

Arizona, New Mexico &
the Grand Canyon

TRIPS

58 THEMED ITINERARIES **1005** LOCAL PLACES TO SEE

Becca Blond,
Aaron Anderson, Sara Benson, Jennifer Denniston, Lisa Dunford,
Josh Krist, Wendy Yanagihara

ARIZONA, NEW MEXICO & THE GRAND CANYON TRIPS



- 1 Four Corners Cruise p35
- 2 Motoring the Mother Road: Route 66 p45
- 3 Rafting the Colorado p55
- 4 A Green Chile Adventure p61
- 5 Rim-to-Rim Canyon Hike p67
- 6 Gunfighters & Gold Miners p73
- 7 Dam Diving p79
- 8 In Search of Georgia O'Keeffe p85
- 9 Billy the Kid Byway p89
- 10 Southwest by Train p95



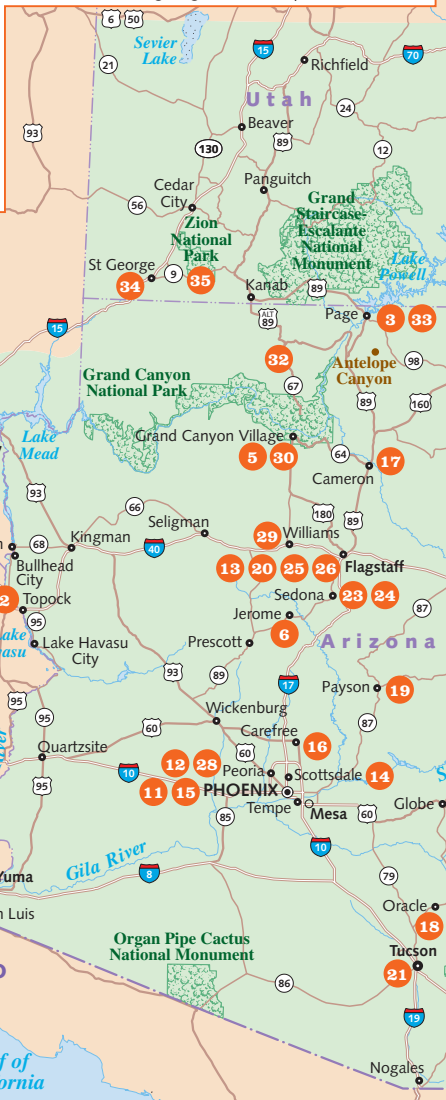
- 17 Photographing Monument Valley p129
- 19 Tiny Towns of Rim Country p139
- 21 Southern Desert Wanderings p149
- 24 Sedona Red Rock Adventure p165
- 26 Flagstaff's Northern Playground p175
- 32 Hiking the North Rim p213
- 33 Lazing on Lake Powell p219
- 35 Written in Stone: Utah's National Parks p227
- 41 Mountain Biking Gallup p259
- 49 Hiking the Jemez p293
- 51 Skiing the Enchanted Circle p303
- 53 Hot Springs & Swimming Holes p311
- 55 Rafting & Fishing the Rio Grande p319
- 58 Stargazing New Mexico p335

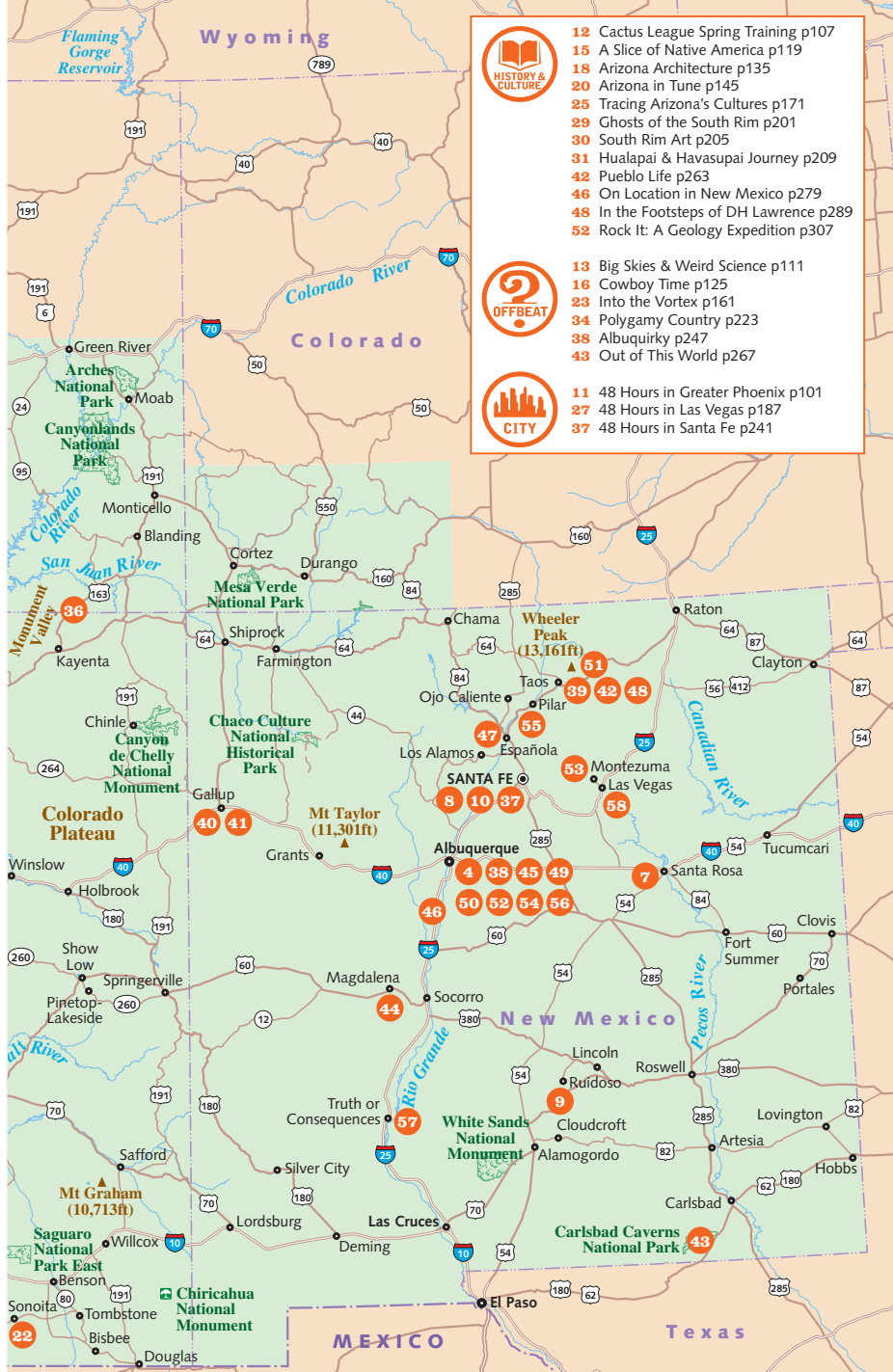


- 28 Fantastic Canyon Voyage p193
- 36 Trail of the Ancients p235
- 40 Ice Caves & Wolf Dens on Highway 53 p255
- 44 Fiber Arts Trail p271
- 47 Take the High Road...and the Low Road p283
- 54 Following the Turquoise Trail p315
- 57 Geronimo Trail Scenic Byway p329



- 14 Steak-Lovers' Arizona p115
- 22 Grapes & Hops in the Desert p155
- 39 Brewpub Crawl p251
- 45 Farm to Table: Organic New Mexico p275
- 50 Margarita Marathon p299
- 56 New Mexico's Wine Countries p323





- 12 Cactus League Spring Training p107
- 15 A Slice of Native America p119
- 18 Arizona Architecture p135
- 20 Arizona in Tune p145
- 25 Tracing Arizona's Cultures p171
- 29 Ghosts of the South Rim p201
- 30 South Rim Art p205
- 31 Hualapai & Havasupai Journey p209
- 42 Pueblo Life p263
- 46 On Location in New Mexico p279
- 48 In the Footsteps of DH Lawrence p289
- 52 Rock It: A Geology Expedition p307



- 13 Big Skies & Weird Science p111
- 16 Cowboy Time p125
- 23 Into the Vortex p161
- 34 Polygamy Country p223
- 38 Albuquerque p247
- 43 Out of This World p267



- 11 48 Hours in Greater Phoenix p101
- 27 48 Hours in Las Vegas p187
- 37 48 Hours in Santa Fe p241

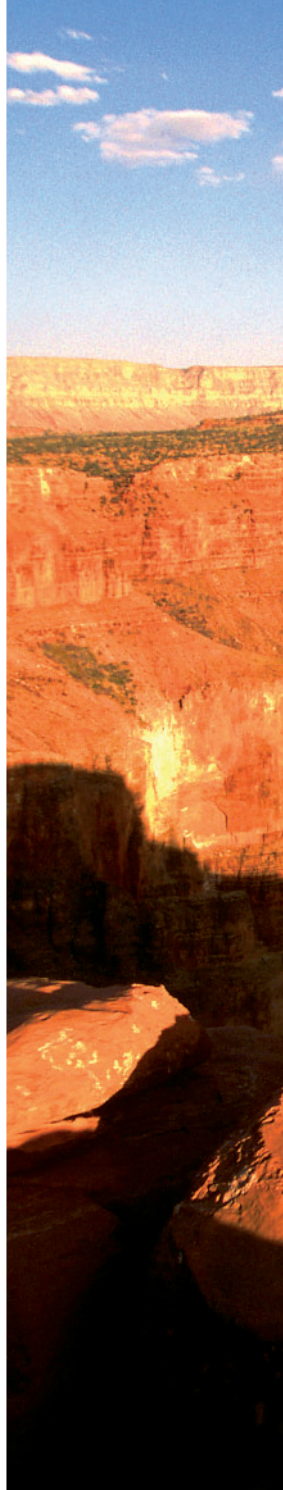
ARIZONA, NEW MEXICO & THE GRAND CANYON TRIPS

From stargazing retreats to Route 66 road trips, the Southwest is a breeding ground for epic adventures. But the trickiest part about vacationing here isn't figuring out what to do, it's deciding what to leave out. Even those of us who live in this magically lit land of sage-scented desert, snow-capped mountains, giant green succulents and the wildest cities in the west, get flustered when planning the perfect holiday. There are more ways to escape than days in the year.

We're here to help you narrow down the options. Whether you're on a quest for margaritas, spicy green chile or hidden hot springs, we've got a trip for you. Our authors have driven, paddled, walked and drank their way across the region to bring you their 58 favorite ways of reaching Southwestern nirvana.

These easy-to-execute adventures are diverse enough to excite everyone. Maybe you've seen the Grand Canyon a dozen times before. But have you checked out its wedding-cake layers on a rim-to-rim hike? Experienced it in fast-forward motion, bucking down the Colorado's rapids? From thematic to epic, offbeat to outdoorsy, historical to downright wacky, our trips dump you into the heart of the action and introduce the old Southwest from a new perspective.

 **HIKING THE NORTH RIM** p213
Outstanding views of the Grand Canyon from Tuweep, Arizona



The Authors



BECCA BLOND

Becca has written 32 travel guides for Lonely Planet since 2003, including the last two editions of Lonely Planet's *Southwest USA*. When in Santa Fe, be sure to visit the Loretto Chapel, where she married the love of her life and writing partner, Aaron Anderson, on October 18, 2008.



AARON ANDERSON

Aaron began his professional career making beer, not books, working as a microbrewer before becoming a travel writer. He's since contributed to seven Lonely Planet guides, including *Cycling in Britain*, *Thailand* and *Madagascar & Comoros*.

SARA BENSON

Sara has contributed to dozens of Lonely Planet titles, including *Las Vegas* and *Encounter Las Vegas*. Her travel writing has featured in magazines and newspapers, both in print and online, including the *Los Angeles Times* and *Las Vegas Review-Journal*.





JENNIFER DENNISTON

Since 1991 Jennifer has traveled the back roads and trails of northern New Mexico, falling in love with the region's distinct landscape and culture, especially its green chile and acequias, and the smell of burning piñon in a kiva fireplace. As New Mexican folksinger Bill Hearne sang, "If I ain't happy here, I ain't happy nowhere."



JOSH KRIST

In Arizona, Josh Krist grew up; went to university; camped alone in the desert for three days when he was 14; worked on a firefighting airplane; rode rickety motorcycles; and reported for a few of the daily newspapers. He's written about Mexico, Thailand, Vietnam and the Caribbean for Lonely Planet.



LISA DUNFORD

It was slot canyons and slickrock, ancient American ruins and rock art that first attracted Lisa to Utah. But tripping around talking about her great-great-great-grandfather Brigham Young turned out to be just as intriguing. Lisa is the author of the Utah chapter of Lonely Planet's *Southwest USA* guide.



WENDY YANAGIHARA

Though her first experience of the Grand Canyon was typical – a family road trip, Dad posing for a photo pretending to fall over the edge (don't do it!) – Wendy has since hiked from rim to rim, rafted the Colorado, and only begun to explore the wonders of the canyon.

LONELY PLANET AUTHORS

Why is our travel information the best in the world? It's simple: our authors are independent, dedicated travelers. They don't research using just the internet or phone, and they don't take freebies, so you can rely on their advice being well researched and impartial. They travel widely, to all the popular spots and off the beaten track. They personally visit thousands of hotels, restaurants, cafés, bars, galleries, palaces, museums and more – and they take pride in getting all the details right, and telling it how it is. Think you can do it? Find out how at lonelyplanet.com.

CONTRIBUTING EXPERTS

Dr Yemane Asmerom Yemane Asmerom directs the radiogenic isotope lab in the University of New Mexico's department of Earth and Planetary Sciences and studies subjects ranging from Rio Grande Rift volcanics to Carlsbad Caverns stalagmites. He lends his expertise to *Rock It: A Geology Expedition* [p307](#).

Edward Borins and Nancy Rutland Edward Borins has been a bookseller since 1973. In 1979, he and his wife Eva opened Edwards Books & Art in downtown Toronto, and it soon grew to five stores. After moving to Santa Fe in 1997, they purchased Garcia Street Books, which has been consistently voted Santa Fe's best independent bookstore. Nancy Rutland opened Bookworks in 1984 after receiving an MA in English from the University of Virginia. She lives in Corrales, and, when not reading, she enjoys walks along the Rio Grande with her husband and dogs. She can be reached at nancyr@bkwks.com. They provided knowledgeable guidance on the *In the Footsteps of DH Lawrence* trip [p289](#).

Blair Carl Blair Carl is an 11-year Sedona resident and tour guide (www.blairsedona.net) to some of the best spiritual spots in the area. He lent his expertise to the mind-bending *Into the Vortex* trip [p161](#).

Ted Flicker Ted Flicker is the writer and director of the 1967 comedic classic *The President's Analyst*, and the creator of the popular 1970s TV show *Barney Miller*, which gave him the getaway money to leave Hollywood, move to Santa Fe and learn to sculpt. To find out more, visit

www.tedflicker.com. He shares insider knowledge in *On Location in New Mexico* [p279](#).

Richard Harris Richard Harris, a gourmet cook, has written 36 travel and history books, including many on the American West, and is president of the New Mexico Book Association. He lives in Santa Fe and provided valuable guidance on the *Farm to Table: Organic New Mexico* trip [p275](#).

Fran Lightly Fran Lightly, Sonoita Vineyards' winemaker, worked for 10 years in California's Livermore Valley before touring the country's up-and-coming wine regions. Southern Arizona wines knocked his socks off, so he stayed. For a sip of his expertise take the *Grapes & Hops in the Desert* trip [p155](#).

Cliff Ochser Cliff Ochser, founder of Evening Sky Tours, was instrumental in helping Lowell Observatory build the Discovery Channel Telescope, under construction in Happy Jack. He lent his stellar insights to the *Big Skies & Weird Science* trip [p111](#).

Shipherd Reed Shipherd Reed hauls a copper-plated trailer around Arizona and New Mexico to record the stories of underground miners – a vanishing breed – for the University of Arizona's Miners Story Project (www.minersstory.org). He shared his insights in the *Gunfighters & Gold Miners* trip [p73](#).

William Reese Ranger William Reese has lived and worked on both rims of the Grand Canyon for more than 10 years and logged hundreds of canyon miles; he shares some favorite hikes in *Hiking the North Rim* [p213](#).

© Lonely Planet Publications. To make it easier for you to use, access to this chapter is not digitally restricted. In return, we think it's fair to ask you to use it for personal, non-commercial purposes only. In other words, please don't upload this chapter to a peer-to-peer site, mass email it to everyone you know, or resell it. See the terms and conditions on our site for a longer way of saying the above - 'Do the right thing with our content.'