



Noosa & the Sunshine Coast

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Best Places to Eat

- ➔ Little Humid (p330)
- ➔ Spice Bar (p335)
- ➔ Mooloolah River Fisheries (p335)

Best Places to Stay

- ➔ YHA Halse Lodge (p329)
- ➔ Glass House Mountains Ecolodge (p332)
- ➔ Boreen Point Camping Ground (p338)

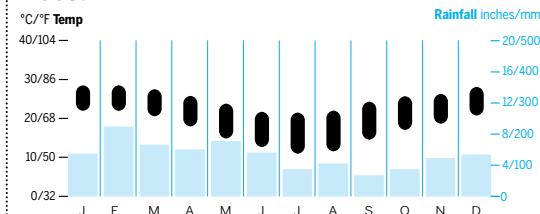
Why Go?

The Sunshine Coast – the 100 golden kilometres stretching from the tip of Bribie Island to the Cooloolo Coast – is aglow with glimmering coastlines, great surf spots and a laid-back, friendly populace for whom smiles are the norm. Stylish Noosa boasts a sophisticated dining and resort scene, while Mooloolaba, with its popular beach and outdoor cafes, is a favourite with holidaying Australian families.

Not to be outdone, the hinterland, too, has some gems. The ethereal Glass House Mountains, looming over the land- and seascapes, offer fabulous walks. For views, drivers can easily access the region's lookouts. Further north, the Blackall Range offers a change of scenery with thick forests, lush pastures and quaint villages. The hinterland boasts a growing cuisine scene; excellent sophisticated eateries abound. The area is also home to the iconic Australia Zoo.

When to Go

Noosa



May Satisfy culinary cravings at the Noosa International Food & Wine Festival.

Aug Postholiday lull means fewer crowds, warm weather and solitary beach walks.

Sep Noosa's streets fill with music during the four-day Noosa Jazz Festival.

Noosa & the Sunshine Coast Highlights

- 1 Hiking the coastal track at **Noosa National Park** (p327).
- 2 Sampling gourmet beach fare in one of Noosa's swish **restaurants** (p330).
- 3 Lapping up the beach scene in **Mooloolaba** (p334).
- 4 Absorbing the vistas of (and from) the **Glass House Mountains** (p332).
- 5 Canoeing in the **Noosa Everglades** (p327) and exploring the **Great Sandy National Park** (Cooloola; p338).

