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GREENDEX

The following listings have been selected because they demonstrate an active sustainable-tourism policy. Some are involved in conservation or environmental education, while others are owned and operated by local and indigenous operators, thereby maintaining and preserving the regional identity and culture.

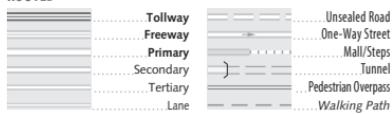
We have also included several DIY listings. Rather than further perpetuate the 'Lonely Planet trail,' we are increasingly encouraging our readers to go beyond the pages of our guidebooks. By heading to far-off places you are supporting grass-roots tourism development, encouraging local communities to retain their culture and language, and providing locals with a viable alternative from fleeing to Cancún and the other tourist megadraws to eke out a living.

If you think we've omitted someone who should be listed here, or if you disagree with our choices, email us at talk2us@lonelyplanet.com.au. For more information about sustainable tourism and Lonely Planet, see www.lonelyplanet.com/responsibletravel.

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	La Casa del Pan Papalotl (Tabasco & Chiapas) 234	

MAP LEGEND

ROUTES



TRANSPORT



HYDROGRAPHY



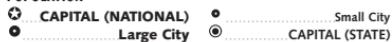
BOUNDARIES



AREA FEATURES



POPULATION



SYMBOLS

Sights/Activities	Shopping	Information
Beach	Shopping	Bank, ATM
Castle	Border Crossing	Embassy/Consulate
Christian	Bus Station	Hospital, Medical
Diving, Snorkeling	General Transport	Information
Monument	Parking Area	Internet Facilities
Museum	Petrol Station	Police Station
Eating	Taxi Rank	Post Office
Entertainment		Toilets
Drinking		
Cafe		
Point of Interest		
Pool		
Ruin		
Geographic		
		Lighthouse
		Lookout
		Mountain
		National Park
		Pass
		River Flow
		Waterfall

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QUICK REFERENCE

SEE DIRECTORY CHAPTER FOR
MORE PRACTICAL INFORMATION

HOW TO USE THIS BOOK

Sleeping and Eating reviews are listed in budget order.
For details of map symbols, see the Map Legend on the
last page of this book.

	telephone		child-friendly
	opening hours		apartments
	parking available		double rooms
	nonsmoking rooms/ areas available		dorm beds
	air-con available		family rooms
	internet available		quad rooms
	wi-fi access		rooms
	swimming pool		single rooms
	wheelchair access		suites
	good vegetarian selection		triple rooms
			twin rooms

EXCHANGE RATES

Prices in this book are quoted in Mexican pesos (M\$).
M\$1 = 100 centavos.

For current exchange rates see www.xe.com.

Australia	A\$1	M\$11.50
Belize	BZ\$1	M\$6.40
Canada	C\$1	M\$12.30
Euro zone	€1	M\$17.05
Guatemala	Q1	M\$1.55
Japan	¥100	M\$13.85
New Zealand	NZ\$1	M\$8.95
UK	UK£1	M\$19.10
USA	US\$1	M\$12.50

PRICE RANGES

	Sleeping	Eating
Budget	<M\$550	<M\$80
Midrange	M\$550-1200	M\$80-150
Top end	>M\$1200	>M\$150

Room prices in this book are for high season with private bathroom. Exceptions are noted in specific listings.

PHRASES

Hello.	<i>Hola.</i>
Goodbye.	<i>Adiós.</i>
Thank you.	<i>Gracias.</i>
I (don't) understand.	<i>[No] entiendo.</i>
Help!	<i>¡Socorro!</i>
How much is it?	<i>¿Cuánto cuesta?</i>

BUSINESS HOURS

Banks	9am-5pm Mon-Fri, 9am-1pm Sat
Cafés/internet cafés	8am-10pm
Currency exchange offices	9am-7pm
Post offices	8am-6pm Mon-Fri, 9am-1pm Sat
Restaurants	7am-10pm or midnight
Shops	9am-2pm or 4pm Mon-Sat

Exceptions to these hours are noted in specific listings.

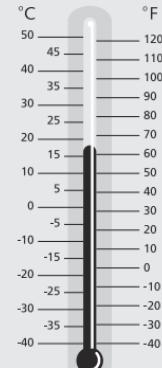
TELEPHONE

All landline phone numbers have an area code followed by a seven- or eight-digit number.

Mexico country code	52
International dialing code	00
Domestic long-distance dialing code	01
Emergency	066
Directory assistance	040
National tourist assistance	078

CONVERSIONS

1in = 2.54cm
1cm = 0.39in
1m = 3.3ft = 1.1yd
1ft = 0.3m
1km = 0.62 miles
1 mile = 1.6km
1kg = 2.2lb
1lb = 0.45kg
1g = 0.04oz
1oz = 28g
1 imperial gallon = 4.55L
1L = 0.26 US gallons
1 US gallon = 3.8L
1L = 0.22 imperial gallons



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