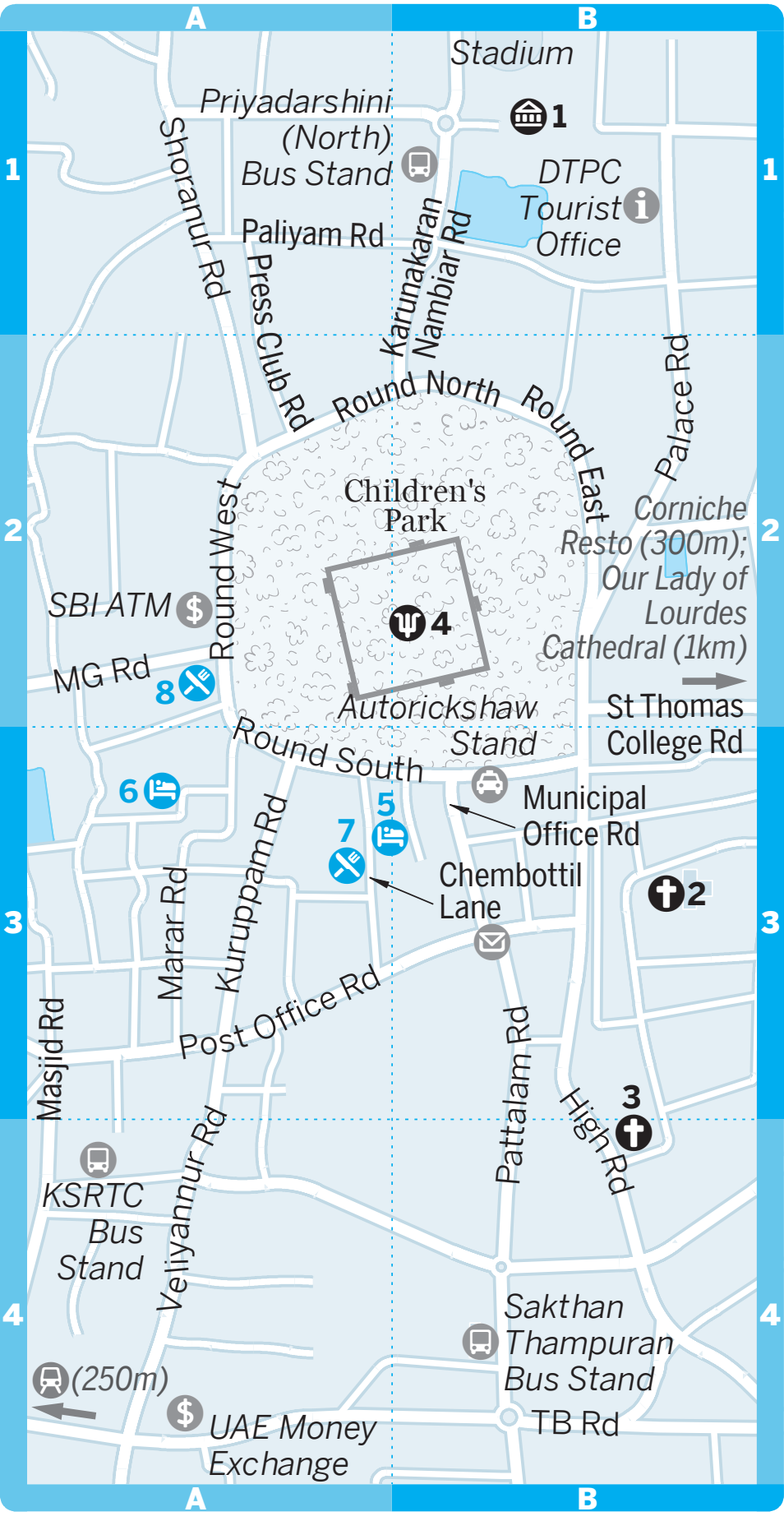Thrissur (Trichur)