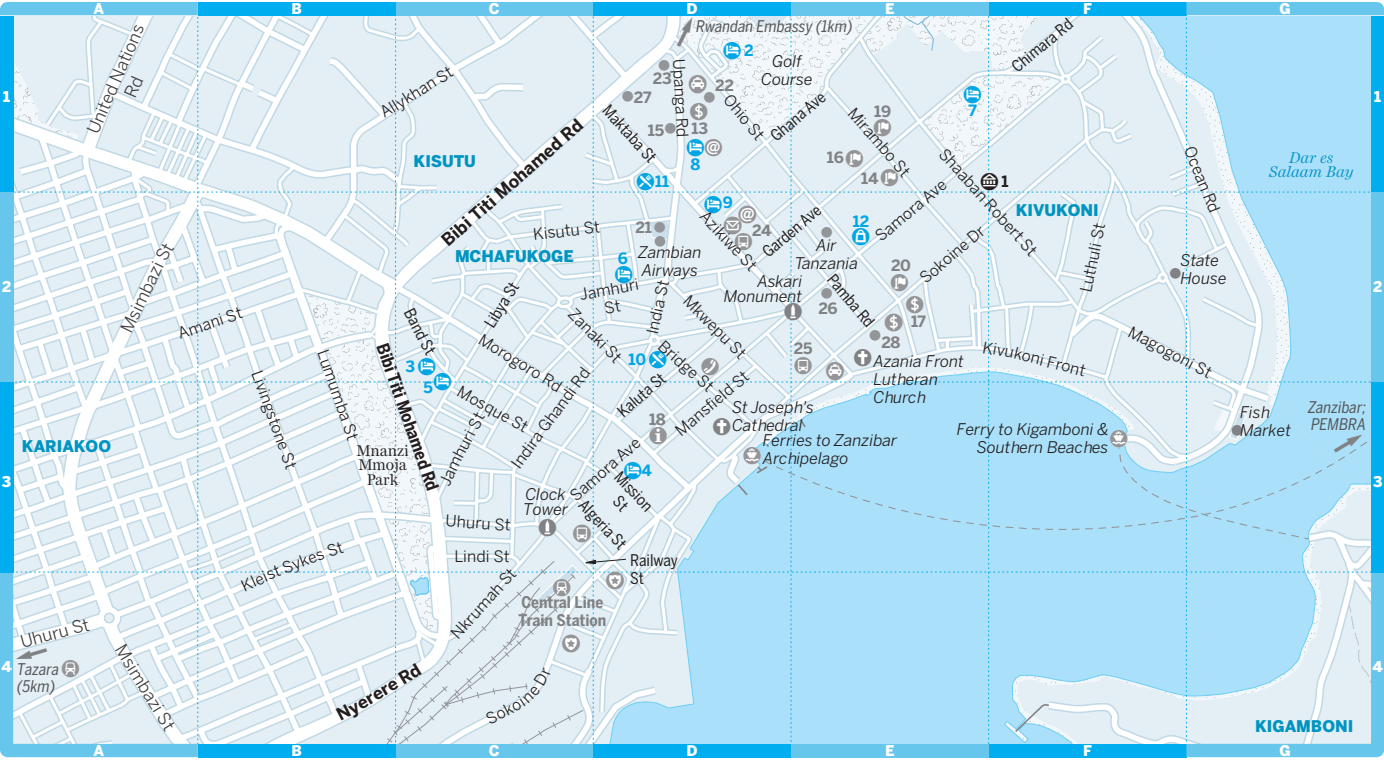Central Dar es Salaam