



CAPURGANÁ & SAPZURRO

A pair of tranquil towns on the Panamanian border: relaxed Caribbean vibes and calm waters that lap at jungle-backed beaches.

PUNTA GALLINAS

Perched on arid cliffs overlooking the wild blue Caribbean Sea, this tiny Wayuu community is surrounded by some of the most remote beaches in Colombia.

MOMPÓS

Isolated by changes in the flow of the Rio Magdalena, this languid riverside town remains stuck in an era of narrow streets, colonial mansions and talented silversmiths.

PLAYA DE BELÉN

Tiny La Playa is not only one of Colombia's best preserved colonial towns, it is also right on the doorstep of Área Natural Única Los Estoraques, a tiny nature reserve set around striking stone columns.

CHOCÓ HINTERLAND

Travel upriver in dugout canoes from the rarely visited beaches of the Chocó to remote indigenous communities and hidden waterfalls.

DESIERTO DE LA TATACOA

Hike around the striking barren landscapes, checking out fossils and towering cacti before indulging in a spot of stargazing in the evening.

GUADALUPE

A small town with big attractions: Powerful waterfalls, swimming holes and its very own red river.

MACIZO COLOMBIANO

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Travel among the misty peaks and paramó-covered plateaus of this remote region straddling Cauca and Huila that is the birthplace of three great rivers.

MOCOA

Entrance point to the Putumayo, a natural wonderland sandwiched between the Andes and the Amazon that is covered in dense forest punctuated by roaring waterfalls and isolated swimming holes.

CARACAS

PACIFIC OCEAN

Caribbean Sea

0 250 miles 500 km

VENEZUELA

ECUADOR

BRAZIL

PERU

Río Amazonas

Río Cauquet

Río Magdalena

PUNTAS GALLINAS

Santa Marta

Riohacha

Barranquilla

Minca

Valledupar

Cartagena

Sincedejo

MOMPÓS

PLAYA DE BELÉN

Cucuta

Bucaramanga

Arauca

CHOCÓ HINTERLAND

Medellin

GUADALUPE

Quibdo

Yopal

Manizales

Pereira

Armenia

Ibague

BOGOTA

Villavicencio

San Cipriano

Cali

Neiva

Silvia

Popayán

Florencia

DESIERTO DE LA TATACOA

San José del Guaviare

Obando

Pasto

MOCOA

Mitú

QUITO

Leticia