SHETLAND ISLANDS
0 20 km
0 6 miles
Herma Ness
Sand Wick
Ronies Hill
Ulsta
Housay
ATLANTIC OCEAN
North Sea
Bard Head
Lerwick
60°N
Fitful Head
Sumburgh Head
2°W
1°W
0 60 km
0 30 miles
59°N
58°N
57°N
56°N
6°W
5°W
4°W
3°W
2°W
8°W
7°W
ATLANTIC OCEAN
NORTH SEA
ORKNEY ISLANDS
North Ronaldsay Firth
The North Sound
Northwall
To Shetland Islands (see Insert)
Birsay
Rousay
Whitehall
Balfour
Mainland
Skaill
Rackwick
Hoy
Burwick
Dunnet Head
Duncansby Head
Scrabster
John O'Groats
Melvich
Thurso
Castletown
Durness
Melness
Bettyhill
Wick
Sutherland Mountains
Achavanich
Lybster
Dunbeath
Kinbrace
Helmsdale
Brora
Tarbet
Ben Hope (927m)
Point of Stoer
Clachtoll
Inchnadamph
Ben More Assynt (998m)
Achiltibuie
Lairg
Port of Ness
Garenin
Stornoway
Port nan Gizran
The Minch
Lewis
Husinish
Leumrabhagh
OUTER HEBRIDES
Harris
Drinishader
Rodel
Port nan Long
The Little Minch
Cladach
North Uist
Balivanich (Baile a'Mhanaich)
Geirninis
South Uist
Ludag
Castlebay
Sea of the Hebrides
Ruadh Reidh
Drumchork
Gairloch
Redpoint
Lower Diabaig
Torridon
Achnasheen
Croick
Dundonell
Bonar Bridge
Dornoch
Portmahomack
Tain
HIGHLAND
Moray Firth
Lossiemouth
Portknockie
Banff
Fraserburgh
Pennan
Invergordon
Cromarty
Findhorn
Elgin
Garve
Dingwall
Black Isle
Fort George
Aberchirder
Keith
Maud
Boddam
Muir of Ord
Beauly
Culloden
Inverness
Aberlour
Dufftown
Ellon
Uig
Carnach
Boreraig
Dunvegan
Portree
Brochel
Strathcarran
Toscaig
Kyle of Lochalsh
Eilean Donan Castle
Cannich
Drumnadrochit
Loch Ness
Urquhart Castle
Foyers
Grantown-on-Spey
Mossat
Insch
Kemnay
Aberdeen
Talisker
Isle of Skye
Sconser
Cullin Hills
Glenbrittle
Broadford
Kylerhea
Shiel Bridge
Elgol
Sleat
Isleornsay
Kinloch Hourn
Fort Augustus
Kincraig
Cairngorm Mountains
Balmoral Castle
Banchory
Armadale
Inverie
Glen Harris
Rum
Mallaig
Strathan
Achnacarry
Inverey
Ballater
Stonehaven
Eigg
Galmisdale
Arisaig
Glenfinnan
Dalwhinnie
Grampian Mountains
Tarfside
Inverbervie
Fort William
Ben Nevis (1343m)
Achosnich
Acharacle
Kinlochleven
Kinloch Rannoch
Blair Atholl
ANGUS
Sorisdale
Strontian
Glencoe
Great Lyon
Glamis Castle
Montrose
Coll
Crossapol
Tobermory
Loch Linnhe
Great Coe
Kenmore
Alyth
Calgary
Sound of Mull
Kinlochetive
Loch Tay
Dunkeld
Arbroath
Tiree
Hynish
Portnacroish
Lochdon
Isle of Mull
Oban
Dalmally
Tyndrum
PERTH & KINROSS
Perth
Dundee
Isle of Iona
Lochbuie
Fionnphort
Comrie
FIFE
Easdale
Cairndow
Inveraray
Falkland
Crail
Firth of Lorn
Ford
Ardgartan
Kinross
Elie
Isle of Colonsay
Kiloran
Stirling
Kirkcaldy
Ardlussa
ARGYLL & BUTE
Loch Lomond
STIRLING
Dunfermline
Firth of Forth
Isle of Jura
Lochgilphead
Fintry
Falkirk
Gullane
Dunbar
Bunnahabhainn
Greenock
Dumbarton
FALKIRK
Edinburgh
Isle of Islay
Tarbert
Kilberry
Glasgow
Coatbridge
Bute
East Kilbride
Berwick-upon-Tweed
Portnahaven
Lochranza
Tayinloan
Lanark
Peebles
Kelso
Laphroaig
Sound of Jura
Kilmarnock
Isle of Arran
Brodick
Galashiels
Wooler
Ballyhillin
Campbeltown
Kilbrannan Sound
Ayr
Hawick
Lagg
North Channel
Kintyre
Mull of Kintyre
Gare Loch
Moffat
Rothbury
NORTHERN IRELAND
A838
A835
A87
A890
A9
A96
A93
A82
A86
A861
B846
A849
A816
A83
A80
M8
A702
A697
A1
A7
A77
A76
B708