A little baby polar bear is hiding in this book! Look for him on every main sticker scene.
There’s a flag for each place you’ll be exploring. Find the matching stickers at the end of your book and stick them in the right places.
COLD WORLD

Wow! This picture shows all of the countries in the world. It shows all the cold places in your book.

Count how many ships and animals there are bobbing in the water. Can you spot an orca, a blue whale and a narwhal?
READY TO GO!

Make an adventure pass to explore cold places!
First write your details, then add your stamp stickers.

My Adventure Pass

Name
Age

Stick your stamp here.

Draw your face here.

Cold Places Postcard

Draw what you did today on the postcard.
Then write the name of someone to send it to.

Don't forget to create a stamp!
Hi North Pole

The Arctic

Brrrrr, sail to the freezing Arctic with us and explore the floating icebergs where polar bears live with their friends.

Did you know that an orca can grow to be 23 feet (7 metres) long? That's like four grown-ups lying head to toe.

Fill the sledge with things for the Arctic. We need a warm coat, gloves and goggles!
Have fun filling the icebergs with animals lounging, swimming, playing and diving.

Polar bears have pads on their feet. The rough surface is like sandpaper to stop them slipping on the ice.

Give this fluffy harp seal some pups.
Can you spot a tail poking out of the water? It’s a narwhal, the unicorn of the sea! Give him some friends with your stickers.

Can you see an Arctic skua stealing a fish? Some people call them avian pirates because they like to take other animals’ food.

The Arctic is full of snowy white animals who live on the ice. These special creatures have clever ways of surviving the freezing temperatures.
**Cosy Polar Bears**

Can you give the polar bears bright scarves and hats?

Find the fish and paint them blue.

How many baby polar bears are sleeping?
We’re going to have lots of fun sledging, waving at snowboarders, learning to ski and drinking hot chocolate.

Fill the wooden log box with things for the Swiss Alps. Don’t forget a woolly hat, snow boots and some fluffy ear muffs!

Grüezi
Look! The children are learning to ski. Add some more with your stickers.

Whoosh!

Add more people sledging down the hill and playing in the snow.

Moo!

Yummy hot chocolate

Add your stickers to the picture to make it look brilliant!