5°W
52°N
51°N
50°N
4°W
St George's Channel
Strumble Head
Fishguard
Whitesands Bay
Ramsey
Ramsey
Newgale
St Brides Bay
Preseli Hills
Haverfordwest
Grassholm Island
Skomer
Skokholm
Freshwater West
Pembroke
Tenby
Caldey
Stackpole Head
Cardigan
Carmarthen
Carmarthen Bay
Llanelli
Swansea
Gower Peninsula
Mumbles
Port Talbot
Black Mountains
A485
A483
A40
A478
A48
A4076
Isles of Scilly
St Martin's
Tresco
To Penzance (38mi)
St Mary's
Hugh Town
Peninnis Head
0
10 km
ATLANTIC
OCEAN
Lundy Island
Ilfracombe
Lynton
Porlock
Doone Valley
Croyde
Braunton
Exmoor National Park
Barnstaple Bay
Barnstaple
Bideford
Clovelly
A396
A39
A377
Tiverton
Bude Bay
A386
DEVON
Bude
Okehampton
Exeter
Boscastle
CORNWALL
Brown Willy (420m)
Range Danger Area
Tintagel
Launceston
A30
Padstow
Wadebridge
Tavistock
Dartmoor National Park
Newquay Airport
Bodmin
Lanhydrock House
Torquay
A38
Torbay
Newquay
3
Eden Project
Liskeard
Restormel Castle
Totnes
Perranporth
6
Plymouth
Paignton
St Austell
Polperro
A379
St Agnes
Polruan
Whitsand Bay
Dartmouth
Redruth
Truro
Heligan
Kingsbridge
St Ives
Camborne
St Mawes
Penzance
Hayle
Falmouth
St Michael's Mount
Land's End
5
Falmouth Bay
Minack Theatre
Mount's Bay
The Lizard
To Isles of Scilly (see inset)