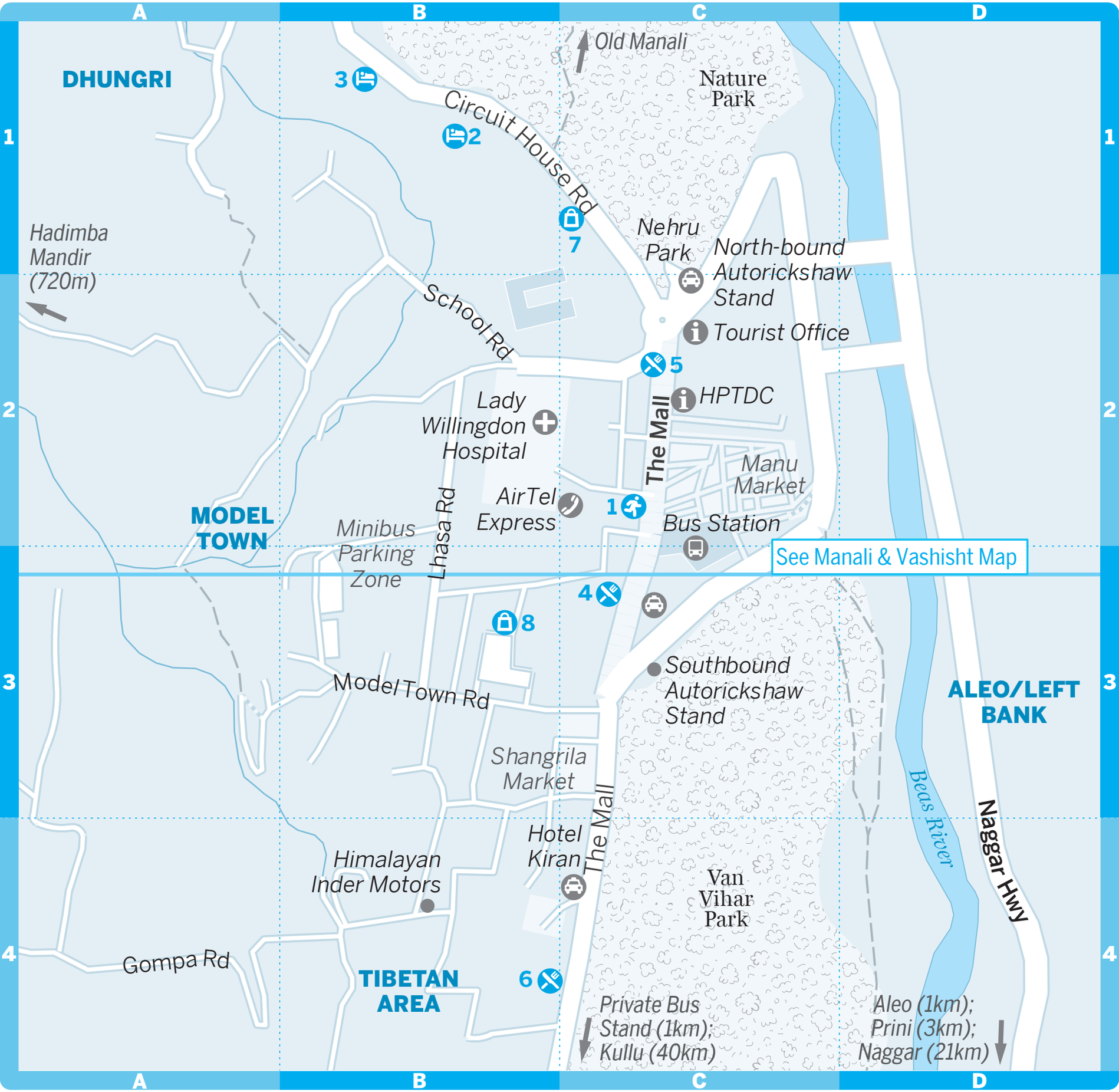Central Manali