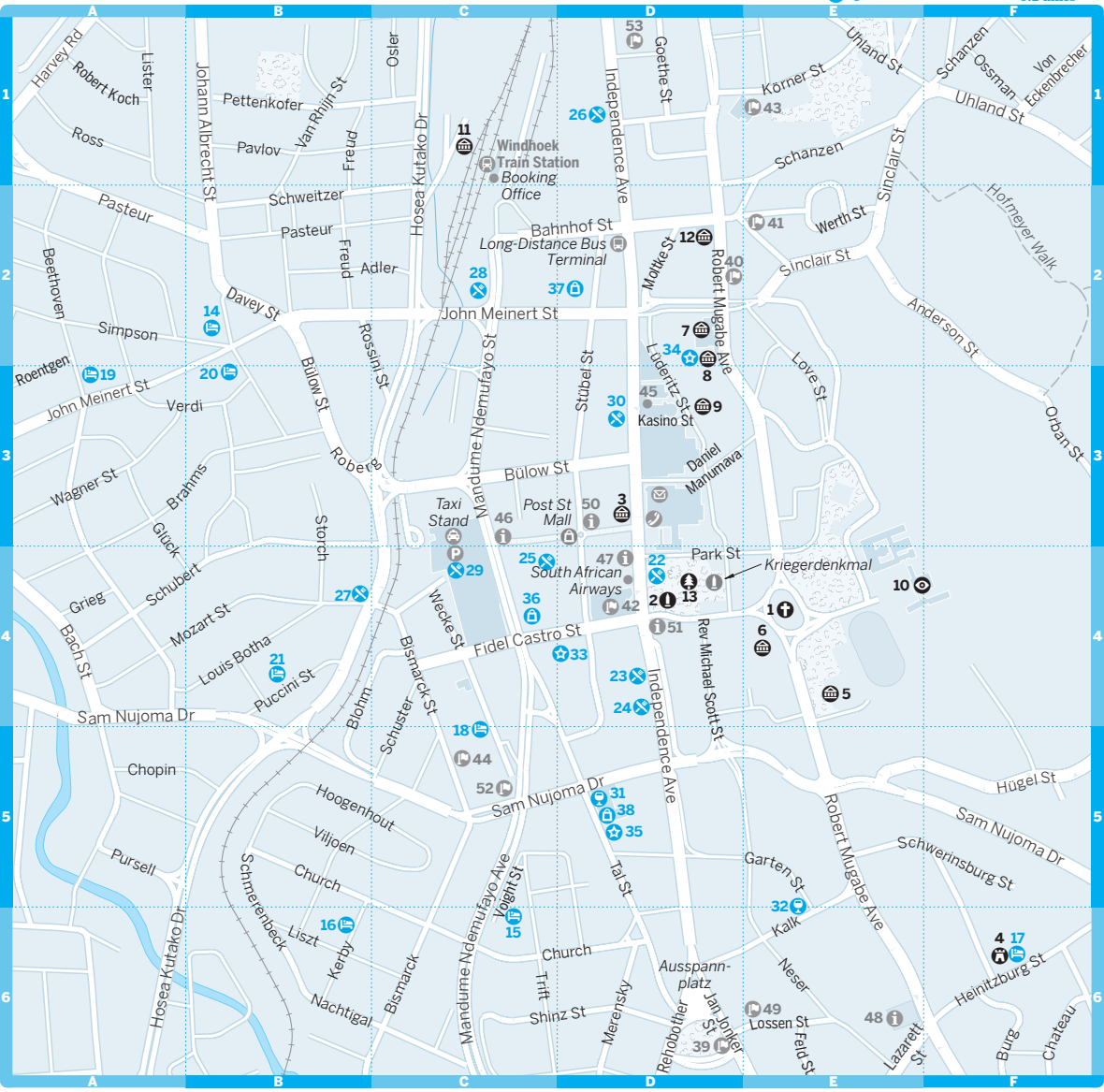Central Windhoek