



TIBET

Kawa Karpo
(6740m)

Déqin

Míngyòng

Bíngzhōngluò

Baima
Mountains

Dímǎluò

Gòngshān

Nú Jiāng
Valley

Fúgòng

Tiger Leaping
Gorge

Shāxī

Dàlǐ

Yúnfēng
Shān
(Cloudy Peak
Mountain;
3005m)

Liùkù

Nuòdèng

Cǎojiàn

Yúnlóng

Yǒngpíng

Téngchōng

Yíngjiāng

Bǎoshān

Mǎngshì
(Luxi)

Burma Road

DÉHÓNG

Ruǐlǐ

Wǎndíng

Wēishān

Líncāng

Láncāng

Méngjiān

Méngmǎ

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Birang
(Shangri La)

Gorge

Dhondrupling Gumpa

Bēnzǎn

Nǐxī

Shangri-la
(Zhōngdiàn)

Nínglǎng

Báishā

Lǐjiāng

Hèqíng

Chicken Foot
Mountain
(Jízǐ Shān;
3240m)

Shíyáng

Zhōuchéng

Dayáo

Yuánmóu

Xiāguān
(Dàlǐ City)

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SÌCHUÁN

GUÌZHÒU

Xuānwēi

Dōngchuān

Qūjīng

KÚNMÍNG

Diān Chí

Chéngjiāng

Yùxí

Jiāngchuān

Tóngshǎi

Shípíng

Hónghé

Yuányáng

Lǚchūn

Simáo

Jiāngchéng

Phongsali

Móhǎn

Boten

Ménglǎ

Ménglǎ

Ménglǎ

Ménglǎ

Ménglǎ

Ménglǎ

Ménglǎ

Ménglǎ

Ménglǎ

Ménglǎ

Yiliáng

Jiǔxiāng

Luópíng

Shílín

Guishān

Mǐlè

Lúxī

Pǔzhèhéi/Qiǔbēi

Yànshān

Wénshān

Méngzǐ

Gejiù

Kāiyuán

Hékǒu

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0 100 km
0 60 miles

