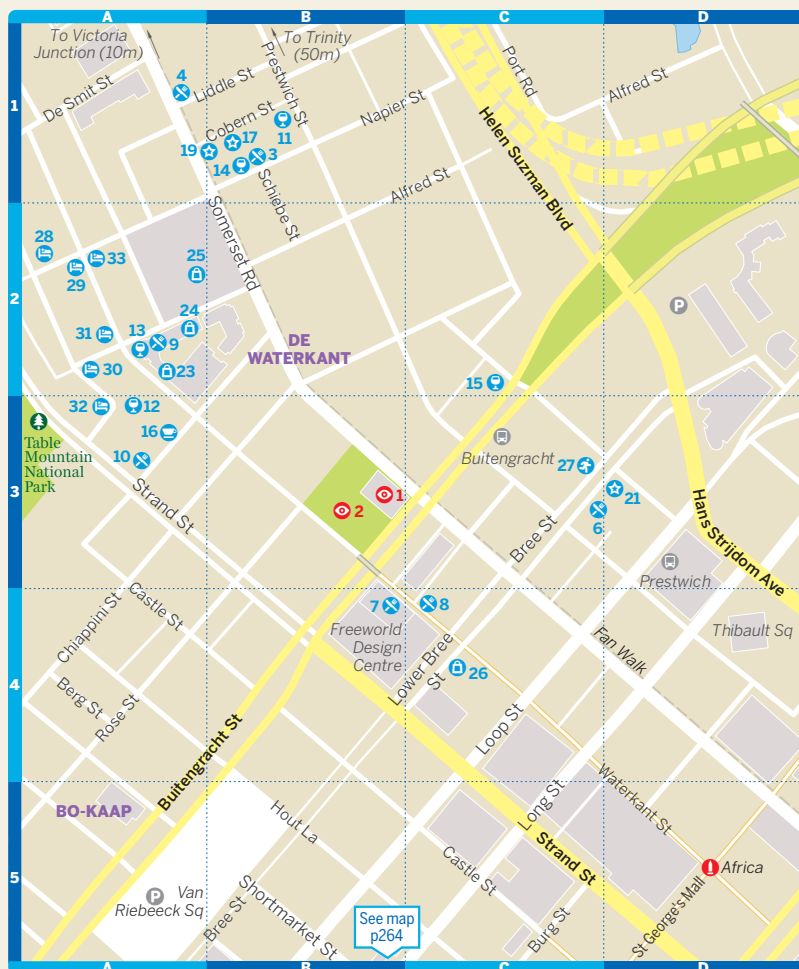
33 6 Spin St Restaurant	E5
34 95 Keerom	B6
35 Addis in Cape	C4
36 Africa Café	C2
37 Biesmiellah	A2
38 Birds Café	C3
Bombay Brasserie	(see 111)
39 Bread, Milk & Honey	E5
Café Mozart	(see 78)
Café St George	(see 31)
40 Carne SA	B6
41 Clarke's	C3
42 Crush	D4
43 Dear Me	C3
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44 Jason Bakery	A5
45 Lola's	B5
46 Masala Dosa	C5
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48 Sababa	A6
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Scotch Coffee House	(see 21)
50 Skinny Legs & All	D3
51 South China Dim Sum Bar	A6

Drinking & Nightlife

(p67)

52 &Union	C3
53 Alexander Bar & Café	D2
54 Bean There	C4
Caveau	(see 99)
55 Deluxe Coffeeworks	D4

- 56 Escape Caffe.....B3
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- 57 Haas.....B2
- 58 Julep Bar.....B6
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- 60 Neighbourhood.....C4
- 61 Signal Hill Wines.....C2
- 62 The Loop.....B5
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- 🎮 Entertainment (p70)**
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- 71 Avoova.....C3
- 72 Church.....E5
- 73 Clarke's Bookshop.....B5
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- 80 Lucky Friday.....D3
- 81 Mememe.....C4
- 82 Merchants on Long.....D2
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- 84 Mogalakwena.....D4
- 85 Monkeybiz.....B2
- 86 Mungo & Jemima.....C4
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- 107 Rose Lodge.....C2
- 108 Rouge on Rose.....C2
- 109 Scalabrini Guest House.....E7
- 110 St Paul's B&B Guest House.....A5
- 111 Taj Cape Town.....D5
- 112 Townhouse.....E6



Sights

- 1** Prestwich Memorial B3
- 2** Prestwich Memorial Garden B3

Eating

- 3** Anatoli B1
- 4** Beefcakes A1
- 5** Bizerca Bistro E3
- 6** Frieda's on Bree C3
- 7** Hemelhuijs B4
- 8** Keenwä C4
- 9** La Petite Tarte A2
- 10** Loading Bay A3

(p62) Drinking & Nightlife

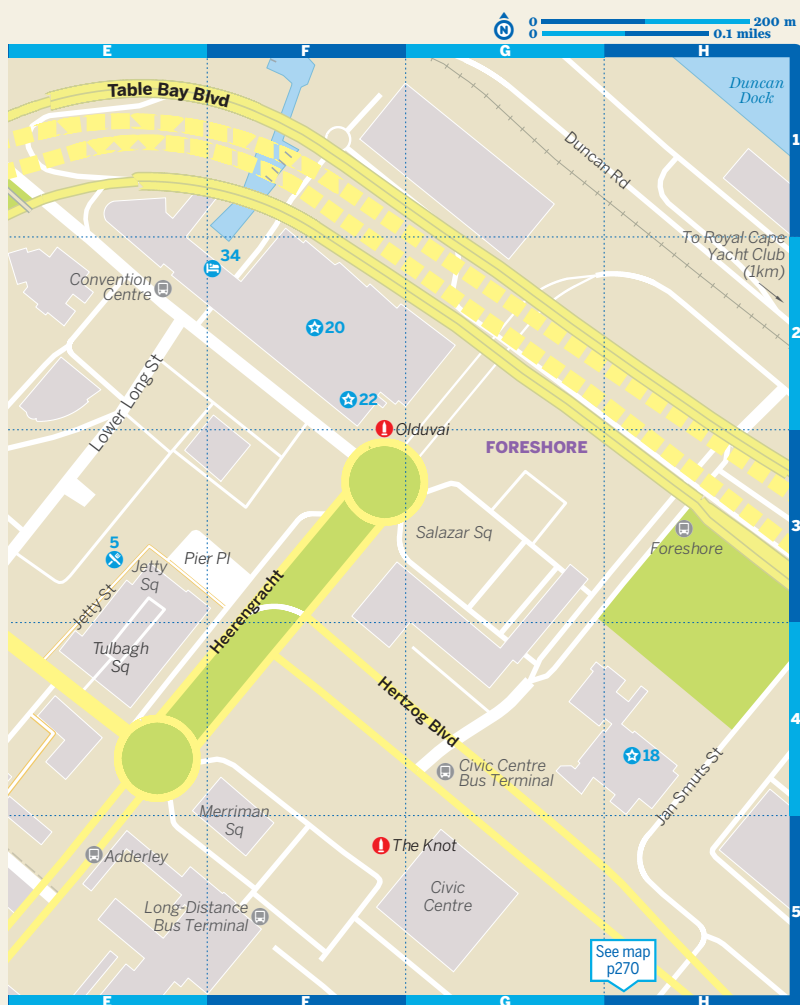
- 11** Bar Code B1
- 12** Bubbles Bar A3
- 13** Cafe Manhattan A2
- 14** Crew Bar B1
- 15** Fireman's Arms C2
- 16** Origin & Nigiro A3
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(p66) Entertainment

- 17** Amsterdam Action Bar B1
- 18** Artscape H4
- 19** Beulah Bar B1
- 20** Cape Town International Convention Centre F2

(p69)

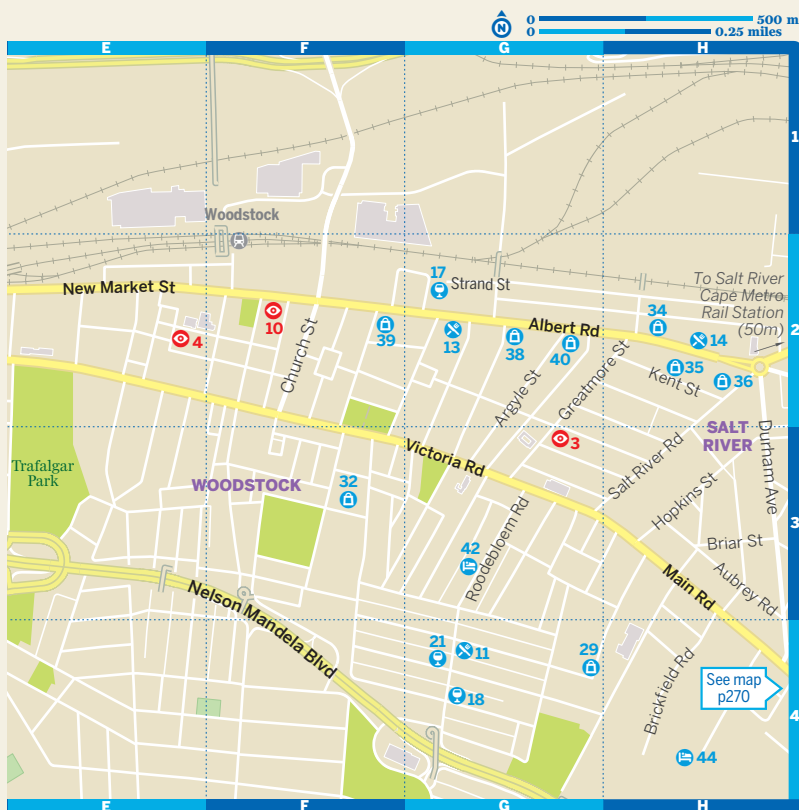
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- | | | |
|---|--|--------------|
| 21 iBuyambo Music & Art Exhibition Centre D3 | 27 Roly Polyz C3 | (p74) |
| 22 Marimba F2 | | |
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| 25 Cape Quarter A2 | | |
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| 30 De Waterkant Lodge A2 | | |
| 31 The Charles A2 | | |
| 32 Village & Life A3 | | |
| 33 Village Lodge A2 | | |
| 34 Westin Cape Town F2 | | |

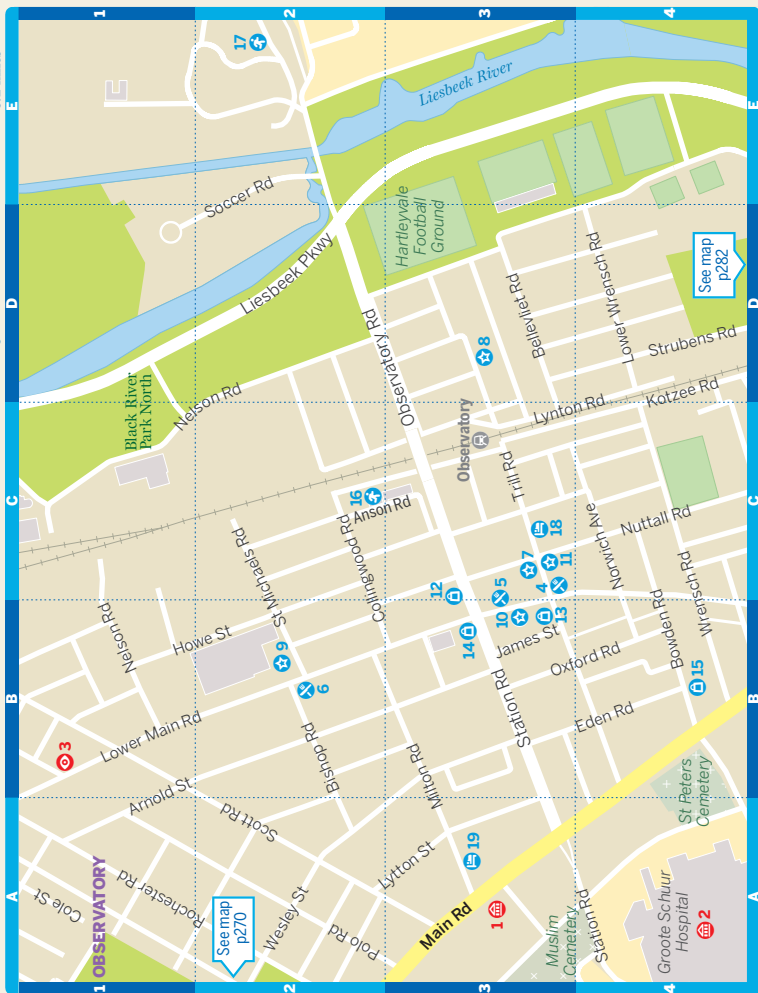


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 - 2 Freedom Struggle Heroes Grafitti..... B2
 - 3 Greatmore Studios G3
 - 4 I Art Woodstock E2
 - 5 Land & Liberty Grafitti B3
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 - 7 Sacks Futeran Building..... A2
 - 8 Substation 13 A2
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 - 12 Charly's Bakery A2
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 - 14 The Artisan Baker H2
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 - 16 The Kitchen..... D2
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- | | | | |
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| 26 Ashanti | D2 | Mü & Me | (see 34) |
| 27 Blank {space} | A2 | Neighbourgoods Market | (see 34) |
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| 28 Book Lounge | A3 | Pederson & Lennard | (see 30) |
| Chapel | (see 30) | 35 Recreate | H2 |
| Clementina Ceramics | (see 34) | 36 Salt Circle Arcade | H2 |
| Cloth | (see 36) | South African Print Gallery | (see 16) |
| Cocofair | (see 34) | 37 Stevenson | D2 |
| 29 Design Afrika | G4 | 38 The Bromwell | G2 |
| 30 Field Office | A2 | 39 The Woodstock Foundry | F2 |
| 31 Goodman Gallery Cape | D2 | Vamp | (see 35) |
| Gregor Jenkins | (see 40) | 40 What If the World | G2 |
| Heartworks | (see 34) | 41 Woodhead's | B2 |
| 32 Heath Nash | F3 | | |
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| 33 Hip Hop (Factory Outlet) | A2 | Sleeping | (p192) |
| Imiso Ceramics | (see 34) | 42 Deco Lodge | G3 |
| Karizma Décor & Design | (see 36) | 43 District Six Guest House | D4 |
| Karoo Moon Country Store | (see 34) | 44 Upper Eastside Hotel | H4 |
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OBSERVATORY



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- 1 Cape Town Science Centre.....A3
- 2 Heart of Cape Town Museum.....A4
- 3 The BijouB1

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- 4 Café Ganesh.....C3
- 5 Hello Sailor.....C3
- 6 Queen of Tarts.....B2

Entertainment (p82)

- 7 A Touch of Madness.....C3
- 8 House of JoyD3
- 9 Jou Ma Se Comedy Club.....(see 17)
- 9 Magnet TheatreB2
- 10 Obz Café.....B3
- 11 Tagore.....C3

Shopping (p83)

- 12 Holistic Lifestyle Fair.....C3
- 13 Intsangu.....B3
- 14 Mhandi Textiles & Design.....B3
- 15 Umlungu.....B4

Sports & Activities (p85)

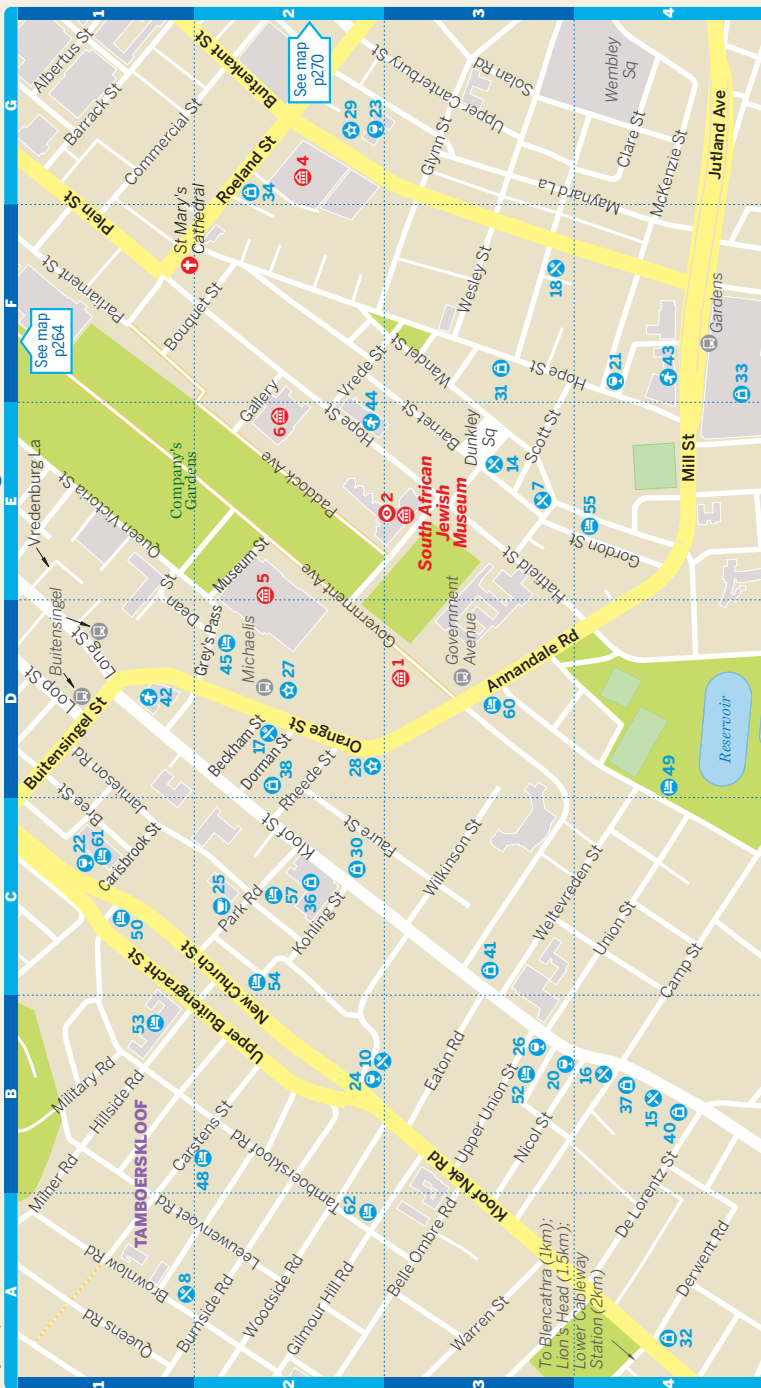
- 16 City Rock.....C2
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Sleeping (p192)

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- 19 Green ElephantA3

GARDENS & SURROUNDS Map on p274

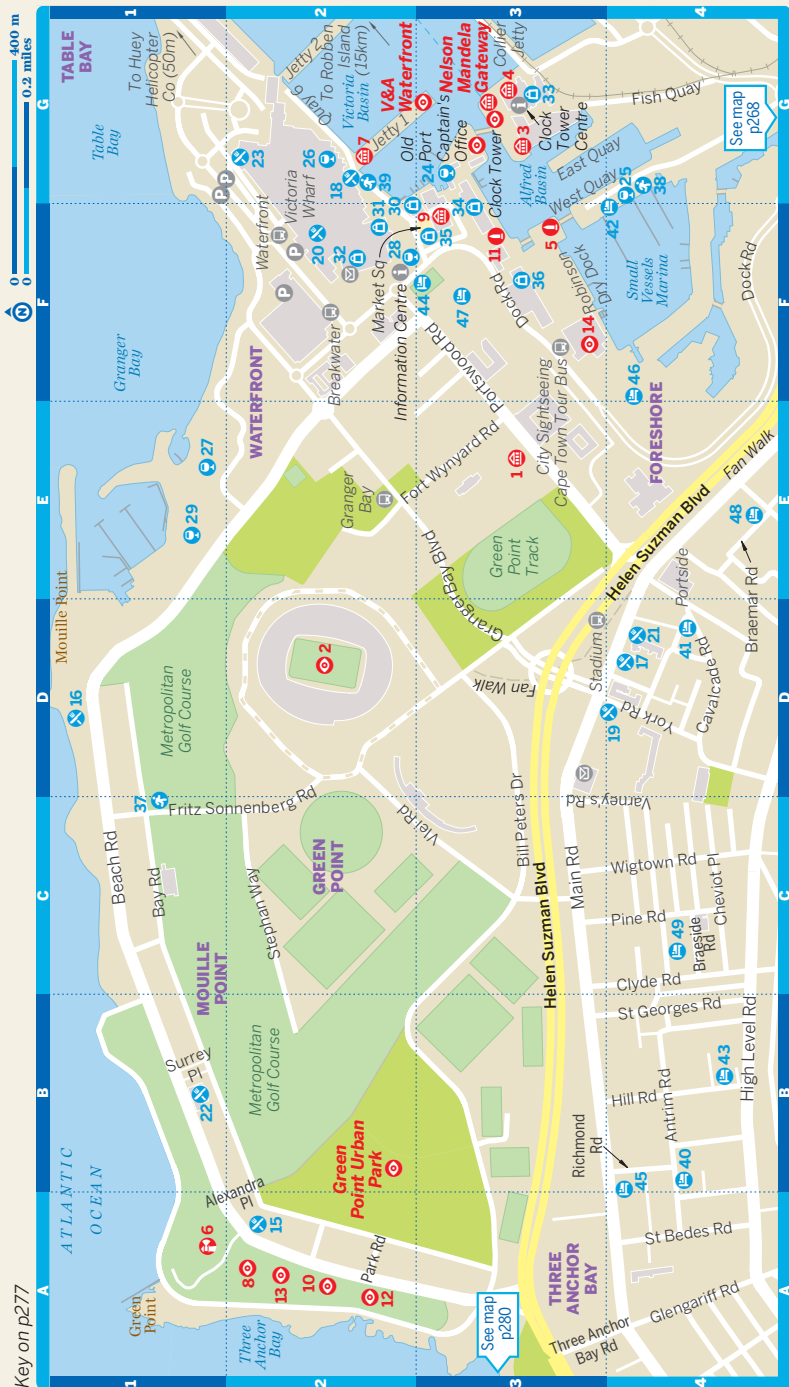
- 📍 Top Sights (p90)**
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- 14 Maria's E3
- 15 Melissa's B4
- 📍 Sights (p91)**
- 1 Bertram House D3
- 2 Cape Town Holocaust Centre E3
- 3 De Waal Park D6
- Great Synagogue (see 2)
- Old Synagogue (see 2)
- Planetarium (see 5)
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- 34 Grant Mason Originals G2
- 35 Jewish Sheltered Employment Centre E5
- 36 Lifestyles on Kloof C2
- 37 LIM B4
- 38 Mabu Vinyl D2
- 39 Mantis Prints E5
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- 46 Abbey Manor D7
- 47 Amsterdam Guest House D8
- 48 An African Villa B2
- 49 Ashanti Gardens D4
- 50 Backpack C1
- 51 Cactusberry Lodge E6
- 52 Cape Cadogan B3
- 53 Cape Milner B1
- 54 Cape Town Backpackers C2
- 55 Dunkley House E4
- 56 Four Rosmead B6
- 57 Hippo Boutique Hotel C2
- 58 Kensington Place A7
- 59 Mannabay F6
- 60 Mount Nelson Hotel D3
- 61 Protea Hotel Fire & Ice! C1
- 62 Trevoan A2





GREEN POINT & WATERFRONT

Key on p277



GREEN POINT & WATERFRONT *Map on p276*

📍 Top Sights

(p99)	19 Giovanni's Deli World.....	D4
	20 Melissa's.....	F2
	21 Miss K.....	D4
	Newport Market & Deli.....	(see 22)
	Nobu.....	(see 46)
	22 Wakame.....	B1
	23 Willoughby & Co.....	G2

📍 Sights

(p103)	1 Cape Medical Museum.....	E3
	2 Cape Town Stadium.....	D2
	3 Chavonnes Battery Museum.....	G3
	4 Diamond Museum.....	G3
	5 Elliot the Cratefan.....	F3
	6 Green Point Lighthouse.....	A1
	7 Jetty 1.....	G2
	John H Marsh Maritime Research Centre.....	(see 9)
	8 Kids' Playground.....	A2
	9 Maritime Centre.....	F3
	10 Maze.....	A2
	11 Nobel Square.....	F3
	12 Putt-Putt Golf.....	A2
	13 The Blue Train.....	A2
	14 Two Oceans Aquarium.....	F3

🍴 Eating

(p103)	15 Café Neo.....	A2
	16 Cape Town Hotel School.....	D1
	17 El Burro.....	D4
	18 Fisherman's Choice.....	G2

🍷 Drinking & Nightlife

(p105)	24 Alba Lounge.....	G3
	25 Bascule.....	G4
	26 Belthazar.....	G2
	Ferryman's Tavern.....	(see 28)
	27 Grand Café & Beach.....	E1
	Harbour House.....	(see 30)
	28 Mitchell's Scottish Ale House & Brewery.....	F2
	29 Tobago's.....	E1
	Vista Bar.....	(see 46)
	W Tapas Bar.....	(see 26)

🛍 Shopping

(p105)	30 Cape Union Mart Adventure Centre.....	F2
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	Capestorn.....	(see 26)
	Carrol Boyes.....	(see 20)
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	31 Naartjie.....	F2

🏆 Sports & Activities

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	38 Ocean Sailing Academy.....	G4
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	Two Oceans Aquarium.....	(see 14)
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🛌 Sleeping

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	43 Cape Standard.....	B4
	44 Dock House.....	F3
	45 Head South Lodge.....	B4
	46 One & Only Cape Town.....	F4
	47 Queen Victoria Hotel.....	F3
	48 Villa Zest.....	E4
	49 Wilton Manor.....	C4

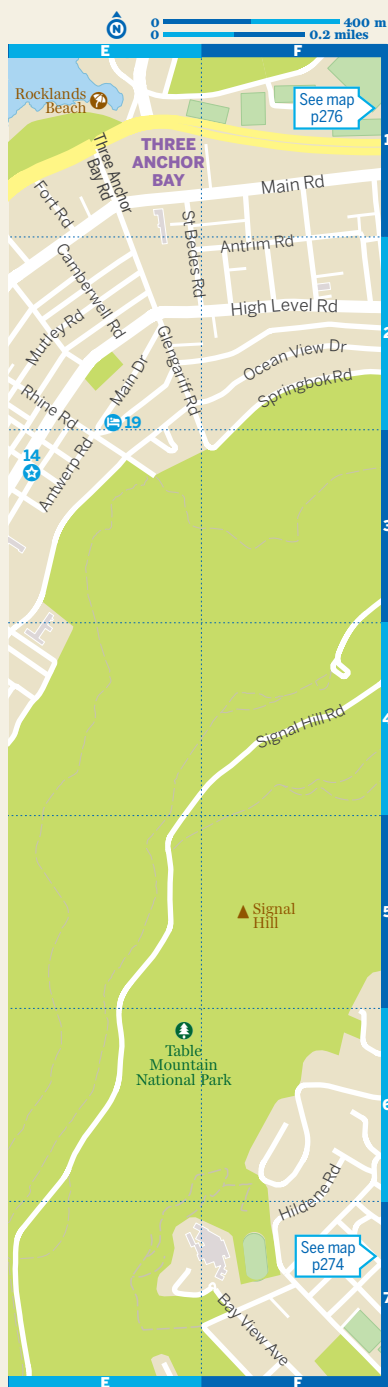


- | | | | |
|----------------------------------|---------------|-----------------------------------|---------------|
| 📍 Top Sights | (p110) | 🍷 Drinking & Nightlife | (p112) |
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| | | St Yves..... | (see 6) |
| 📍 Sights | (p110) | 8 The Bungalow..... | A2 |
| 1 Clifton Beach No 1..... | A1 | | |
| 2 Clifton Beach No 2..... | A1 | 🎭 Entertainment | (p113) |
| 3 Clifton Beach No 3..... | A2 | 9 Theatre on the Bay..... | A4 |
| 4 Clifton Beach No 4..... | A2 | | |
| 🍴 Eating | (p111) | 🛏 Sleeping | (p195) |
| 5 Roundhouse..... | B2 | 10 Camps Bay Retreat..... | B3 |
| 6 The Mussel Bar..... | A4 | 11 POD..... | B3 |



- Sights** (p110)
- 1 Duiker Island Cruises B4
 - 2 Leopard Statue C4
- Eating** (p111)
- 3 Fish on the Rocks B5
 - 4 Kitima C1
 - 5 Mariner's Wharf B4
- Drinking & Nightlife** (p112)
- 6 Dunes C3
- Shopping** (p113)
- 7 Bay Harbour Market A5
 - 8 Ethno Bongo C3
- Sights** (p110)
- 9 Hout Bay Craft Market C3
 - 10 Iziko Lo Lwazi C3
 - 11 Naartjie Kids B3
 - Shipwreck Shop (see 5)
 - 12 T-Bag Designs C3
- Sports & Activities** (p115)
- 13 The Boardroom Adventure Centre B3
- Sleeping** (p195)
- 14 Amblewood Guesthouse D3
 - 15 Chapman's Peak Hotel C4
 - 16 Hout Bay Manor C3





Sights (p110)

- 1** Graaff's Pool.....C2
- 2** Milton's Pool.....C3
- 3** Sea Point PavilionC4

Eating (p111)

- 4** CedarD2
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- 5** HeshengD2
- 6** La BohemeD3
- 7** La MouetteB5
- 8** La PerlaC4
- 9** The Duchess of WisbeachD2

Drinking & Nightlife (p112)

- 10** DecodanceD3
- 11** GeselligC4
- 12** La VieD2
- 13** SaltA6

Entertainment (p113)

- 14** Studio 7E3

Shopping (p113)

- 15** Peach.....C4

Sports & Activities (p115)

- 16** In the BlueD2
- Sea Point Pavilion(see 3)

Sleeping (p195)

- 17** Ellerman House.....A7
- 18** Glen Boutique Hotel.....D4
- 19** Huijs Haerlem.....E2
- 20** O on Kloof.....B6
- 21** Winchester Mansions Hotel.....D2

Key on p283

0 500 m
0 0.25 miles

SOUTHERN SUBURBS



SOUTHERN SUBURBS *Map on p282***📍 Sights****(p121)**

- 1** Groote SchuurB4
- 2** Irma Stern MuseumC2
- Josephine Mill(see 16)
- 3** King's BlockhouseA2
- 4** Mostert's MillC2
- 5** Newlands BreweryC5
- 6** Rhodes MemorialB2
- 7** Spring WayB5
- 8** University of Cape TownB3
- 9** WoollsackC3

🍴 Eating**(p124)**

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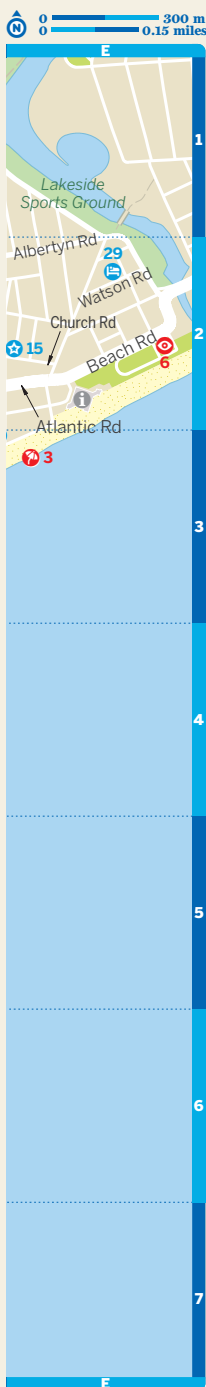
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SIMON'S TOWN



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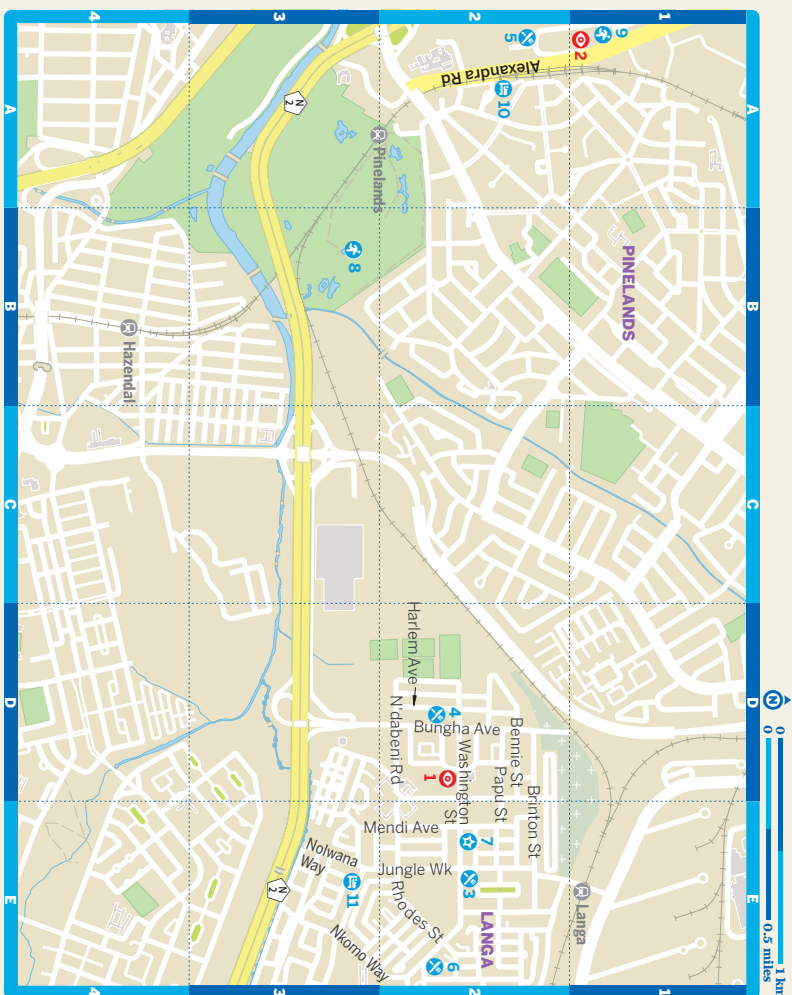
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Our Story

A beat-up old car, a few dollars in the pocket and a sense of adventure. In 1972 that's all Tony and Maureen Wheeler needed for the trip of a lifetime – across Europe and Asia overland to Australia. It took several months, and at the end – broke but inspired – they sat at their kitchen table writing and stapling together their first travel guide, *Across Asia on the Cheap*. Within a week they'd sold 1500 copies. Lonely Planet was born.

Today, Lonely Planet has offices in Melbourne, London and Oakland, with more than 600 staff and writers. We share Tony's belief that 'a great guidebook should do three things: inform, educate and amuse'.

OUR WRITERS



Simon Richmond

Coordinating Author, City Bowl, Foreshore, Bo-Kaap & De Waterkant, East City Corridor, Gardens & Surrounds, Green Point & Waterfront, Sea Point to Hout Bay, Southern Suburbs, Simon's Town & Southern Peninsula, Cape Flats & Northern Suburbs

Simon has been hooked on Cape Town since first visiting in 2001 to research Lonely Planet's *South Africa, Lesotho & Swaziland* guide and the *Cape Town* guide. He's returned for every edition since,

exploring practically every corner of the Cape and the surrounding area, taking full advantage of a travel writer's license to indulge in eating, shopping, adventurous activities, sipping delicious wines and meeting a cast of inspirational individuals. An award-winning writer and photographer, Simon has written scores of titles for Lonely Planet and other publishers, as well as contributing features to many travel magazines and newspapers around the world. Simon also wrote *Plan Your Trip*, *Understand Cape Town & Survival Guide*. Follow his travels at www.simonrichmond.com.



Lucy Corne

Day Trips & Wineries, The Garden Route Since she first visited South Africa in 2002, Lucy has been hooked and has returned on six occasions, spending time in more than 200 towns across the country. She moved to Cape Town in 2010 and set herself the challenge of visiting every winery in the Western Cape – a task she's still working on. She was thrilled to sample the crisp Elgin sauvignon blancs and delectable pinot noirs of Hemel-en-Aarde in the name of research for this

guide. Follow Lucy at www.lucycorne.com.

Read more about Lucy at:
lonelyplanet.com/members/lucycorne

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Top Itineraries

Day One

Gardens & Surrounds (p86)

 Skip the line at the kiosk by printing a web-ticket for the **Table Mountain cableway**; it's a little cheaper, too. The revolving car provides 360-degree views as you ascend this mesmerising 60-million-year-old mountain. From the upper cableway station it's about an hour's round-trip hike to the 1088m summit at Maclear's Beacon.



Lunch Catch the local vibe at Jason Bakery (p64) or Lola's (p65).

City Bowl, Foreshore, Bo-Kaap & De Waterkant (p52)

 Having had a postprandial stroll through the **Company's Gardens**, and browsed the craft stalls in **Green-market Square**, head uphill into the old Cape Malay quarter the **Bo-Kaap**, where cobblestoned streets are lined with brightly painted houses. There's more good shopping here in stores such as **Haas, Monkeybiz** and **Streetwires**. Continue over into the gay-friendly **De Waterkant** for more prettily restored cottages and the buzzing malls of the Cape Quarter.



Dinner Book for culinary delights at the secluded Roundhouse (p111).

Sea Point to Hout Bay (p108)

 Catching the sunset, cocktail in hand, is a must whether it be from along **Sea Point's promenade** or the strip of touristy restaurants and cafe-bars lining picturesque **Camps Bay**.

Day Two

East City Corridor (p75) & City Bowl, Foreshore, Bo-Kaap & De Waterkant (p52)

 Learn about the city's troubled past at the **District Six Museum**. Join the 11am tour of the 350-year-old **Castle of Good Hope**, then watch the noon key ceremony. Across the road is the handsome Old Town Hall.



Lunch The Kitchen (p80) offers delicious food fit for First Ladies.

East City Corridor (p75)

 Check out contemporary galleries such as **Stevenson**, as well as the abundant street art. In nearby Salt River there's more art at **What If the World** in a converted old synagogue, and the fabulous collection of emporia at the **Old Biscuit Mill**: if it's Saturday don't miss the **Neighbourgoods Market** that happens here, offering the cream of the region's artisan food purveyors and product designers.



Dinner Wakame (p103) serves good seafood with water views.

Green Point & Waterfront (p97)

 More than just a mega-shopping mall, the **V&A Waterfront** is worth exploring for its carnival atmosphere, well-preserved Victorian architecture and the chance to join a harbour cruise. It's also where you board the boat out to World Heritage-listed **Robben Island**, for which you should book ahead.

Day Three

Southern Suburbs (p116)

 Explore the beautiful **Kirstenbosch Botanical Gardens**, covering some 500 hectares of the eastern slopes of Table Mountain, to learn more about the richly endowed Cape floral kingdom. A wander around lovely **Wynberg Village**, packed with old thatched-roof cottages, is also a pleasure. Alternatively, admire the paintings in the **Irma Stern Museum**.



Lunch Picnic on the lawn at **Buitenverwachting** (p120).



Southern Suburbs (p116)

Spend a blissful afternoon exploring the wineries on the Constantia Valley Wine Route. Target the historic ones such as **Groot Constantia**, with its beautifully restored homestead and wine cellar, and **Klein Constantia**, producer of Napoleon's favourite tippie. **Steenberg Vineyards** has an excellent contemporary tasting room and tapas restaurant, not to mention delicious wines.



Dinner Tuck into top-quality pizza at **Massimo's** (p112).

Sea Point to Hout Bay (p108)



Motor over Constantia Neck, dropping by the hidden ceramics gallery **Art in the Forest**, if it's not too late in the day. Enjoy the view of Hout Bay, beer in hand, from the deck of the **Chapman's Peak Hotel** or beachside pub **Dunes**. If it's Friday night, there will be live music and tasty eats at the **Bay Harbour Market**.

Day Four

Simon's Town & Southern Peninsula (p129)



Time to explore the peninsula's deep south. Take the Atlantic Coast route, including spectacular Chapman's Peak Drive, past Noordhoek's broad sweep of sand and the surfing hot spots of Kommetjie and Scarborough to the very southeastern tip of Africa within the **Cape Point** section of Table Mountain National Park.



Lunch Meeting Place (p139) in Simon's Town offers fine food.



Simon's Town & Southern Peninsula (p129)

Also part of the park is **Boulders**, home to a thriving colony of super cute African penguins who waddle around and over the giant boulders that give this secluded False Bay beach area its name. The historic naval yard of **Simon's Town** is just up the road; take a cruise around the harbour or potter in its antique and gift stores.



Dinner Kalk Bay (p137) has many appealing seafood restaurants..



Simon's Town & Southern Peninsula (p129)

Continue around False Bay to charming **Kalk Bay**, an old fishing village packed with more great places to find arty buys and tasty nibbles. Freshen up with a dip in one of the sea pools here or in nearby **St James**. Muizenberg's cosy the **Melting Pot** offers live music, as does the **Blue Bird Garage Food & Goods Market** on Friday nights.

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