Welcome to Barcelona

Barcelona is an enchanting seaside city with boundless culture, fabled architecture, and a world-class drinking and dining scene.

A Moveable Feast

The masters of molecular gastronomy -Albert Adrià, Carles Abellan et al - are part of the long and celebrated tradition of Catalan cooking. Simple, flavourful ingredients seafood, *iamón* (cured ham), market-fresh produce - are transformed into remarkable delicacies and then served in captivating settings. Feast on hearty, rich paella at an outdoor table overlooking the sea or step back to the 1920s at an elegant art nouveaufilled dining room. Barcelona's wide-ranging palate adds further complexity: Basquestyle tapas bars, Galician seafood tayerns, avant-garde Japanese restaurants and sinful chocolate shops are all essential parts of the culinary landscape.

Architecture of the Ages

Barcelona's architectural treasures span 2000-plus years. Towering temple columns, ancient city walls and subterranean stone corridors provide a window into Romanera Barcino. Fast forward a thousand years to the Middle Ages by taking a stroll through the shadowy lanes of the Gothic quarter, past tranquil plazas and soaring 14th-century cathedrals. In other parts of town bloom the sculptural masterpieces of Modernisme, a mix of ingenious and whimsical creations by Gaudí and his Catalan architectural contemporaries.

Under the Iberian Sun

The deep blue Mediterranean beckons. Sundrenched beaches make a fine backdrop to a jog, bike ride or long leisurely stroll along the seaside – followed by a refreshing dip. Looming behind the city, the rolling forest-covered Collserola Hills provide a scenic setting for hiking, mountain biking or just admiring the view. Closer to the city centre, hilltop Montjuïc offers endless exploring amid botanic and sculpture gardens, an old castle and first-rate museums with panoramic views at every turn.

Twenty-Four Hour Party People

The night holds limitless possibilities in Barcelona. Start with sunset drinks from a panoramic terrace or dig your heels in the sand at a rustic beachside *chiringuito*. As darkness falls, live music transforms the city: the rapid-fire rhythms of flamenco, brassy jazz spilling out of basements, and hands-in-the-air indie-rock at vintage concert halls. Towards midnight the bars fill. Take your pick from old-school taverns adorned with 19th-century murals, plush lounges in lamp-lit medieval chambers or boisterous cava bars. If you're still standing at 3am, hit the clubs and explore Barcelona's unabashed wild side.



Why I Love Barcelona

By Regis St Louis, Writer

I love the sea, and taking an early-morning jog along the Mediterranean is my favourite way to start the day. I'm also a bit of a history nerd, and relish strolling the cobblestone lanes of the Gothic quarter, thinking about the people in past centuries who walked these streets. Then there's the food and drink - the first-rate tapas bars, the abundant and inexpensive wine, the superb and reasonably priced multicourse lunches. Add Catalan creativity (Modernisme, Miró, Dalí), bohemian bars and stunning nearby getaways and you have, quite simply, one of the world's most captivating cities.

For more about our writers, see p288.