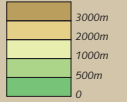


# Costa Rica

0 25 miles 50 km

## ELEVATION



**Nosara**  
A slice of sophisticated jungle living

**Montezuma**  
Triple-tiered waterfalls and fine food

**Mal País & Santa Teresa**  
A paradise of surf, yoga and sushi

**Volcán Arenal**  
Hot springs and excellent hiking

**Poás Region**  
A smoking peak towers above lush plantations

**Sarapiquí Valley**  
A paddling paradise with excellent ecolodges

**Parque Nacional Tortuguero**  
Glide on waterways past nesting turtles

**San José**  
Dig into Costa Rican culture and cuisine

**Southern Caribbean Coast**  
Mix of indigenous, Tico and Afro-Caribbean cultures

**Cerro Chirripó**  
Icy lakes, windswept heights and rugged hiking

**Parque Nacional Manuel Antonio**  
Accessible rainforest and beautiful beaches

**Parque Nacional Corcovado**  
The country's premier wilderness experience



## ROAD DISTANCES (km)

Note: Distances are approximate

Monteverde	159					
Montezuma	340	180				
Tamarindo	259	163	160			
Parque Nacional Manuel Antonio	169	197	325	302		
Puerto Jiménez	373	401	530	506	215	
Puerto Viejo de Talamanca	315	369	500	475	315	518
San José						
Monteverde						
Montezuma						
Tamarindo						
Parque Nacional Manuel Antonio						
Puerto Jiménez						