

Prime territory for riding rapids, sampling local specialties and wildlife watching.

♠ 2 hrs to La Pavona then ♣1 hr to

3 Tortuguero

Paddle through luscious, greenery-draped canals, where birds and animals hide around every corner.

1 Volcán Poás Alajuela is your base for visiting this bubbling, belching cauldron of geothermic activity. A 2 hrs to the Valle de Sarapiquí