A new JOURNEY starts here

Contact details

ASIA & PACIFIC
Chris Zeiher
90 Maribyrnong St., Footscray
Victoria, 3011
Australia
chris.zeiher@lonelyplanet.com.au
Tel +61 1300 133 083 (toll free)
Tel +61 3 8379 6000
Fax +61 3 8379 6079

AMERICAS
Patricia Kelly
150 Linden Street, Oakland
California, 94607
USA
patricia.kelly@lonelyplanet.com
Tel +1 510 250 6400

EMEA
Neil Manders
240 Blackfriars Road
London SE1 8NW
neil.manders@lonelyplanet.co.uk
Mob +44 7717 897 586

FOREIGN RIGHTS
Luan Angel
240 Blackfriars Road
London SE1 8NW
luan.angel@lonelyplanet.co.uk
Mob +44 7786 424 942

writing & sketching journal
Make every DAY an adventure!

This book is about making the most of EVERY DAY, wherever you are. The Saturdays when you have no plans, the Tuesday evening when you want to unwind from work, or the Thursday when you feel like discovering somewhere new. Don’t miss a moment: make every single day an ADVENTURE...
Fill in the gaps...

I BOUGHT A TICKET TODAY,
TO _______ AND BACK,
I BOUGHT _______ AND
STUCK IT IN MY RUCKSACK!

THEN I CALLED _______ AND
THEY JUMPED IN MY BAG TOO,
I LEFT BEHIND MY _______,
SO LET'S GET GOING, JUST ME
AND YOU!

Go to a local ART gallery today, then draw your favourite piece here...
All the COUNTRIES I've been to:

If I only had one flight ticket to use for the rest of my LIFE I'd go to...
Visit a local museum this weekend and then write about it here...

Take a moment to text a friend you haven’t spoken to in a while, write their reply here...

then go and enjoy dessert, the choice is yours! (circle one)
Tonight eat the native food of a country that you've never been to...

Then describe it here!

Set your alarm 15 minutes early and go for a little walk on your own street...

... Did it feel good?
Draw the view from your window today...
Plan your dream route AROUND THE WORLD
Draw all your meals from today...

BREAKFAST
Where:
What:
I used:

Take a different route to work and make a note of all the new things that you see...