San José Before leaving civilization, spend a day soaking up some culture in San José, including a trip to the national museum.

San Gerardo de Rivas If you're planning to climb Chirripó, this is the place for supplies and a good night's rest. 
to Parque Nacional Chirripó

Parque Nacional Corcovado Undertake
the ambitious two-day hike across
Corcovado, or the more manageable
El Tigre loop.

Cerro Chirripó It's a challenging 20km hike on well-marked trails to the summit of Cerro Chirripó. 

☐ to San Gerardo, then

♣ 4 hrs to Puerto Jiménez

3

Puerto Jiménez Take a day or two to recover with local farm tours, mangrove kayaking or beach lounging.