TRANSPORT

Rome is an easy place to get to. It's served by direct flights from across the world and hundreds of European connections. Once you're in the city, there's a comprehensive public-transport system, which makes getting around pretty simple.

If you wish to book flights, tours and rail tickets online, you can do so at www.lonely planet.com/travel_services.

AIR

Airlines

Rome is served by most of the world's major international airlines and a host of low-cost carriers – check out www.flycheapo.com for details of budget airlines. Many airlines have counters in the departure hall at Fiumicino airport (Leonardo da Vinci Airport; p284).

Domestic flights are operated by a number of international companies, including Ryanair (\$\otin\$ 899 678 910; www.ryanair.com) and easyJet (\$\otin\$ 899 678 990; www.easyjet.com), and Italy's big two domestic airlines: Alitalia (\$\otin\$ 06 22 22; www.alitalia.it) and Meridiana (\$\otin\$ 89 29 28; www.meridiana.it).

International airlines with direct connections to Rome include the following:

THINGS CHANGE...

The information in this chapter is particularly vulnerable to change. Check directly with the airline or a travel agent to make sure you understand how a fare (and any ticket you may buy) works, and be aware of the security requirements for international travel. Shop carefully. The details given in this chapter should be regarded as pointers and are not a substitute for your own careful, up-to-date research.

Air Berlin (AB; a 199 400 737; www.airberlin.com)

Air Canada (AC; 🗃 06 835 14 955; www.aircanada.com)

Air France (AF; a 848 88 44 66; www.airfrance.com)

Alitalia (AZ; a 06 22 22; www.alitalia.it)

American Airlines (AA; © 06 660 53 169; www.aa.com)

British Airways (BA; © 199 71 22 66; www.britishairways

Brussels Airlines (SN; a 899 80 09 03; www.brussels airlines.com)

CLIMATE CHANGE & TRAVEL

Climate change is a serious threat to the ecosystems that humans rely upon, and air travel is the fastest-growing contributor to the problem. Lonely Planet regards travel, overall, as a global benefit, but believes we all have a responsibility to limit our personal impact on global warming.

Flying & Climate Change

Pretty much every form of motor transport generates CO_2 (the main cause of human-induced climate change) but planes are far and away the worst offenders, not just because of the sheer distances they allow us to travel, but because they release greenhouse gases high into the atmosphere. The statistics are frightening: two people taking a return flight between Europe and the US will contribute as much to climate change as an average household's gas and electricity consumption over a whole year.

Carbon Offset Schemes

Climatecare.org and other websites use 'carbon calculators' that allow travellers to offset the greenhouse gases they are responsible for with contributions to energy-saving projects and other climate-friendly initiatives in the developing world – including projects in India, Honduras, Kazakhstan and Uganda.

Lonely Planet, together with Rough Guides and other concerned partners in the travel industry, supports the carbon offset scheme run by climatecare.org. Lonely Planet offsets all of its staff and author travel.

For more information check out our website: www.lonelyplanet.com.

Emirates (EK; a 06 452 06 060; www.emirates.com)

Iberia (IB; 199 101 191; www.iberia.com)

KLM (KL; 199 414 199; www.klm.com)

Lufthansa (LH; 199 40 00 44; www.lufthansa.com)

Malaysia Airlines (MH; a 06 42 15 41; www.malaysia airlines.com)

Qantas (QF; \$\infty\$ 848 35 00 10; www.gantas.com)

Ryanair (FR; 2899 678 910; www.ryanair.com)

Singapore Airlines (SQ; © 06 478 55 360; www.singapore air.com)

Thai Air (TG; a 06 47 81 31; www.thaiair.com)

Vueling (VY; a 199 30 88 30; www.vueling.com)

Travel websites worth checking for tickets: Cheap Tickets (www.cheaptickets.com)

Expedia (www.expedia.com)

Flightbookers (www.ebookers.com)

Opodo (www.opodo.com)

Skyscanner (www.skyscanner.net)

Note that some low-cost airlines, most notably Ryanair, only accept bookings made on their own website.

Airports

Rome is served by two airports: the main international airport Leonardo da Vinci (FCO; © 06659 51; www.adr.it), better known as Fiumicino, and Ciampino (CIA; © 0665951; www.adr.it).

Thirty kilometres from the centre of town, Leonardo da Vinci is divided into five terminals: Terminals A and AA for domestic flights, Terminal B for international flights to Schengen countries, Terminal C for all other international flights, and Terminal 5 for flights to the USA and Israel. Terminals A, B and C are within easy walking distance of each other in the main airport building. Terminal 5 is accessible by shuttle bus from Terminal C.

Facilities at the airport include a post office, internet access, some 140 shops, and a left-luggage office (\bigcirc 6.30am-11.30pm) on the ground floor of Terminal C. To leave a bag costs \in 6 per 24 hours.

Ciampino, 15km southeast of the city centre, is used by low-cost airlines and charter operators. It's not a big airport but there's a steady flow of traffic and at peak times it can get extremely busy. Facilities are limited but you'll find a post office, banks and ATMs.

Travellers with disabilities should contact ADR Assistance (www.adrassistance.it) for assistance at either Fiumicino or Ciampino.

BICYCLE

The centre of Rome doesn't lend itself to cycling: there are steep hills and treacherous cobbled roads, and the traffic is terrible. However, if you want to pedal around town, pick up $Andiamo\ in\ Bici\ a\ Roma\ (\mbox{\em e}7)$, a useful map published by L'Ortensia Rossa, which details Rome's main cycle paths.

On Sunday, and weekdays after 9pm, you can take your bike on the metro and the Lido di Ostia train, although you'll have to buy a separate ticket for it.

You can also carry bikes on bus No 791 and on some regional trains, paying a &3.50 supplement. On Intercity and Eurocity/Euronight services the supplement is &5 on national routes and &10 on international journeys.

As an alternative to hiring, Rome now offers a bike-sharing scheme with 200 bikes available at 19 stands in the historic centre. On signing up to the scheme you're provided with a rechargeable smartcard which allows you to pick up a bike and use it for up to 24 hours within a single day. You can sign up at the ATAC ticket offices at Termini, Spagna and Lepanto metro stations. There's a $\[\in \]$ 5 signing on fee and a $\[\in \]$ 5 minimum charge. On the road, you'll pay $\[\in \]$ 0.50 for every 30 minutes. For further information see www.atacbike sharing.com or call $\[\in \]$ 06 5 70 03.

Hire

Appia Antica Regional Park Information Point (Map

Treno e Scooter (Map pp106–7; a 06 489 05 823; www .trenoescooter.com; Piazza dei Cinquecento; per hr/day €4/10)

Villa Borghese (Map pp150-1; Via delle Belle Arti; per hr €3)

BUS & TRAM

Rome's buses and trams are run by ATAC (© 06 5 70 03; www.atac.roma.it). The main bus station (Map pp106-7) is in front of Stazione Termini on Piazza dei Cinquecento, where there's an