

SANTA CLARA & DZILAM DE BRAVO

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SARTENEJA

Stroll the shoreline to admire the wooden sailboats still constructed here and explore the nearby Shipstern Nature Reserve, a hub of birding, fishing and wildlife-watching.

TRUJILLO

The best slice of Honduras' Caribbean coastline is a gorgeous place, with lots of history, a delightful end-of-the-road feel, and some of the mainland's best beaches nearby.

PEARL KEYS

Lush and mostly uninhabited, these coconut islands offer snorkeling in crystalline waters. It's a boat ride away from Bluefields and well worth the splurge.

CAÑO NEGRO

Not many travelers make it to the far reaches of Costa Rica's northern lowlands. This network of languid lagoons is a birding wonderland, home to some 365 species of birds.

SAMBÚ

This jungle hub makes a good base for Darién adventures. Guides take visitors up the Río Sambú and its tributaries to Emberá and Wounaan villages, or in search of harpy eagles and petroglyphs.

TOLEDO DISTRICT

The deep south of Belize is home to remote Maya villages, crumbling ruins and little-visited national parks and reserves.

LAGUNITA CREEK

Kayak and swim your way through the turquoise waterways surrounding this remote ecotourism project located on the Río Sarstun, northwest of Livingston.

PERQUÍN

Cool mountain air, rugged hiking trails and real war stories await those who make the effort to reach this former guerrilla stronghold near the border in El Salvador.

PARQUE NACIONAL COIBA

With extraordinary marine wildlife, Panama's newest Unesco World Heritage Site was once its most infamous island prison. Untrampled and pristine, it offers excellent diving and wildlife-watching.

