

## JHOMOLHARI

**Difficulty** Medium–hard  
**Duration** 7 days  
**Season** April to June, September to November  
**Good For** Mountain views  
**Summary** Bhutan's premier trek offers spectacular views of the 7314m Jhomolhari from a high camp at Jangothang.

## JHOMOLHARI LOOP (SOI YAKSA)

**Difficulty** Medium  
**Duration** 6 days  
**Season** April to June, September to November  
**Good For** Mountain views with less time  
**Summary** The shorter version of the main Jhomolhari trek goes to the Jhomolhari base camp at Jangothang, returning via several high lakes and three passes.

## DRUK PATH

**Difficulty** Medium  
**Duration** 6 days  
**Season** February to May, September to December  
**Good For** An introductory taste of trekking in Bhutan  
**Summary** One of the most scenic and popular treks in Bhutan, following a wilderness trail past several remote lakes. Although it is a short trek, it goes to a high altitude.

## LAYA

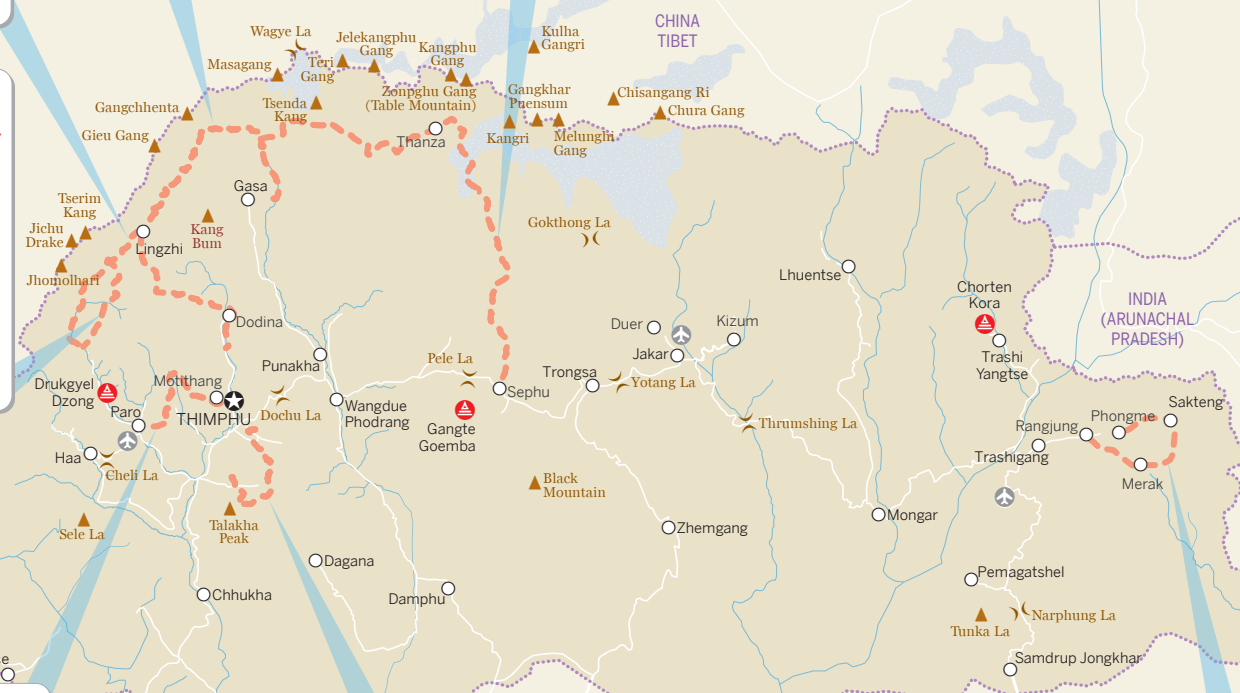
**Difficulty** Medium–hard  
**Duration** 10 days  
**Season** April to June, September to November  
**Good For** Remote mountains and communities  
**Summary** This trek is an extension of the Jhomolhari trek. It offers diverse flora and fauna, as well as a good opportunity to spot blue sheep.

## SNOWMAN

**Difficulty** Hard  
**Duration** 24 days  
**Season** September to October  
**Good For** People who like a challenge  
**Summary** The Snowman trek travels to the remote Lunana district and is a difficult trek. Fewer than half the people who attempt this trek finish it, either because of problems with altitude or heavy snowfall.

## OTHER TREKS

**Bumdrak**  
**Bumthang Cultural**  
**Nabji**  
**Saga La**



## DAGALA THOUSAND LAKES

**Difficulty** Medium  
**Duration** 5 days  
**Season** April, September to October  
**Good For** Trekking off the beaten track  
**Summary** A short trek, near Thimphu, to a large number of lovely high-altitude lakes; far fewer, however, than the name suggests.

## MERAK-SAKTENG

**Difficulty** Medium  
**Duration** 3-4 days  
**Season** Mid-March to May, September to November  
**Good For** Village life and interesting ethnic groups  
**Summary** Lots of cultural interest here, with village stays in unique Brokpa communities, as well as pristine *migoi* (yeti) habitat.