

Costa Rica



Nosara

A slice of sophisticated
jungle living

Sarapiquí Valley

A paddling paradise with excellent ecolodges

Parque Nacional Tortuguero

Glide on waterways past
nesting turtles

San José

Dig into Costa Rican culture and cuisine

Southern Caribbean Coast

Mix of indigenous, Tico and Afro-Carribean cultures

Playa Sámara

Mellow out and learn to surf

Montezuma

Triple-tiered waterfalls and fine food

Mal País & Santa Teresa

A paradise of surf, yoga
and sushi

Volcán Arenal

Hot springs and excellent hiking

Cerro Chirripó

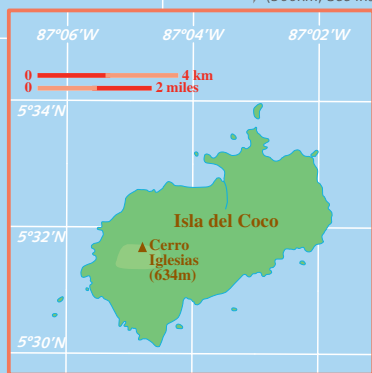
Icy lakes, wind-swept heights
and rugged hiking

Parque Nacional Manuel Antonio

Accessible rainforest and
beautiful beaches

Golfo Dulce

Kayak mangrove channels alongside dolphins



ROAD DISTANCES (km)

Note: Distances are approximate

Monteverde	159	Note: Distances are approximate				
Montezuma	340	180				
Tamarindo	259	163	160			
Parque Nacional Manuel Antonio	169	197	325	302		
Puerto Jiménez	373	401	530	506	215	
Puerto Viejo de Talamanca	315	369	500	475	315	518
	San José	Monteverde	Montezuma	Tamarindo	Parque Nacional Manuel Antonio	Puerto Jiménez